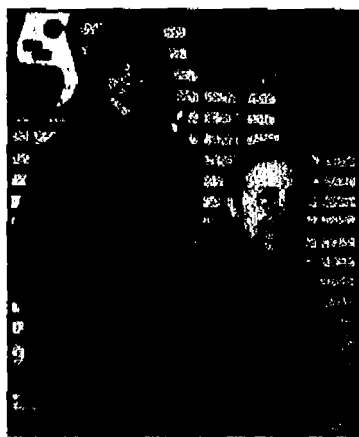


NEWS

Business relocates, adjusts to economy



Sometimes, when times are tough, you just have to be tougher. This seems to be the motto of Dharma Records owners Diane Chamberlain and Allen Bondar, who recently made a big move in order to stay afloat in a struggling music industry. Specifically, they moved their four-in-one music store, recording studio, teaching center and consignment shop from its former location on Michigan Avenue to the I-75 Business Loop across from the Marathon gas station. **9A**

Recycling program receives funding

All municipalities in Crawford County have come through with funds to support county-wide recycling operations. The Grayling City Council, at its regular meeting last week, agreed to contribute \$1,500 toward hiring a part-time employee who will work at Grayling Charter Township's Recycling Center on North Down River Road. **3A**

SPORTS

Chiefs outgun Vikings 71-46 in district semifinal game



The Cheboygan Chiefs - playing in their home gym at Cheboygan High School - outgunned the Grayling Vikings 71-46 in a District 63-B tournament semifinal contest last Wednesday. **1B**

INDEX

Business Directory	7-9A
Church Directory	6A
Classifieds	7-8B
Facts & Features	6B
Legal Notices	4-5B
Opinions	4A
Sports	1-3B
Obituaries	6A

Vol. 131 - No. 12, 18
PAGES - 2 SECTIONS
P.O. Box 490,
102 Michigan Avenue,
Grayling, MI 49738
(800) 848-0811

www.crawfordcountyavalanche.com

Crawford County Avalanche

75 cents

Grayling's Hometown Newspaper Since 1879

crawfordcountyavalanche.com

Thursday, March 19, 2009

Bleak economy catching up with Crawford County property owners

by Dan Sanderson
Staff Writer

Crawford County officials agreed to borrow \$2 million last week to cover the delinquent taxes owned by home and property owners as the nation's ill economy is catching up with them.

The Crawford County Board of Commissioners, at its March 12 ways and means committee meeting, approved a notification to borrow no more than \$2 million to

cover unpaid taxes.

Crawford County Treasurer Joe Wakeley said that a general review of delinquent taxes and parcels in the county revealed that the owners of 3,021 parcels of property have outstanding tax bills. That is 193 parcels, representing \$400,000 owed to county, townships and the City of Grayling, over 2,828 properties that had taxes owed in 2007.

For years, the county has kept a delinquent tax revolving fund. The county borrows funds owed to the

county, city and townships to cover their annual budgets, and doles out the money to each municipality. The bonds are paid off when the property owners pay their tax bills. The county collects an administrative fee and interest on the funds to supplement the treasurer's office and other county expenses.

Wakeley said the county makes several attempts to contact property owners before they risk having their land and homes go into forfeiture proceedings.

"On the ones that are in forfeiture, we're granting hardships and we're pretty liberal about that," Wakeley said. "We're doing anything we can do get them on a payment plan."

The actual amount of taxes currently owed is \$2.1 million. The county only plans to borrow \$2 million when it comes time to issue bonds for the money, since some property owners will pay their taxes in March and April. The county borrowed \$1.6 million to cover unpaid

See **BLEAK** | 8A

CUB SCOUTS RACE TO THE FINISH



Cub Scout Pack #3993 hosted a "pinewood derby" at the AuSable Primary School last weekend, where the kids raced customized wooden cars down a track. The event was sponsored by Glen's Market, Kiwanis Club and the Grayling Rotary Club. Pictured (from left to right) are Joshua Schmidt, Noah Shambarger and Teemu Garrity, who placed in the "bear" division. The overall event winner was Eric Smith, whose car blasted down the track in 3.0255 seconds in the final round. "It was a great event. We had a fantastic turnout," said Cubmaster Toby Shambarger.

Hanson Hills reports landmark season

by Matt Seager
Staff Writer

After a long winter loaded with bad news from tourism driven businesses throughout the county, there was at least one exception to all the doom and gloom. Grayling Recreation Authority (GRA) Director Justin Andre reports that Hanson Hills just finished a landmark winter season.

The park officially closed all downhill operations for the season two weeks ago.

"This has definitely been the busiest year since I've been here in the last six years," Andre said.

Andre believes that the park's heavy radio advertising played an important role in creating public awareness.

"We really pushed the dollar night," he said.

During a ski season when many vacationers did not have a surplus of cash, it is likely that Hanson Hills was an appealing alternative to more expensive resorts.

"I think we might have attracted more of the families that might have gone to Boyne or Treetops," Andre said.

See **HANSON HILLS** | 2A

Online tribute to Fred Bear, Bear Archery recounts warm memories

by Dan Sanderson
Staff Writer

A three-part series paying tribute to Fred Bear and Bear Archery, featuring Crawford County residents who worked at the archery plant, was recently unveiled on a bow hunting web site.

The online videos, produced by Earl Gossett of Traditional Bowhunters Journal, were filmed on the banks of the Headwaters of the AuSable River behind Fred Bear's former home last June.

Bear Archery employees Vivan Campbell, Lloyd Crawford, Gary Worden, Marie Hatfield and Norm Groner are featured in the three videos.

The interviews were facilitated by Pete Kocenas, the owner of Sledheads of Frederic, who has an extensive collection of Fred Bear and Bear Archery memorabilia.

"Everybody took turns telling their stories," Kocenas said. "They just talked about their memories working there and it's something of interest for the old-timers."

The interviews were

filmed by a campfire. Gossett, who received his first "Little Bear" bow at age 12, cites Fred Bear as a hero and grew up watching him on "The American Sportsman Show."

Gossett was thrilled to come to Grayling to hear the stories and memories from the golden days of Bear Archery.

"You get to see the love they had for Fred Bear and the love they had for Bear Archery," Gossett said.

Bear moved from Pennsylvania to Detroit in 1923 to take a job at the Packard Motor Car Company. Four years later, he saw Art Young's film "Alaskan Adventurers," which lit his lifelong interest in archery. That same year, Bear helped establish the first bow-hunting season in Michigan.

After making bows in the basement of his home for several years, Bear Archery was established in Grayling in 1947.

"Fred Bear was for archery what Henry Ford was for the Ford car," Crawford said. "Archery wouldn't be what it is today without Fred Bear."

Employees recounted Bear as someone who was personable, quick with a joke and would help employees out who were in need.

"If you had a little bit of a problem, he was right there taking care of it," Wordon said. "I don't care if you swept the floor or who you were, he knew everyone by their first name."

The craftsmanship and production of bows increased with hunting adventures Bear took to Africa, India, South America, British Columbia and Alaska. Films included in the Fred Bear Tribute videos, such as "Kodiak Country," are interspersed between the interviews with Bear Archery employees.

Bear was a prolific writer, known for his widely acclaimed book "Fred Bear's Field Notes." His adventures and promotion of archery helped put Grayling on the map, said Marie Hatfield, who was a Bear Archery office employee whose husband, Jim Hatfield, was supervisor at the plant. The Hatfields relocated to

See **ONLINE** | 9A

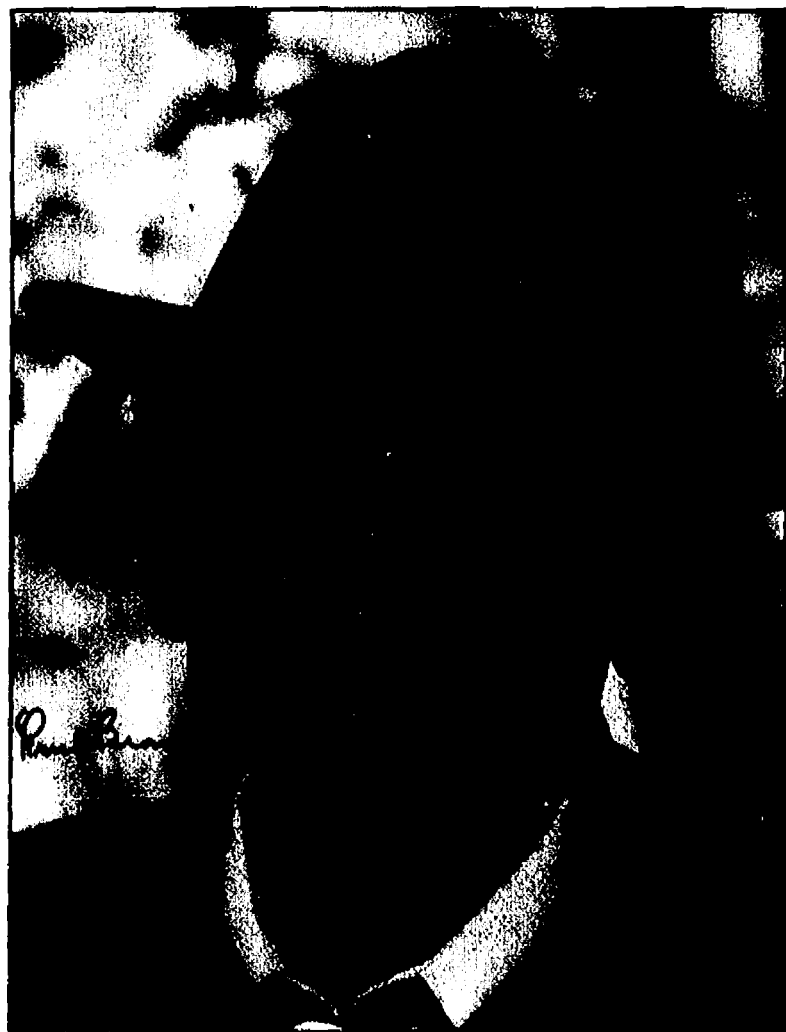


Photo courtesy of Pete Kocenas

A three-part series paying tribute to Fred Bear and Bear Archery, featuring Crawford County residents who worked at the archery plant, was recently unveiled on a bow hunting web site. The online videos, produced by Earl Gossett of Traditional Bowhunters Journal, were filmed on the banks of the Headwaters of the AuSable River behind Fred Bear's former home last June. Above is an autographed photo of Fred Bear.

FIRST DAY OF SPRING
MARCH 20TH

TED'S Canadian Steak And Fish Company

2552 S. James • Grayling, MI
989.344.5555

Specializing in Steak and Fish Dinners Everyday

Wednesday Night Prime
10oz. Prime Rib with all the Trimmings
\$9.99 after 5pm

Friday Night Fish Fry All You Can Eat - \$10.99

Saturday Night Prime Rib
12oz. Prime Rib - \$15.99
Add 4 Frog Legs or Beer Battered Shrimp for \$4.95

Seniors age 60 and over for March:
All Dinners- Free Coffee, Tea or Soft Drinks

Happy Hour - 4-6pm Everyday

75¢ Draft Beer
Platter Sized Burritos are \$1.00 off

Open Sunday 4-9pm Mon-Thurs 11am-9pm
Fri and Sat 11am-10pm

DAN & CAROL CARNEY & FAMILY

Attorney takes over as Friend of the Court referee

by Dan Sanderson
Staff Writer

A familiar face in the northern Michigan legal community recently assumed the role of making recommendations for couples regarding child support, visitation and custody.

Gaylord attorney Kevin Hesselink assumed the position of Friend of the Court referee in Crawford and Kalkaska counties on Jan. 1.

Hesselink has maintained a practice as a private attorney with the Patrick, Kwiatkowski and Hesselink law firm, which has offices in Gaylord and Cheboygan, since December 2005. Prior to that, he served as Otsego County's Chief Prosecuting Attorney from August 1994 to December 2005, when he lost the position to current Otsego Prosecutor Kyle Legel. Hesselink served as Otsego County's assistant prosecuting attorney from February 1991 to August 1994.

The Friend of the Court referee is a quasi-judicial official who makes recom-

mendations to the family court judges regarding child support, custody and parenting time. The referee makes recommendations if custody or parenting time should be changed. They also make recommendations on if child support should be changed, due to extenuating circumstances, or if a parent should be found in contempt of court for not paying child support. Finally, the referee hears witnesses and reviews evidence on why child support may be increased or decreased, parenting time should be changed or custody should be altered.

The referee serves as an assistant to the Friend of the Court. Amy Neubecker is the Friend of the Court for Crawford, Kalkaska and Otsego counties.

As an attorney and former prosecutor, Hesselink said he has an interest in making decisions to benefit youth with the information that he is provided on the bench.

Hesselink is involved with the youth at the Gaylord Evangelical Free Church



Kevin Hesselink

and is a Gaylord basketball coach.

"It's something that is near and dear to my heart," Hesselink said of having a watchful eye for children's well being.

Under his job agreement, Hesselink is precluded from taking Family Court cases in Crawford and Kalkaska counties.

Hesselink, who specializes in family law, said acting as a referee gives him a unique perspective.

"As an attorney, it gives you an added viewpoint from the judge's perspective," Hesselink said.

Hesselink took the place of Bruce Cranham, a

Cheboygan attorney who serves as Friend of the Court referee in a number of northern Michigan counties. He was selected out of 13 attorneys who applied for the job by 46th Circuit Trial Court Judge Janet M. Allen, Crawford County Family Court Judge Monte J. Burmeister and Kalkaska County Family Court Judge Lynne M. Buday.

"We have great confidence in Kevin and that he will do a great job," Allen said. "The Friend of the Court referees are the first quasi-judicial officials that families going through divorce with children encounter."

New warrants issued for Beaver Creek Township fire chief's fuel sale violation

by Dan Sanderson
Staff Writer

The on-again-off-again investigation into the Beaver Creek Township Fire Chief's sale of untaxed diesel fuel to a local ambulance service appears to be on again.

Warrants were recently issued for the arrest of Edward Richard Holtcamp, 71, for two charges of taxes-engaging in a motor fuel tax business in violation of the

state's Motor Fuel Tax Act without a license.

The charge stems from the sale of untaxed diesel fuel to Mobile Medical Response, a 501-C3 tax exempt organization that provides ambulance services to Crawford County.

As a 501-C3 tax exempt organization, the Saginaw based Mobile Medical Response is not subject to paying income taxes and sales taxes, but must pay excise taxes including fuel taxes.

Mobile Medical Response has a substation based out of the Beaver Creek Township Fire Department.

The ambulance service purchased diesel fuel from the Beaver Creek Township Fire Department from October 2005 through early 2007.

Beaver Creek Township Fire Department is allowed to purchase and run un-taxed diesel fuel in its trucks since it is a governmental agency.

Mobile Medical Response initiated actions to discontinue acquiring fuel from the Beaver Creek Township Fire Department, due to changes in fuel requirements for the ambulances.

Just after the decision was made, Detective Sgt. Tim Lenhard and Bill Coe, the motor carrier officer for the Houghton Lake Post of the

Michigan State Police, began an investigation on fuel used by the ambulance service due to an anonymous tip.

The investigation revealed that dyed fuel was used by the ambulance service. Diesel fuel sold to tax exempt agencies contains a red or pink dye used to differentiate the fuel from diesel fuel sold by other fuel suppliers that must collect fuel taxes.

Mobile Medical Response resolved the issue with the IRS in January. Holtcamp was arrested for allegedly violating the state fuel tax act without a license on Jan. 28.

Crawford County Prosecutor Everett "Trey" Ayers agreed to no longer prosecute the criminal charge on Feb. 24, since \$14,500 in restitution was paid to the Michigan Department of Treasury by Mobile Medical Response. Ayers, however, deemed that more investigation into the case was needed.

A number of attempts to reach Ayers for comment by the Crawford County Avalanche for this story were unsuccessful.

1st Lt. Patrick Boyd, the commander for the Houghton Lake Post of the Michigan State Police, said it was the state police's

understanding that the criminal charges would be reauthorized despite the federal and state penalties for the fuel sales being paid. Boyd said the state police were not privy to any deals being worked out in the case, and that it was a matter of other cases being on the court docket that took precedence over Holtcamp's fuel sale violation.

"We've never discussed that with the prosecutor and have not had any discussions that the criminal charges would be dropped based on penalties being paid that should have been paid to begin with," Boyd said. "Everything is going to run its course."

Holtcamp referred calls to Grayling attorney Terrence Bloomquist. Bloomquist did not return calls to the Avalanche.

Crawford County District Court Clerk Barb Valentin said Holtcamp will be arraigned on the charges on Wednesday, April 1. He faces a four-year felony with a \$5,000 fine if convicted.

Holtcamp has been the Beaver Creek Township Fire Chief since the department was founded in 1982.

In 2002, Holtcamp was honored as Michigan's Fire Chief of the Year by the Michigan Association of Fire Chiefs.

Hanson Hills reports landmark season

Continued from 1A

The price of a lift ticket and complete rental every Friday was only \$2. Even on Saturdays, when tickets and rentals were priced regularly, the cost was significantly lower than competing resorts.

"Hanson Hills is by no means free, but we're trying to offer families an opportunity to come out," Andre said.

The efforts of park employees were helped by some very favorable weather.

"This was a great season.

We would be open right now if it wasn't for the decline in traffic," Andre said.

Programs Director Joni Duncel said that there simply isn't much interest in skiing in March.

"People are getting their bathing suits out and getting ready for Florida," Duncel said.

While the season was still going strong, park administrators made an effort to enhance GRA's presence in the community this winter.

"One of our goals is to make new partnerships and enhance recreation in Grayling," Andre said.

He emphasized that several youth programs would not have been possible without the assistance of community organizations including the Grayling Youth Booster Club and the Grayling Rotary Club.

"Those are two great organizations ... they're the ones that really made those programs happen," Andre

said.

Although all winter activities have been suspended until next year, GRA continues to be active in the community, with several planned events on the horizon.

"The Easter bunny will be here on April 11," Duncel said.

GRA's archery program begins at the end of April and their softball league will launch in May. Several foot races are also in the works.

"We're definitely in spring and summer planning mode right now," Andre said.

Andre added that all Hanson Hills activities are designed to make the most effective possible use of taxpayer money.

"We have to manage that in the best way possible," he said.

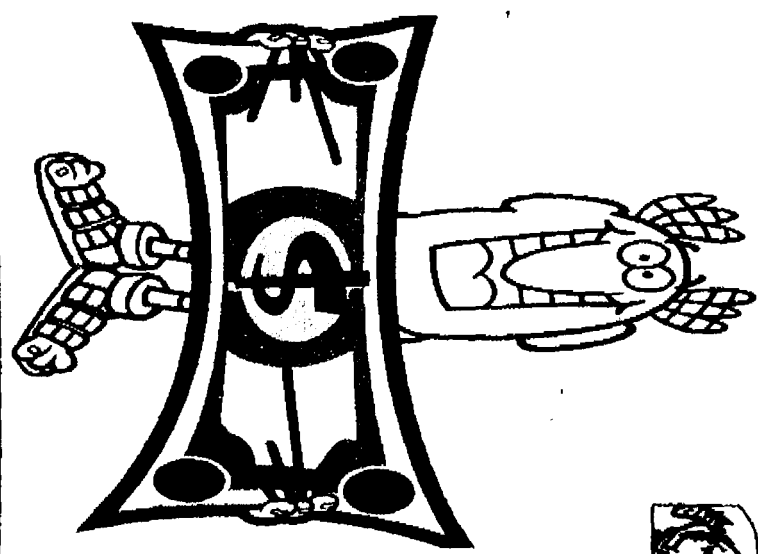
It's a job that employees are confident they can handle.

"We rock," Duncel said.

Grayling • 344-1000

Thur, Fri, Sat

3-DAY
Sale



HOT-N-READY PIZZA

7.99
Original Recipe
Pepperoni

Little Caesars®

Little Caesars® Budget Stretcher

We Cater To
COWARDS

New Patients Are Always Welcome
John P. Marconitt
D.D.S., P.C.

General Dentistry
Office Hours By Appointment
Monday through Thursday

(989) 786-2104
P.O. Box 170, Bay Street,
Lewiston, MI 49756

County-wide recycling program receives funding support for labor

by Dan Sanderson
Staff Writer

All municipalities in Crawford County have come through with funds to support county-wide recycling operations.

The Grayling City Council, at its regular meeting last week, agreed to contribute \$1,500 toward hiring a part-time employee who will work at Grayling Charter Township's Recycling Center on North Down River Road.

The last contribution means that the recycling center has \$8,000 to hire a part-time employee that will work at the center up to 20 hours per week. The employee will primarily focus on unloading recycling trailers that are parked in the City of Grayling, Beaver Creek Township, Lovells Township and the Grayling High School. A recycling trailer is provided for Maple Forest Township residents in the summer months.

"It will allow us to hire an employee who will work 20 hours to do nothing but unload recycling trailers so we can keep up with our other work," Grayling Charter Township Supervisor Terry Wright said. "We appreciate the help from everybody."

The decision by the Grayling City Council to budget funds for the recycling program comes after a meeting between Grayling City Manager David Thayer and Crawford County Administrator Paul Compo. Compo developed a funding formula to support the part-time employee's wages based on the population in the city and each township.

In November, the Grayling Township Board

of Trustees said it could no longer subsidize recycling center labor for recycling which occurs in other areas of the county.

Beaver Creek and South Branch Township agreed to pitch in \$1,500 to support county-wide recycling. Lovells Township, Frederic Township and Maple Forest Township each agreed to pay \$500. The Frederic Township Board agreed to support the program even though township residents utilize the recycling center but do not have a trailer parked in the township due to people who threw trash into the containers and contaminated recyclable materials.

The Crawford County Board of Commissioners pledged \$2,000 to hire another recycling center employee.

Compo said county officials were pleased that everybody is working together to keep waste from heading to the landfill rather than focusing on their own individual efforts.

Compo said that county, city and township officials will monitor the use of the recycling facility throughout the year, and will make determinations on how operations can be improved. "Everyone agreed that the program was worth saving, and the board and I are happy about that," Compo said. "Everybody has a stake in the game right now."

Thayer emphasized that potential changes at the recycling center, used at other recycling operations, may bring about a scenario where the city and townships can continue to support county-wide recycling.

"Hopefully, we can find a more equitable formula as

we go forward," Thayer said.

Grayling Charter Township oversees the recycling center's operations, but a lion's share of funds to support the program come from Crawford County.

In 1996, Crawford County and City Environmental Services, the former owners of the Waters landfill, settled a lawsuit which was initiated when the waste hauler tried to dispose of trash from a county that was not included in Crawford County's solid waste management plan.

The company agreed to pay Crawford County \$75,000 to \$150,000 a year to create an environmental monitor position, now held by Bruce Patrick, and pay for recycling.

The funds also pay part of the salary for Butch McLeod, the maintenance man for Crawford County. McLeod and Patrick transport the recycling trailers from the city and the townships to the recycling center to be unloaded and sorted.

The funds pay to purchase and maintain the recycling trailers and a truck used to haul the trailers. The funds also pay for the county's annual household hazardous waste collection day and scrap tire clean-up.

The county pays \$8,000 a year for an existing part-time employee at the recycling center.

Periodically, the Crawford County Board of Commissioners has awarded environmental grants to organizations through the townships to help tackle specific environmental issues and concerns in the county.

Three recycling trailers for the City of Grayling, which are used to collect

cardboard from businesses and residents, are located behind the Crawford County Avalanche, Bear's Den Pizzeria and McLean's Ace Hardware.

Ernie Dawson, the owner of Flowers by Josie and Thanks-A-Latte, was among a group of downtown business owners that encouraged the city to support recycling to cut their waste disposal costs and be more environmentally friendly.

"It would be a shame to have the county pull the recycling trailers because we're trying to keep our community green," Dawson said. "I'm really pleased that the city has come forward with their funds to make sure the recycling program can work. All communities have to make sure they are recycling for our next generation."

Grayling Mayor Larry Akers emphasized that city officials encourage residents to transport materials to the recycling center and are happy to support the business community.

"We are glad to be on board," Akers said. "It's a good program and we want to see recycling as much as possible within the city."

NEED CASH?
BUYING GOLD, SILVER AND JEWELRY
We have been helping others since 1978
Paying up to 6x TV buyer's prices
Gold Rush Jewelers
828 W. Houghton Lake Drive • M 55

Great Lakes Neurology, P.C.

Dr. Steven Huder and Great Lakes Neurology, P.C. are pleased to announce that beginning Wednesday, April 22, 2009, Dr. Huder will be seeing patients on alternate Wednesdays in a Grayling satellite office for performing EMG/NS studies and Epidural injections.

This location will be in the office of Grayling Family Practice Clinic, located at 1010 W. North Down River Road, next to Sorenson-Lockwood Funeral Home. Scheduling for these procedures can be made by a health care provider through our Petoskey office at (231) 487-3970.

SELL IT IN THE CLASSIFIEDS, THEY GET RESULTS!

Crawford County Avalanche
Grayling's Hometown Newspaper Since 1879
102 Michigan Ave • Grayling • (989) 348-6811 www.crawfordcountyavalanche.com

CEMETERY MEMORIALS

St. Helen Monument Sales
1-800-882-0265

\$995*
Gray Monument
36x06x20 - 48-12x06

\$795*
Gray Slant Marker
36x10x16

(Prices include choice of design, lettering and delivery to ANY Michigan Cemetery)

***Special Sales Prices ~ While supplies last! (Must present ad to honor price)**
2178 Carla Street, St. Helen 3234 W. Houghton Lake Dr., Houghton Lake

"SEE WHAT YOU BUY, BEFORE YOU BUY"

Visit our Web Site www.shmonument.com 150 Monuments & Markers on Display
30 Day Delivery

Crawford County DNR officer faces investigation

by Dan Sanderson
Staff Writer

A veteran Department of Natural Resources (DNR) Crawford County Conservation Officer is in the sights of his superiors.

DNR officials have initiated an internal investigation into Conservation Officer Mark Lutz.

Lt. Creig Grey, commander of the conservation officers based out of the Roscommon Operations Service Center, referred calls regarding the investigation to Mary Detloff, spokeswoman for the DNR.

Detloff confirmed that an internal investigation is underway, but added that under union rules for conservation officers, details of investigations cannot be released while the investigations are ongoing.

Karen Murphy, communications coordinator for the Michigan State Employees Association, the union representing DNR conservation officers, also confirmed the investigation was taking place, but said she could not comment on the matter.

The Roscommon Operations Service Center covers Alcona, Clare, Crawford, Gladwin, Iosco,

Kalkaska, Missaukee, Ogemaw, Oscoda and Roscommon counties.

Lutz has been on duty in Crawford County since April 27, 1980. He has been reassigned to cover another area, but Detloff said that the DNR policy precludes disclosing the assignments of its officers.

"We don't confirm where any of our officers are assigned for their safety," Detloff said.

Crawford County District Court Clerks confirmed that Lt. Grey was recently at the courthouse reviewing a number of cases that Lutz has been involved with, but did not look into a specific case on file.

Lutz did not return calls made by the Crawford County Avalanche for this story.

CORRECTION

The HP Notebook Computer model #HPG70250US/34099 in our Tab for the week of March 15th should read: \$50 MAIL-IN REBATE. We apologize for any inconvenience to our ABC Warehouse customers.

ABC WAREHOUSE
www.abcwarehouse.com

Today, Tomorrow, and years from now, We'll still be here!

PRESIDENT'S AWARD 2008 FOR SALES & SERVICES

QUICK LUBE OIL CHANGES MAINTENANCE & SERVICE

John Clayton

SPEND AND SAVE MONEY LOCALLY, SUPPORT A DEALER THAT SUPPORTS THE COMMUNITY

NEW CARS USED CARS RENTAL CARS

Mick Wayne Doug

SCOTT McNAMARA of Grayling

Ford MERCURY

(989) 348-3242

• OPEN 24/7 @ www.macford.com • OPEN 24/7 @ www.macford.com •

www.crawfordcountyavalanche.com

Online Poll Results

Last week's online poll question and results:

What do you think of the I-75 Business Loop reconstruction project set for this year in Grayling?

Good plan. Will benefit Grayling. 27 votes 21%	Bad plan. Will worsen traffic issues. 102 votes 79%
-------------------------------------------------------------	------------------------------------------------------------------

This week's online poll question: Which Big Ten team will have the most success in the NCAA men's basketball tournament?

Issues and Opinions



Almanack

by Richard Milliman

Effective citizenship depends on open government

APPROPRIATELY and perhaps significantly, Sunshine Week 2009 began with warm days and sunny skies this week, regardless of what a certain Pennsylvania groundhog predicted a couple of weeks ago.

Sunshine Week each year is a signal from American newspapers that open government is a vital element of successful democracy, and those who run governments at all levels in the United States must be mindful that they work for the people.

Public records must be available to the public. Without knowledge of what's really going on in governments, citizens are groping in the dark.

Michigan has a pretty good record on open meetings and open records. Some public officials in some places and in some

cases sometimes neglect or forget the basic principle that all public records and public activities must be just that – public.

Michigan law permits any member of the public to request public information from any government or agency, and requires public officials to provide the answers.

In a nutshell, this is the Freedom of Information Act (FOIA), on both the state and federal levels of government. On the federal level, one of the first official acts of newly elected President Barack Obama was an order requiring a "presumption of favor" for federal agencies to approve FOIA requests.

Some public officials in some cases and in some places sometimes still seek to deny access to public information indirectly by stalling or waffling or fixing

heavy dollar costs to the citizen seeking the answers.

This usually means the official doesn't agree with the law, or doesn't think it should apply in a particular instance, or doesn't think it's important enough to comply.

That's why it's important at least once a year during Sunshine Week to remind public officials of their responsibilities, and to remind citizens of their right to know.

* * *

THE NEWSPAPER gets into the act because the newspaper often acts as the conduit of information from government to the people.

The First Amendment of the United States Constitution guarantees freedom of the press. That's vital to a successful democracy because the press – that is, newspapers primarily –

represents the people in their search for information.

As a young reporter, the most basic lesson I learned on how to do my job properly and effectively was to recognize that I did not act for myself, but for the readers ... that is, for the public. The reporter becomes the eyes and ears of the public.

The information I gathered and put into words was not for my own personal benefit, or for the welfare of the newspaper, but rather to pass on information to the public in general, so the citizen can be informed about what is going on in his/her community.

That includes very important information about the governments affecting the community, because the citizen – that is, the newspaper readers whom the reporter is serving – is responsible for how their governments

operate.

In later years, I always emphasized these same principles when I was in a position to hire and/or train young reporters.

On the other side of the coin, when I have been privileged to hold a position or two on the governmental side of the fence, in carrying out my public duties I tried to follow the principles of openness. My bosses, the citizens, deserve no less.

The citizens run the government, through their votes for those public officials who only temporarily are put in charge of the formal government machinery.

Without adequate information, without an open operation of government and the ability to inspect public records, without the means to know what's going on in the community and its various governmental bod-

ies, the citizen cannot properly make the informed choices required to make democracy operate properly.

That's why Sunshine Week is important in Michigan and in America.

* * *

IN CLOSING – A couple of items noted in newspapers recently:

• Headline asks: "What's on Bill Clinton's iPod?" Reaction: Who cares?

• Sports writer, assessing North Carolina's chances in the NCAA basketball tournament, notes that Tarheel guard Ty Lawson "is battling a sprained toe." Reaction: How does one battle a sprained toe?

#

Richard Milliman is a veteran newspaperman, and a contributing columnist to several Michigan newspapers.

Letters to the Editor

ORV ordinance a bad mix for county

To the editor:

A recent Avalanche article on the proposed ORV ordinance in Crawford County omitted some key points that will impact residents and visitors alike. There are a number of items to discuss, far too many for this letter, but I hope the commissioners will consider some of the following factors before making their decision.

Safety first. ORVs don't have to be registered as motor vehicles, their operators don't need a driver's license and they don't have to carry insurance and yet, we're proposing to allow them on our county roads. If an ORV causes an accident with an automobile, for example, the ORV operator might not have liability insurance to compensate those injured or bereaved. So, while the ORV operator could be at fault, as the Avalanche reported, it doesn't mean those hurt will be adequately compensated.

I worry that our county is unique in the number of remote roads that weren't

designed for mixed traffic of this kind. The free-for-all atmosphere this ordinance will generate will lead to young victims and innocent victims. Couple this with the fact that people who have lost their driver's license due to alcohol-related driving offenses will now be permitted to drive in a more dangerous vehicle, and it's clear that our roads will be unsafe. Period.

Because ORVs don't have to be registered, they provide no primary funding source to compensate for their impact on our public services, including policing emergency services or the repair of roadways. The only funding ORVs provide is from fines. The more fines accrued, the more money generated. We are counting on ORV illegality to compensate the county for damage done by ORVs. To put it another way, ORVs must be operated dangerously and illegally in order to pay for their impact.

Conceding the fact that there will be illegal activi-

ty amongst ORV operators is one thing, but proclaiming that it will be adequately policed is another. We have severe jurisdictional issues in our county. County sheriffs can't police forest service lands. According to the DNR, conservation officers won't be able to adequately patrol for ORVs, even those operated illegally, while conceding that no one will be adequately subsidized or jurisdictionally able to stop them.

If ORV enthusiasts need a new or expanded trail system, for which they pay trail fees, then that is great. That is safer and cheaper to the county than every single letter in this ordinance. But this ordinance is not about either safety or sustained economic growth. It's a political bill, meant to increase the power and freedom that ORV users have. It was pushed into state law by ORV lobbyists, and now the lobbyists have taken their fight to each individual county. ORV operators are a one user group. They are a high-

impact group, which is not inherently bad, except they are being considered for free access to nearly every road and route in Crawford County.

Overall, our county will lose more than it will gain if this ordinance is passed. There will be accidents and they will be serious, because ORVs are not designed for collisions.

Our roads, already in rough shape, will deteriorate further. If our governing bodies think they're immune from cases of gross negligence, I'd recommend taking another look at the infrastructure of our county. I encourage those opposed to the ordinance to let their voices be heard, sooner rather than later. At the very least, significant levels of protection for special, high-use quiet areas – the Mason Tract among many others – needs to be achieved before any draft of this ordinance is even considered by our county commissioners.

Josh Greenberg
Grayling

Camp Grayling needs community's help to solve map mystery

To the editor:

Camp Grayling has a mystery and wonders if anyone in the community can help out. It was recently brought to the attention of the Environmental Office of the existence of a wooden hand carved relief (topographic) map which covers parts of Kalkaska, Crawford and Otsego counties.

The map is made up of 13 panels. Each panel is 3 by 6 in size and covers exactly six miles by 12 miles, or two congressional townships. The entire map, when pieced together, covers 18 by 18, as an L-shape, with one piece in the center missing. Some of the panels appear to be more complete – the lakes and rivers are painted and green sawdust is glued on for the forest and grassland areas. Other panels are in a rougher state, where the carving has not been completed.

Here's the mystery – the rumor around Camp Grayling is that this map was made by either the CCC (Civilian Conservation Corps) or German POWs (Prisoners of War) during World War II, although we don't have confirmation that either were actually housed at Camp Grayling. The staff at Camp Grayling is not sure the map was actually made for the military. If it was indeed made in the 1930s or 1940s, Camp Grayling was not nearly as big as the carved area. And even the current boundary of the Camp does not correlate very well with the map area. They suspect that the map was made for some other reason and then came to be stored there.

The map is indeed a very fascinating and unique piece of artwork that Camp Grayling would like to protect. But the most important part would be knowing where it originated.

Camp Grayling staff has contacted a number of local, state and federal cultural resource specialists and have found no information of either CCC or POW projects similar to this. They are asking anyone in the area who may have heard something about this project to contact Carla Elenz, Cultural Resource Manager, at 344-6179.

Carla Elenz
Camp Grayling

Do not sign a petition against a well thought-out project

To the editor:

In gratitude to the Crawford County Commissioners for their forethought and care for the senior population in "all" of Crawford County, I am offering my insight.

Every piece of property within the city limits that was recommended or offered for the project was thoroughly reviewed and there is a record of such review. To say it was an "under the table" decision deal is completely untrue and is really a code for "I am not getting my way."

Many are happy the fish hatchery complex was selected. Many of us, fourth and fifth generation residents of Crawford

County, look to this area in comparison to New York Central Park. And why wouldn't we want a beautifully landscaped natural area for the site? The building on this site will continue to be scrutinized by every official agency as to being safe and secure before final approval is given.

Please be assured that the seniors in the housing at AuSagra Acres will not be left behind. This is a commitment not only for meals but for other needs as well.

If we could only get it – the housing complex is for all the people who reside there, not just seniors. The Commission on Aging

is for all the persons in Crawford County 60 years and over and their families. Many have been denied access for all too long.

There is just enough room to participate. After 40 years plus, we have certainly outgrown the present site. The seniors of the baby boom generation have many needs that cannot be met in the constraints of Lawndale. I urge you, before you sign a petition, to walk through the office area at the present center and observe the kitchen area without a proper storage area. Activity areas are severely crowded and the computer area would not be available for classes with another

activity going on. I was there last week, and in one room we had Bingo, senior taxes and meal clean-up. You could not have gotten to the computers if you wanted to. Handicap access is near impossible and that is a legal problem. The basement is not accessible by clients.

The work has gone on for years to prepare for the future that is upon us. Please, in careful consideration of your parents, yourself and your neighbors, do not sign a petition against this well thought-out project for the Crawford County senior citizens.

Barbara A. Selesky
Frederic

Crawford County Avalanche

102 Michigan Ave.
P.O. Box 490,
Grayling, MI 49738
PHONE 989-348-6811
FAX 989-348-6806
avalanche@i2k.net

Linda Golnick
General Manager
linda@crawfordcountyavalanche.com

Caleb Casey
Senior Staff Writer
caleb@crawfordcountyavalanche.com

Dan Sanderson
Staff Writer
dan@crawfordcountyavalanche.com

Matt Seager
Staff Writer
matt@crawfordcountyavalanche.com

Debbie St. Germain
Advertising Sales
debbie@crawfordcountyavalanche.com

Pam Engel
Advertising Sales
pam@crawfordcountyavalanche.com

Ruth Biggar
Business Office
ruth@crawfordcountyavalanche.com

Kim Cothran
Business Office

Marcus Marelich
Composition
marcus@crawfordcountyavalanche.com

Amber Edgerton
Composition

Julie Doremire
Composition

Keith Sowulewski
Composition

Published by Crawford County Avalanche, Inc., Ann Marie Milliman, president.
Member of the Michigan Press Association and the National Newspaper Association.
All rights reserved. Copyright The Crawford County Avalanche. This content may not be archived, retransmitted, saved in a database, or used for any commercial purpose without the express written permission of The Crawford County Avalanche.

USPS 135-860. Entered as Periodicals at the Post Office at Grayling, MI 49738 under the Act of Congress of March 3, 1919. Published each Tuesday at 102 W. Michigan Avenue, Grayling, MI 49738. For changing address, send US Post Office Form 3579 to the Crawford County Avalanche, P.O. Box 490, Grayling, MI 49738.

Subscription Rates: One year permanent subscription in Crawford, Benoni, Kalkaska, Otsego, and Oscoda counties, \$20.00; Seasonal address changes add \$4.00; One year non-local, outside above counties, \$30.00; Foreign Countries, \$60.00; Senior Citizen discount (60 or older) \$2.00 off any of the above rates. Subscriptions rates are non-refundable. Check us out on the Internet:

crawfordcountyavalanche.com

The opinions expressed in the letters and columns on this page are solely those of the writer and do not necessarily reflect the views and opinions of the Crawford County Avalanche.

Briefs

COA to take bus trip to Kirtland

The COA will be taking a bus trip on March 25 to the Kirtland Community College School of Cosmetology for a morning of beauty treatments. The bus will leave the senior center, 308 Lawndale St., at 8:45 a.m. Special group rates will be offered on haircuts, manicures and other select services. The price for the trip is \$10, which includes transportation and beauty treatments. Transportation will be provided by The Resurrection Life Church. For more information or to register, call Debra Looney at 348-7123.

COA to hold "Senior Safari Prom"

The Grayling Senior Center, 308 Lawndale St., along with the GHS sophomore class will be holding a "Senior Safari Prom" on Saturday, March 21, from 4 p.m. to 6 p.m. at GHS. Music will be provided by The Banjo Picker and Friends. Hors d'oeuvres will be served. The cost is \$25 per couple or \$15 per person. Tickets are available at the senior center. For more information or for transportation, call Debra Looney at 348-7123.

COA Out to Lunch at West Branch

The Out to Lunch Gang of the Grayling Senior Center, 308 Lawndale St., will be going to the Tanger Outlet Mall in West Branch on March 26. They will leave the senior center at 9 a.m., eat lunch at Applebee's and then go to Wal-Mart and return by 4 p.m. The cost for the trip is \$12, with lunch on your own. For more information or for transportation, call Debra Looney at 348-7123.

GPA presents China the 21st Century

The Grayling Promotional Association Entertainment Series 36th season of Travel and Adventure will present "China - the 21st Century," narrated by Buddy Hatton, on the big screen at the Rialto Theatre in downtown Grayling on March 19. The show will begin at 7 p.m., doors open at 6:30 p.m. Tickets cost \$8 for adults and \$7 for seniors/students and are available uptown Grayling at Riverland or at the door. For more information call Riverland at 989-344-0047.

Church to hold Swiss Steak Dinner

Michelson Memorial United Methodist Church will hold a Swiss Steak Dinner on Thursday, March 19, from 4:30 p.m. to 6:30 p.m. The cost is \$8 for adults, \$4 for children ages 6-12 and children under age 6 eat free. Take-outs will be available.

Little League to hold registration

The Grayling Little League will hold a player registration on Sunday, March 22, from 6 p.m. to 8 p.m. in the Grayling Elementary School gym and in the AuSable Primary School lobby Tuesday, March 24, from 3 p.m. to 4:30 p.m. It is open to tee-ball, baseball and softball players ages 5-14. Cost is \$10 for tee-ball and \$35 for baseball/softball (family maximum of \$90.) Additionally, each player must pay for two Home Run cards for \$10 each. For more information, contact Teresa Bonamie at 348-6805.

Relay for Life team to hold fund-raiser

The Curves Relay for Life team invites you to a wedding reception fund-raiser on Friday, March 20, at 7 p.m. at the American Legion Hall. The cost is \$10 per person. There will be food, a DJ, dancing and prizes. Tickets can be purchased at Curves or from any Curves member.

GMS parent workshop rescheduled

The Parent Workshop on Adolescent Anger was cancelled in February, and was rescheduled for Thursday, March 26, at 6 p.m. in the GMS Media Center. Registration is appreciated. Call Jane Osga at 344-3562 or josga@casdk12.net or Joni Metiva at 344-3560 or jmetiva@casdk12.net to register or for any questions.

Weight restrictions in effect for commercial truck traffic

Effective March 9, weight restrictions for commercial truck traffic will be imposed and enforced on state trunklines from the southern Michigan border north to and including the Mackinac Bridge. Most trunklines are freeways with M, I, or US designations.

There are no restrictions for legal axle weight loads on roads designated as "all-season trunklines." On all routes designated as "seasonal," there will be a posted reduction of 25 percent for rigid pavements and 35 percent for flexible pavements.

All extended permits will be valid for oversized loads in the weight-restricted area on the restricted routes. Single-trip permits will not

be issued for any overweight loads or loads exceeding 14 feet in width on the restricted routes.

For weight restriction information and updates, call 800-787-8960, or you can access this information on MDOT's Web site at www.michigan.gov/mdot. Under "Favorite Links," click on "Truckers."

All-season routes are designated in green and gold on the MDOT Truck Operators Map, which is available online at www.michigan.gov/mdot/0,1607,7-151-9622-11033_32060-98220-00.html.

Area man to receive benefit dinner

The family of Doug Girard, a man who works in Grayling, is hosting a spaghetti benefit to support him in a time of serious illness.

The family and friends of Girard, and his wife, Jeannie Girard, are organizing the fund-raiser to help the family beat a battle with cancer.

Girard was diagnosed in January with a form of leukemia called Acute Myelogenous Leukemia (AML). This type of cancer generally hits people 60 or older and is very aggressive. Girard is undergoing extensive chemotherapy in an attempt to beat his condition.

Girard was born in Roscommon, where he attended school and graduated in 1988. He and his wife were married in 2005. They have three kids, Sarah

age 14, Lindsey age 17, and Nick age 13.

Girard is a route salesman for Frito Lay who serves the Grayling area. His wife has been a stylist with A Cut Above for 10 years.

The spaghetti dinner and silent auction will take place on March 22, from 12:30 p.m. until 6 p.m., at the CRAF center in Roscommon. Some of the items to be auctioned include a surround sound system, a digital camera, a video camera, a tailgating tent and a Detroit Red Wings ticket with accommodations.

There is a Girard Family Benefit Fund at Citizens Bank in Grayling for those who are interested in contributing directly.

To contribute to the auction, contact Joni Duncel at 745-4614.

Deadline for calendar entries set

Area students might want to mark April 20 on their calendars. That's the new, earlier deadline for entries in the 2009-2010 Young Artist Calendar Contest sponsored by the Kirtland's Warbler Wildlife Festival (KWWF).

The annual calendar contest is open to all students in grades K-8. Last year, contest officials received nearly 1,100 entries picturing northern Michigan's jack pine ecosystem, the summer home of the Kirtland's warbler, or the rare song bird's wintering grounds in the Bahamas.

"Normally, the deadline is right around May 1," said Dennis Mansfield, contest coordinator and public relations director for Kirtland Community College. "But, as the contest has grown, we've realized we need more time to collect and judge these amazingly colorful pieces of artwork."

Entries will be judged prior to the annual festival, held on the third Saturday in May, by committee members and special guests. Twenty "winning" students will have their artwork selected for the covers of the calendar, as well as to be displayed above each month of the 16-month publication.

"We also have 60 pieces of artwork that received honorable mention status for our 2008-09 calendar," Mansfield added. "And we're hoping to expand that number for the 2009-2010 version."

Entries must be drawn horizontally and be completed on an 8.5-by-11 inch sheet of white paper. Complete rules and the entry form may be found online at <http://warbler.kirtland.edu/calendar/default.htm>.

KWWF committee members are hoping that, by moving up the date of the deadline, they'll have more

time to properly recognize the winning entries prior to the festival on Saturday, May 16, at Kirtland's main campus near Roscommon. All of the entries will be on display at the Kirtland House conference center the day of the festival, with the winning and honorable mention entries also displayed on the festival's Web site.

"The Young Artist Calendar has developed into a special project, as it's both artistic and educational," Mansfield added. "Just having students do the entries helps them learn about the unique ecosystem we have here in northern Michigan and about the wildlife it supports."

Calendar entries should be mailed to: Kirtland Community College, Attention: PR Office, 10775 N. St. Helen Road, Roscommon, MI 48653. Entries will not be accepted after 4 p.m. on Monday, April 20.

For more information, persons may contact Mansfield via e-mail at mansfield@kirtland.edu or call 989-275-5000, extension 242.

The **Ole Barn** 6811 M-72 West
Friday Fish Fry
All Day
All You Can Eat
\$6.95

LIVE BANDS
 March 20 & 21 - Dreamline
 March 27 & 28 - Infactor

LINE DANCING
 Begins March 26 - \$5 per person
SIGN-UP TODAY
 989-344-1740 • OPEN MON-SUN 8AM

TOM'S POLE BUILDINGS
1-800-541-3974

FEATURING
 ULTRA 2000
 19 colors to choose from
 30 year Warranty

POLE BUILDINGS & GARAGES
 YOUR CHOICE OF ROOFING & SIDING • CEMENT WORK

Top of the line quality
 Many Sizes &
 Options Available

FROM BEGINNING
 PERMITS TO CLEAN-UP.
 WE DO IT ALL!

4050 Industrial Dr. • Harrison
www.tomspolebuildings.com
 Accept - Visa and Master Card

Call for a
 Pre-Estimate Today!

**ARE YOU TIRED OF WAITING
 FOR DAYS, WEEKS, OR
 MONTHS FOR A
 DENTAL APPOINTMENT?**

At Grayling Family Dentistry, we reserve time in our schedule for new patients. Schedule an appointment for your cleaning, exam and x-rays, and you will receive a **FREE ELECTRIC TOOTHBRUSH** as our gift to you as a new patient.

Smile!

C. Thomas Riegler, D.D.S.
Grayling Family Dentistry
(989) 348-4300
 1664 Hartwick Pines Rd., Grayling

WE ARE CURRENTLY ACCEPTING NEW PATIENTS OF ALL AGES.

GRAYLING FAMILY PRACTICE CLINIC, P.C.

1010 W North Down River Rd. • Grayling, MI 49738

GET TO KNOW OUR FAMILY!

Grayling Family Practice Clinic proudly presents another member of our family
Marilyn Rosi, FNP

Marilyn Rosi joined the Grayling Family Practice Clinic in 1995 as a Family Nurse Practitioner. She received her degree from Michigan State University in East Lansing, Michigan. Marilyn provides a broad range of care to patients of all ages. She has a particular interest in Women's Health issues. Marilyn resides in Grayling with her husband where she enjoys gardening, outdoor sports and spending time with her family.

Marilyn is currently accepting new patients. Please call 989-348-7671 to schedule an appointment.

For an appointment call 989-348-7671

GRPC Services Include:

- M. Burkley, D.O.
- C. Gosling, M.D.
- G. Hanert, D.O.
- L. Harrington, D.O.
- M. Rosi, FNP
- E. Weeks, D.O.

Gerta's Draperies
 "Everything in Window Treatments"

- Free Estimates
- In-Home Appointments

Excellent Customer Service Since 1958

989-732-3340
 1201 OLD 27 SOUTH, DAYLAND

Join us at the Grayling Senior Center to discuss the relocation of the Grayling Senior Center.

Two Opportunities to Learn More about the Relocation

Wednesday, March 18th
Lunch 12:00 - 1:00 PM

The Bible Speaks

Paul's Burden for Souls

Paul's burden for the souls of his own people the Jews is most clearly revealed in chapters 9, 10 and 11 of Romans. In Romans 9:1-3 we read: "I say the truth in Christ, I lie not, my conscience also bearing me witness in the Holy Ghost, 2That I have great heaviness and continual sorrow in my heart. 3For I could wish that myself were accursed from Christ for my brethren, my kinsmen according to the flesh."

In verse 1 we see the sincerity of Paul's burden. First, there is a positive affirmation: "I say the truth in Christ...." As Paul said in Phil. 1:8: "For God is my record...." Again in 1 Thess. 2:5: "...God is my witness." Second, there is a negative affirmation: "...I lie not." Or as Paul said in Galatians 1:20: "...behold, before God, I lie not." Third, there is a moral affirmation from Paul's conscience: "...My conscience also bearing me witness." A clear conscience bore witness to Paul's sincerity also in Acts 23:1 and 24:16. Fourth, there was also a divine affirmation to Paul's sincerity by the witness of the abiding Holy Spirit within

him "...in the Holy Ghost."

Verse 2 reveals the sorrowfulness of Paul's burden. "2That I have great heaviness and continual sorrow in my heart." Jeremiah, also known as the weeping prophet, had a similar burden for his people in Jer. 9:1: "1Oh that my head were waters, and mine eyes a fountain of tears, that I might weep day and night for the slain of the daughter of my people!" Jesus Christ also wept over Jerusalem in Luke 19:41-44 because of the Jews coming destruction and dispersion to be carried out later in 70 A.D. by Titus the Roman general. Paul will remind us of his burden again in Romans 10:1: "1Brethren, my heart's desire and prayer to God for Israel is, that they might be saved."

Verse 3 discloses the seriousness of Paul's burden. "3For I could wish that myself were accursed from Christ for my brethren, my kinsmen according to the flesh." Moses gives us insight into such love in Exodus 32:32: "32Yet now, if thou wilt forgive their sin—; and if not, blot me, I pray thee, out of thy book which thou hast written." Esther felt this burden in Esther 8:6: "6For how can I endure to see the evil that shall come unto my people? or how can I endure to see the destruction of my kindred?"

When Paul said, "3For I could wish that myself were accursed from Christ for my brethren, my kinsmen according to the flesh," he was expressing the same kind of burden our Lord Jesus Christ had for the lost souls of His own people. The difference was, Paul could only say, "For I could wish...." but our Lord Jesus Christ could do more than wish as 1 Peter 2:24 reminds us: "24Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed." As He died on the cross in Luke 23:34 He said, "...Father, forgive them; for they know not what they do. And they parted his raiment, and cast lots." Do we have a burden for the lost souls in our own families? Do we really care if our friends and neighbors go to Heaven or Hell? Will you and I face loved ones in eternity who stare into our eyes and say: "I looked on my right hand, and beheld, but there was no man that would know me: refuge failed me; no man cared for my soul." (Psalm 142:4). Pastor "B"

The Bible Speaks is a paid advertisement and does not necessarily reflect the views and opinions of the Crawford County Avalanche.

Obituaries

George Watson

George Watson, 83, of Grayling, passed away on March 10, 2009.

He was born in Detroit, on January 11, 1926, to the late Roy and Anna (Beilewa) Watson.

He served in the U.S. Navy.

He married the former Virginia K. Anderson on November 27, 1946, in East Detroit.

He moved to the Grayling area 30 years ago, coming from Warren.

He owned and operated Watson Stump Grinding in the Grayling area. He was also a poet and had a collection of his poems published called "Candy for the Mind." He was a pilot and built his own Thorpe T-18 airplane. He was a gifted self taught quilter and was published in American Quilters Magazine. He owned and operated an antique car restoration business called Square D Collision located in Detroit, and he was an oil painter since 1960.

George is survived by his wife Virginia, of 62 years; daughters: Nora (Jim) Twork of Onaway, Susan (Thomas) Franquist of Harrisville, Sandra Simmons of Seabrook, Texas; son, George Roy (Dorothy) Watson of Chesterfield Township; five grandchildren and eight great-grandchildren; brothers: Harold (Jeanne) Watson of Lebec, Calif., Norbert Watson of Victorville, Calif., Walter (Donna) Watson of Texarkana, Ark., Roy (Carrie) Watson of Victorville, Calif., and Frank (Doris) Watson of St. Clair Shores.

He was preceded in death by his parents; one brother; one sister; and a son, David.

A memorial service was

held on March 14, at noon, with Elder Ann Doty officiating.

The family requests that, in lieu of flowers, memorial contributions be made to the Grayling Nursing and Rehabilitation Center for their activity department.

Condolences may be sent to www.sorensonlockwood.com.

Arrangements made by Sorenson-Lockwood Funeral Home.

Sonny Hatfield

Sonny Hatfield, 73, of Three Rivers, formerly of Grayling, passed away on March 10, 2009.

A funeral service was held at Sorenson-Lockwood Funeral Home, Grayling, on March 16, with Pastor Robert Barnett officiating.

Interment will be in the spring of 2009 at Beaver Creek Township Cemetery in Grayling.

Condolences may be sent to the family at www.sorensonlockwood.com.

Arrangements made by Sorenson-Lockwood Funeral Home.

In Memory of

In memory of Ray Ingalls, March 1, 1964 - March 20, 2007.

Our hearts still ache with sadness and secret tears still flow. Let the hurt evaporate like the dew upon the grass. Let the anger vanish, like mist upon the glass, but we know you want us to mourn for you no more and remember all the happy times. You'll never be forgotten, a halloved place within our hearts is where you'll always be.

Miss you, Dad, Mom, all of the family and all of your friends

In Memory of

In loving memory of John P. Hall, Oct. 4, 1921 - March 23, 2008.

His quest for knowledge ... endless. His infinite wisdom ... priceless.

Sadly missed, love you dad, Cindy

In Memory of

In loving memory of John P. Hall, Oct. 4, 1921 - March 23, 2008.

God saw he was getting tired and a cure was not to be, so he put his arms around him and whispered "come with me." With tearful eyes we watched him suffer and saw him fade away, although we loved him dearly, we could not make him stay. A golden heart stopped beating, hard working hands at rest. God broke our hearts to prove to use, he only takes the best.

God bless you for taking care of us.

Cindy, John, Chris, Jeremy, Michele, Jim, John Jr., Beth and great-grandchildren

In Memory of

J.C. I miss you

K.E.

Card of Thanks

Our family would like to take this opportunity to thank everyone, especially the Bear Lake Christian Church Women's Group, for the benefit spaghetti dinner that was held for Lewis Brown after the loss of his uninsured home to a fire.

We greatly appreciate all the help and time that everyone donated.

Thank you and God bless.

The Dill, Chmielewski and R. Brown families

Church Directory

Christian Science Society
209 First St., Suite 103 - Gaylord
(989) 732-7001
Sunday Service 10:30 am
April through October
2nd & 4th Wednesday 7 pm
Sunday School 10:30 am

Michelson Memorial United Methodist Church
Pastor: Dr. William A. Cargo
400 Michigan Ave. - (989) 348-2974
www.umc.org - Barrier Free
Traditional Service 9 am
Coffee Hour 10 am
Sunday School (preschool-3rd grade) 11 am
Adult Sunday School 10 am
Praise & Worship Service 11 am
(Childcare Available)

Seventh Day Adventist
Pastor: David Jorgensen
(989) 348-1909
Services held Saturday at Camp Ausable
off M-72 East (1st building on right inside
camp entrance)
Saturday Church Service 9:30 am
Saturday Sabbath School 10:30 am
Tuesday Prayer Meeting 7 pm

Lovells Community Chapel
(Bible based and non-denominational)
Pastor: Larry Hankins
8133 Bald Hill Rd. - Lovells
(989) 348-2701
Sunday School (youth & adult) 9:30 am
Morning Worship 11 am
Wed Prayer & Bible Study 7:30 pm

Grayling Free Methodist
Pastor: Rick Secord
6652 M-72 West - (989) 348-9093
Early Service 8:30 am
Sunday School 10 am
Morning Service 11 am
Prayer Meeting (Wednesday) 7 pm

Emma Lowery United Church of Christ
3474 West Park Road, Luzerne
Sunday Worship 11 am
Adult & Youth Sunday School 9:30 am

Heritage Baptist
Pastor: Ernie Wagner - (989) 348-1411
heritagebaptist-grayling.org
1841 Hartwick Pines Rd.
(1/4 mile west of I-75)
Sunday School 9:45 am
Morning Worship 11 am
Evening Worship 6 pm
Wednesday 7 pm

Grayling Assembly of God
Pastor: Gary Wojtan
701 S. I-75 Business Loop
Parsonage (989) 348-7466
Sunday School 9:30 am
Morning Worship 10:30 am
Evening Service 6 pm
Family Night Adult-Youth-Children (Wed) 7 pm

The Church of Christ with the Elijah Message
7662 Kelly Ave., Frederic
Sunday Worship 10 am

Westminster-By-The-Lake
(East of Ralph MacMillan Conference Center)
Worship with us in a beautiful outdoor chapel
(989) 821-9474
Sunday Worship 11 am

St. John Lutheran (ELCA)
710 Spruce Street
(989) 348-5224
Sunday School 9:15 am
Sunday Worship 10:30 am



First Baptist Church of Frederic
Pastor: Dale Hammond
Sunday School 9:45 am
Morning Worship 11 am
Evening Worship 6 pm
Wed. Prayer & Bible Study 7 pm

Unity Church of Today North
Minister: Terry Dickinson
Virtual Church - an E-mail Bible Study
available at thurd@freeway.net

Luzerne Baptist
Pastor: James Durfee
2247 Durfee Lane
Sunday School 10 am
Sunday Morning Worship 11 am
Sunday Evening Worship 6 pm
Wednesday Bible Study 7 pm

Burning Bush Tabernacle
Pastor: Patricia Petric - (989) 348-1278
501 E. Michigan Ave., Grayling
Sunday School 10 am
Sun. Service, Children's Church & Youth
Service 11 am
Sunday Evening Service 6 pm
Monday Prayer Meeting 7 pm
Wednesday Service 7 pm
Friday Prayer Meeting 7 pm
(van transportation available)

Community of Christ
Pastor: Ann Doty
North Down River Rd. at
1030 Glenn Rd. - (989) 348-9751
Church School 9:45 am
Preaching 11 am
Midweek Service Prayer 7 pm

St. Mary's Roman Catholic Community
Pastor: Robert W. Nalley, J.V.
Parish Office - 707 Spruce
(989) 348-7657
Saturday Evening Masses 4:30 pm
Sunday Masses 10 am

St. Francis Episcopal
Reverend: Elizabeth Chace
M-72 West - Office (989) 348-5850
Morning Prayer Tue-Fri 8:30 am
Eucharist (Wed) 8:30 am
Sunday Holy Eucharist 8:30 & 10:30 am

Resurrection Life Center
Pastor: Bud & Debbie Mann
Mail: 2640 M-72 West Grayling, MI 49738
reslifecenter.com
Phone: (989) 348-1000
Sunday Service 10:30 am
Midweek Services (Wed) 7 pm
E-mail: reslifefellowship@hotmail.com

Mt. Hope Lutheran Church (LCMS)
905 N. I-75 Bus. Loop
(at junction of M-93 & Old 27)
(989) 348-5921
Saturday Evening Worship Service 7 pm
Sunday Worship Service 10:30 am
Sunday School 9:15 am

Calvary Baptist Church
Pastor: Dr. Robert Barnett
M-72 West, Grayling - (989) 348-9220
Sunday School 9:45 am
Morning Worship 10:30 am
Evening Worship 6 pm
Wednesday 7 pm
Prayer & Awana Club (Wed.) 7 pm

Church of Christ
Old US-27 at Skyline Rd. - (989) 275-8613
In Search of the Lord's Way Sunday Mornings on
TV 29 & 8 7:30 am
Sunday Classes 10 am
Sunday Worship 11 am
Sunday Evening 6 pm
1st Sunday Evening of every month, there is no service
Midweek Bible Study (Wed.) 7 pm

Abundant Life Tabernacle
Pastor: Lyle Suder
211 Shellenbarger St. - (989) 348-5325
Sunday School 10 am
Sunday Worship 11 am & 6 pm
Wednesday Evening 7 pm

Grayling Baptist Church
Affiliated with S.B.C.
Pastor: John Scott
705 Madsen St., Grayling - (989) 348-2557
Sunday School 9:45 am
Morning Worship 11 am
Evening Service 6 pm
Wednesday Service 7 pm

Bear Lake Christian
Pastor: David Rosenberg
Associate Pastor: Scott Hoffer
M-72 & East Bear Lake Rd.
Sunday Church Service 10 am - 6:30 pm
Sunday School 9 am
Bible Study (Wed.) 7 pm
Youth Group 2nd & 4th Wed. 6:30 pm

Church Alive Church of God
Pastor: David Barker
506 North Birch St., Kalkaska
(231) 258-3448
Sunday School 10 am
Worship Service 11 am & 6 pm
Family Training Hour & Prayer
(Wednesday) 7 pm

St. Martin Ev. Lutheran (WELS)
Pastor: Douglas Carter
The Roscommon Community Center, 510
South St., Roscommon, MI
For information call (989) 821-6013
New phone number (989) 275-3070
Sunday 9 am

Friendship Church
A Christian Reformed Ministry
Pastor: Rev. Dick Oberg
415 Ohio North, Gaylord
Sunday School 9 am
Morning Worship 10 am
Tue. Women's Bible Study 10 am
Wed. Men's Bible Study Noon

Grayling Valley Church of God
Pastor: Gary Thompson
(989) 422-3464 - (989) 344-0883
Meetings held at Ramada Inn
Sunday Night Polluck 5 pm
Sunday Service 6 pm

The Church of Jesus Christ of Latter Day Saints
President: David Stephenson
600 North Elm Street, Gaylord
Sacrament 10 am
Sunday School 11 am
Primary 11 am
Priesthood Noon
Relief Society Noon

sponsored by the following community minded individuals and businesses

GRAYLING BIG BOY RESTAURANT
Stop in after church for
brunch
348-7654

DON KERNSTOCK LICENSED BUILDER
New Home Construction
Remodeling • Garages
348-8945 • Grayling

This Church Directory is used by residents and visitors. If you wish to show your support for area churches, call the Avalanche at 348-0811 to be included on this page.

JANSEN INSURANCE • AGENCY, INC.
Complete Insurance Service
348-6711
237D S. I-75 BL • Grayling

DOORWAYS OF THE NORTH INC.
Garage Doors-Windows
Since 1980
348-5426

STEPHAN WOOD PRODUCTS
605 Huron • Grayling
GRAYLING GLASS COMPANY
Ken & Carol Taskay
503 McClellan • Grayling
348-6641

MOORE'S AUTOMOTIVE
348-6371
201 James • Grayling

100% DIGITAL HEARING AIDS**

0% INTEREST For 12 Months!
Or PAYMENTS \$ **35** Per Month
AS LOW AS



Miracle-Ear® Hearing Aids Are Some of the SMALLEST, MOST DISCREET AND MOST COMFORTABLE AVAILABLE TODAY!
Ask About Our Open-Fit Models!

- ✓ 100% Programmable
- ✓ Amazing Natural Sound
Sounds Clearer, Not Just Louder
- ✓ Works Well in Background Noise and on the Phone
- ✓ Reduces Feedback

So Small
Nearly Invisible!



THIS MONTH ONLY-CALL NOW!

Miracle-Ear® Center - Grayling

1200 N. Down River Road (Milltown Clinic Building)

Every Tuesday 9-4

(800) 872-4074 ask for Eunice

**Hearing aids do not restore natural hearing. Individual experiences vary depending upon severity of hearing loss, accuracy of evaluation, proper fit and ability to adapt to amplification. A Miracle-Ear representative can determine which models and options may be right for you. NO INTEREST (IF PAID WITHIN PROMOTIONAL PERIOD) MINIMUM MONTHLY PAYMENTS REQUIRED. SEE BELOW FOR DETAILS. * Valid on purchases made on a credit card account. A \$300 minimum purchase amount is required for plans longer than 3 months. On promo purchase, monthly payments required, but no finance charges will be assessed if (1) promo purchase paid in full in 12 months, (2) any minimum monthly payments on account paid when due, and (3) account balance does not exceed credit limit. Otherwise, promo may be terminated & finance charges assessed from purchase date. On promotions requiring a minimum payment, payments over the minimum will usually be applied to those promo balances before non-promo and other balances. If you have a non-promo balance, this may reduce the benefit from the promo. If you want to change this payment allocation, please call Customer Service. Standard terms apply to non-promo purchases, optional charges & existing accounts. As of 1/1/08, variable APRs: 21.98% & on all accounts in default, 29.99%. Minimum Finance Charge \$2.00. Subject to approval by GE Money Bank. ^ \$35 payments with approved credit. See your Miracle-Ear representative for full details.

Sheriff's Report

Crawford County Sheriff Kirk Wakefield reports his office handled the following 92 complaints the week of March 9 - March 15.

One suicide, 17 general non-criminal complaints, three delinquent minors, seven false alarm activations, one criminal sexual conduct/sexual assault, two criminal sexual conducts/first degree-penetration with object, three assault/intimidation/stalkings, two burglaries/home invasions, one burglary-no forced entry-non-residence, one larceny, one motor vehicle theft, three fraudulent activities, one damage to property, four public peace/disorderlies,

two health and safeties, three miscellaneous criminal offenses, two miscellaneous arrests, 14 traffic accidents, one accident-non-traffic, one traffic violation-civil infraction, one accident-fire, eight family troubles-domestic, eight suspicious situations, four driving violations/driving while license suspended and one driving on revoked/suspended license.

Sheriff Wakefield asks, "Do you know where your children are? Please remember, our children are our future."

For more information, log on to www.crawfordsheriff.org.

Library News

Two showings of "High School Musical 3" will be held at the Devereaux Memorial Library on Friday, March 20. The "Afternoon Movie" is a matinee for preteens at 3:30 p.m. followed by "C.T.R. (Cyber Teen Revolution) Movie Night" at 6 p.m. for teens ages 13-18. These are suggested ages only, but no one over 18 is allowed to attend unless they are a parent or guardian of a participating child. The movie lasts approximately two hours and popcorn is included. Call Connie

Meyer, at 348-9214, to sign up.

The "Create-A-Crown" program for adults and families will be held at the Devereaux Memorial Library on Tuesday, March 24, at 6:30 p.m. Claim your title and create a crown to fit your majestic personality. Call Jane, at 348-9214, to sign up for this program filled with regal refreshments and a celebration of your royal heritage. Stop by the library and check out the crowns and tiaras on display in the March showcase.

Honors

Storm Shriver

Storm Julien Shriver, of Grayling, was inducted into the Alpha Omicron Gamma Chapter of Phi Theta Kappa at Kirtland Community College on March 13.

Established in 1918 by two-year college presidents, Phi Theta Kappa is the oldest and most prestigious honor society serving two-year colleges around the world. The Society serves to recognize and encourage the academic achievement of two-year college students and provide opportunities for individual growth and development through honors, leadership and service programming. Students must rank in the top 20 percent of the class to be invited to membership in

Phi Theta Kappa and must maintain high academic standing during their enrollment in the two-year college.

Storm Julien Shriver has been elected Recording Secretary of the Alpha Omicron Gamma Chapter of Phi Theta Kappa, the international honor society for two-year colleges. Phi Theta Kappa membership is based on academic achievement, and members are also provided opportunities for growth and development in scholarship, leadership, service and fellowship.

He is majoring in math at Kirtland Community College, and is planning to transfer to University of Michigan.

He is the son of David and Lynne Shriver.

Senior Citizen News

Join us for a meal either at noon or 5 p.m. weekdays, except Friday, when there is no evening meal. Soup or salad bar served prior to the meal Monday through Thursday.

This week's menu (lunch/dinner) and activities:

Friday, March 20 - Lunch - roast turkey with stuffing and gravy, peas and carrots, green beans and a banana. No Dinner. 10 a.m. Tone and Tubes, 12 p.m. Lovells Satellite Meal, 1 p.m. Pantry Bingo.

Saturday, March 20 - 4p.m. - 6 p.m. Senior Prom "Senior Safari" at Grayling High School.

Monday, March 23 - Lunch - breaded chicken sandwich, winter blend vegetables, baked beans and an orange. Dinner - Salisbury steak, mashed potatoes, Prince Charles vegetable blend and apricots. 9:30 a.m. - 11:30 a.m. Back on Duty, 1 p.m. Bridge.

Tuesday, March 24 - Lunch - spaghetti with meat sauce, cauliflower, carrots and grapes. Dinner - hot

roast beef, boiled potatoes, Brussels sprouts and mixed fruit. 10 a.m. Tone and Tubes and Bible Study, 12:30 p.m. Euchre, 4 p.m. - 5 p.m. blood pressure/sugar checks.

Wednesday, March 25 - Lunch - beef stroganoff, noodles, carrots, cauliflower and peaches. Dinner - pork chop, glazed sweet potatoes, peas, applesauce and blueberry crisp. 8:50 a.m. Bussin' Beauties trip, 10 a.m. line dancing, 1 p.m. pool league and COA Board Meeting, 5:30 p.m. Medicine Shoppe Bingo.

Thursday, March 26 - Lunch - mild Italian sausage, green peppers and onions, Italian blend vegetables, mashed potatoes and apricots. Dinner - liver and onions, mashed potatoes, grapes and California blend vegetables. 9 a.m. Tanger Outlet trip, 10 a.m. craft class, 2 p.m. UNO Attack.

The Crawford County Commission on Aging's Senior Center is located at 308 Lawndale, behind Burger King in Grayling. Walk-ins are welcome.

Raffle Winners

Grayling Youth Booster Club

The 50/50 raffle winners for March 15 of \$25 each; Donna Kune, Miranda Bailey, Pat Benardo and Jann Besonen.

Spring Is Coming

Sorenson Lockwood Funeral Home

SUNSET MAHOGANY

Polish 2

\$2115

36x6x20 Tablet
48x12x6 Base

This is high quality Mahogany granite containing orange variegation. NO TWO ARE ALIKE.

WE CAN HELP YOU DESIGN A GRAVE MARKER THAT REFLECTS THE MEMORY OF YOUR LOVED ONE

MANY OTHER OPTIONS ARE AVAILABLE, IN ALL PRICE RANGES.

Polish 3

\$2075

Western Slant
36x10x16 Slant
48x14x6 Base

Sorenson Lockwood Funeral Home

Through the Years - You Stay the Same - We Stay the Same

www.sorensonlockwood.com • Email: sorenson-lockwood@verizon.net

Terrie L. Lockwood
Manager/Owner

1108 North Down River Rd.
P.O. Box 602
Grayling, Michigan 49738
Phone: 989-348-2951
Fax: 989-348-4968

partnered with



Protecting what's important to you since 1920.

We were there long before you knew the importance of sparkles and fairy costumes. Today, we can help you keep all of your children's fairy tales safe, sound and secure. We believe there's something to be said for common sense, honesty and being straightforward.

Clearly, you agree.

Thank you for rating Auto-Owners Insurance for the J.D. Power and Associates 2008 "Highest in Customer Satisfaction with the Auto Insurance Claims Experience."

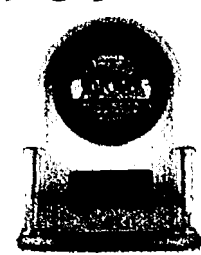
We are independent agents proudly representing Auto-Owners Insurance.

Auto-Owners Insurance

Safe. Sound. Secure.

Since 1916

Grayling
989 348-6761



RECYCLING SUGGESTIONS

School children always seem to be working on some kind of craft that utilizes toilet paper tubes. More often than not, adults tend to simply toss the old tube in the trash when they change the roll.

It turns out that empty toilet paper tubes have plenty of useful applications for adults, too.

For example, it can be handy to stuff a pair of clean socks in a tube. Then store the tube in your car or work place. If you happen to accidentally tread through some melting snow slush, you'll have a pair of dry socks on hand.

Toilet paper tubes are also easily transformed into little baskets. Simply wrap double-sided tape around the tube, then roll it on clothes or furniture to easily remove lint.

If you happen to have loose bits of yarn or string around, these tubes can be a handy storage device.

Simply wrap string around the tube before storing to keep it from getting tangled. This technique is especially useful for storing long pieces of ribbon, as it will keep the ribbon smooth and crease-free.

Lastly, these tubes have applications in the garden, too. They can be used in place of a pea pot. Fill the tube with potting soil, then place it in an empty bucket or container. Plant a seed in the tube and be sure to water it. When the plant sprouts, plant the seedling (tube and all) in the ground. The transplant is very easy and the tube will naturally rot away.

Have your own recycling suggestion? Share it with the community! Send an e-mail to comments@crawfordcountyavalanche.com or write to "Crawford County Avalanche," P.O. Box 490, Grayling, MI 49738. Look for a new recycling tip in next week's column.

Area Business Directory

For only \$3.85 per week

GeSable CONSTRUCTION

RESIDENTIAL & COMMERCIAL

2342 Industrial St.
Grayling Industrial Park
Grayling, MI

(989) 348-5477 FAX (989) 348-3232

ROWE PROFESSIONAL SERVICES COMPANY

403 Huron Street
Grayling, MI 49738
(989) 348-4036
www.ROWPSC.com

Large Firm Resources. Personal Attention...

MODULAR & MANUFACTURED HOMES

GRAYLING MFG. HOUSING

4474 M-72 WEST (EAST OF GRAYLING)

www.graylingmfghousing.net

FINANCING AVAILABLE

HALLETT HEATING & A/C

24 Hour Service

- Repair or replace most all Gas Fired Appliances & Oil Furnaces
- Michigan Licensed
- Family Business with Family Values

Scott & Michele Hallett
888-785-2647

Jack Millikin, Inc.
Excavating & Redi-Mix
Grayling, MI

Masonry Work,
Septic Installation,
Repair & Service-Sand-Gravel,
Topsoil-Brick Pavers,
Block & Insulated Poured Wall
Foundation

BIG WHEEL

Construction Service
Egress windows, stairs &
roofing, drywall, concrete.
"We do it all."

(989) 390-3900 (989) 348-7398

6440 Richard Rd., Grayling, MI
Owner Super Dave Reichelderfer

X COPY CENTER

SIGNS FOR YOUR JOBSITE
989-348-7872

Kernstock Builders
Quality Work for 35 years
Family Owned and Operated
Licensed & Insured
989-348-8945

Homes
Additions
Garages
Remodeling
Decks
Roofing

107 Kings Court
Grayling, MI 49738

Need a Housewatcher?

We will look after your seasonal or full time home all 4 seasons, 1 week or 52.

Reasonable Rates • Experienced
Satisfaction Assured

The "Housewatcher People"

J.T. Cochrane Construction

New Construction or Remodeling for your Northern home retreat.

Complete general contracting services for your individual project.

- Additions • Decks • Siding
- Garages • & more •

Custom design service available

(989) 348-8527
phone: (989) 348-9643
fax: (989) 348-9643
e-mail: cochranej@i2k.com

Signs & Banners

- Signs • Banners
- Lighted Message Board
- Rentals & Sales
- Fast Friendly Service AND FREE DELIVERY too!

Call Pete Kocenas
989 - 348 - 8627 or
1-800-848-1266
www.StealthheadsUSA.com

Residential • Insured • Interior
Commercial • Exterior

Hall's Painting

Drywall Repair, Textured Ceilings &
Walls, Powerwashing, Deck Refinishing

(989) 348-8169
Gary & Brenda Hall (810) 338-1399

M.J. BANKER, INC.
CUSTOM HOME & CABIN CHECK

Our inspection service can help you enjoy your time away.

Retired Law Enforcement
George (Bud) Banker

231-258-4445
www.BANKERINC.com

NAL'S MASONRY INC.
The Foundation Dreams Are Built On

MASONRY SERVICES
Block • Brick
Cultured Stone • Flatwork
Stamped Concrete
Poured Walls • Retaining Walls
Concrete Countertops
Decorative Concrete
Patios • Hearths & Mantels
EXCAVATING SERVICES

6811 M-93 S.
GRAYLING, MI 49738
HMCCT.com
(989) 348-8178
Fax: (989) 348-5096
Licensed & Insured

Thomas I. O'Brien Architect Inc.

307 North Fifth St.
Roscommon, MI 48653

989-275-3075

Barber Construction Inc.
Builder • Remodeler

Full Service Remodeling

2 Year Warranty

989-275-5703

Thomas S. Barber, C.A.P.S.
(Certified Aging-In-Place Specialist)

1210 Rough Ct.,
Roscommon, MI 48653

Member of The Lakes Home Builders Assoc.
And the National Assoc. of Home
Builders Remodelers Council -
barber@charterinternet.com

Jim's Well Drilling

Grayling, Michigan
4" Thru 8" Wells
Pump Sales & Service
PVC and Steel • Free Estimates
Established 1966 • State Lic. #2200

(989) 348-8788
Fax: (989) 348-4224

Beckett Contracting, Inc.

New Homes • Additions • Siding
Remodeling • Garages • Roofing

Licensed & Insured

P.O. Box 319, Roberts Rd.
Grayling, MI 49738

Phone 348-7237

Heating & Air Conditioning

NORTHERN MECHANICAL

- Sheet Metal Fabrication
- 27 Years Experience
- Insured
- Licensed Mechanical Contractor

Jeff Rose, Owner
989-348-6574

Put your business before over 8,000 readers and the Internet for \$100 for 6 months (\$3.85 per week)

Home Page Address:
crawfordcountyavalanche.com

Roscommon Cinema
Now Showing

SLUMDOG MILLIONAIRE
(R)
FRI-SAT-SUN
7 PM
CLOSED:
MON - WED - THURS
800 N. Main Roscommon
Off Exit 244
989-275-5959
WWW.ROSCOMMOVIES.COM

Student committee awards grant money to local programs

by Matt Seager
Staff Writer

Grayling High School (GHS) students recently played a part in delegating over \$1,000 in grant money to local programs.

The school's local Youth Advisory Council (YAC) was responsible for determining which programs would receive North Central Michigan Community Foundation (NCMCF) grant money that

had been earmarked for Crawford County.

"The students take the responsibility of dividing money among applicants very seriously," said YAC advisor Shelley Kammer-Paulus.

The grant money comes from local donations and a matching program from the NCMCF's Kellogg Youth Endowment Fund. All grant money from this program must be awarded to non-profit programs that benefit area youth.

YAC students began by assessing the needs of area youth. According to NCMCF representative Christine Bruske-Hitch, teen pregnancy is consistently identified as a top concern.

Following the needs assessment process, students personally interviewed local grant applicants. They awarded grant money to the programs that they felt would most affectively address the needs of local youth.

"The kids ... they really do a good job with it," Bruske-Hitch said.

Students awarded \$599.57 to the American Red Cross to provide "comfort kits" to children who fall victim to disasters in Crawford, Ogemaw and Oscoda counties. These kits include personal hygiene and toiletry items. Much of the nearly \$600 awarded to this program is earmarked specifically for Crawford County.

The Crawford AuSable School District was awarded \$200 to assist the Class of 2009 in purchasing a permanent gift for Grayling High School.

Another \$100 was awarded to the Crawford County Library System to support a youth literacy program called "Every Child Ready to Read @ Your Library."

The county's second largest benefactor was the

county probate court's J.U.S.T.I.C.E. program, which is designed to protect minors from sex crimes that involve the internet, cell phones or other forms of digital communications. J.U.S.T.I.C.E. stands for "Juveniles Understanding the Seriousness of Texting Internet Exchanges."

The program received a \$500 grant.

"It's to educate students on the seriousness that they should treat their communications," said program coordinator Tom Haskell.

"It will basically pay to bring this expert in the field ... to all sorts of community groups," Haskell said.

Haskell cautioned that sexual harassment over digital lines of communication is a growing problem that often results in criminal charges.

"They think it's a joke and it's funny, but it's no joke," Haskell said.

He added that he was

happy to see that YAC students take this threat seriously.


"I met with them approximately a month ago and gave them a presentation," Haskell said. "They demonstrated an understanding that this is an important problem that can impact them directly and their friends directly."

According to Kammer-Paulus, involvement in the grant process is a valuable learning experience for students.

"It stresses to students the importance of philanthropy within our own community," Kammer-Paulus said.

The YAC has other community involvement projects planned for the near future. They will also be awarding additional grant money at the end of the month.

"I'm really proud of their efforts," Kammer-Paulus said.


NEED RUBBER STAMPS?
Come see us at the
Crawford County Avalanche
Grayling's Home Town Newspaper Since 1879

Bleak economy catching up with property owners

Continued from 1A
taxes in 2007.

In other news, Wakeley said that the county is holding its own as it is facing an ever-changing financial market when it comes to the

money it invests to garner interest to cover county expenditures.

In 2008, the county earned \$69,984 in interest from general fund investments, down from \$90,410 in 2007. From Oct. 1, 2008, through Jan. 31, 2009, the county has earned \$8,742 on the same amount of money invested.

Under changes made by the Federal Deposit Insurance Corporation, governmental agencies only have insurance up to \$250,000 for money invested in Certificates of Deposit.

Wakeley is planning to invest funds from county coffers into a Certificate of Deposit Account Registry Service. Under the plan, the county will invest a large sum of money with a Michigan bank, which can then transfer the funds to banks in other states to ensure the maximum insurance for the money.

"You're still within the investment guidelines, because you're still dealing with a bank in Michigan and it's on their books,"

Wakeley said. "The stuff that's going on out there is totally bizarre."

The county will also keep funds in a NOW Checking Account (Negotiable Order of Withdrawal), a checking account which earns interest and where the county can write checks from the pool of money held on deposit.

The NOW Checking Account will draw less interest than a Certificate of Deposit, but allows more money to be deposited with a financial institution at less risk.

"The adage is that it's nice when you make money - you get a little applause if you do, but you really get talked about if you lose money," Wakeley said.

Finally, the county board opted to keep \$100,116 from land sale proceeds from the sale of foreclosed properties.

Under state law, counties can sell properties after the taxes have not been paid for three years to recover the taxes owed. In 2006, the county netted \$3,272 from its foreclosure sale. In 2007, the county received \$79,059

for foreclosures and \$27,785 in 2008.

Wakeley said the county had the option to transfer \$82,331 into its general fund to cover annual budget expenditures under state regulations. The remaining \$27,785 would have been held for potential claims or litigation with a person seeking to get their property back.

The county board opted to leave the money in the land sale proceeds account to use as a potential rainy day fund.

Wakeley said the county sends up to 10 notices regarding foreclosure to land owners and publishes a notice in the *Crawford County Avalanche* before foreclosure proceedings are finalized.

Wakeley said there are a number of properties eligible for foreclosure and the county has been trying to assist property owners who have hardships.

"Some of the people that we're concerned about haven't even talked to us - that's what bothers me," Wakeley said.

Card of Thanks

I would sincerely like to thank the kind soul who returned my pocketbook to the desk after finding it in


the grocery cart at Glen's during the Christmas holiday. Believe me, it made for a much happier Christmas.

Again, your kindness was greatly appreciated.

Connie Harvey

Welcome Terry Norman!
Don Nester Chevrolet, Chrysler, Dodge, Jeep of Houghton Lake is pleased to announce the addition of Sales Professional **Terry Norman**.

Don't let the evening news get you down. If you are in the market for a new or pre-owned vehicle. Please give me the opportunity to earn your business, with low intrust rates and great rebates, now is the time to buy.


*Salesman may not appear as pictured above.

Two Great Locations!

Don Nester
CHRYSLER DODGE Jeep

Roscommon/Houghton Lake, MI


424 E Federal Hwy Roscommon 800-550-5534 989-275-5105

7566 W. Houghton Lake Dr. Houghton Lake 800-235-7507 989-422-5126

Visit us on the web: www.nesterauto.com

Area Business Directory

Put your business before 8,000 readers and 100 advertisers every week!

ARMY NAVY PINEVIEW SURPLUS & SUPPLY

Dan & Chris Klatt
989-348-8300 Fax: 989-348-7955
Pineview Motel
7328 Old-27 North, Frederic, MI 49733

A.I. Security LLC
Locally Owned
Licensed & Insured
Routine Residential & Commercial Checks
Your Security Guard Needs

Mike Ingalls
344-0868

GRAYLING AREA Internet Services
Local Access!
as low as
 \$18.95 per month
1.888.282.4932


Licensed & Insured
ELECTRIC GINGERICH
Residential Commercial Industrial
Stand By Generators
Energy Management
Electrical Contractor
989-348-5355

WAS Technical Center
• Heating-equipment Selection
• Pipe Sizing & Selection
• Geothermal Heat-pump Selection
• Wind-turbine Selection
• Photovoltaic-panel selection
• Measurement & Calibration Services
• Energy-Audit Services
• Book-keeping Services
PO Box 391
Roscommon MI
989-348-4900

Sorenson Lockwood Funeral Home
Terrie L. Lockwood
Manager / Owner
* Cremation Options
* Monuments
* Markers
* Pre-Arranged Funerals
1108 North Down River Road
P.O. Box 602
Grayling, Michigan 49738
Phone: 989-348-2951
Fax: 989-348-4968
www.sorensonlockwood.com

Mark & Mary Kaye Severance, Owners
METAL ROOFING OUTLET
SALES • SUPPLIES • INSTALLATION
989-275-6900
522 N. 5th St. • Roscommon, MI
www.metal-shingles.com

JOE FRITCH JASON SMALL
FRITCH ELECTRIC INC. DBA
PRIMEY ELECTRIC
Electrical Contractors
P.O. Box 398
Grayling, Michigan 49738
Bus. (989) 348-6440
Fax (989) 348-4151


River House Shelter and Domestic Crisis Services
Educational/Support Group for Women
Dealing with Domestic Violence Issues
Offered by River House Shelter & Domestic Crisis Services
Please Call
1-888-554-3169 or 989-348-3169
P.O. Box 661, Grayling, MI 49738

Herbert Plumbing & Heating
Residential & Commercial
Plumbing • Heating • Mechanical
Service available 24 hours
Custom Sheet Metal Shop
Call for free estimates
989-348-4900
26 N. 1-75 Bus. Loop • Grayling
(1 mile N. of M-72 West light)

Grayling
Residential Commercial
Automations Generators Industrial
Licensed & Insured
Service You Can Trust
Pres. V.P. Mike Jaronewski (989) 350-7242
Cory Kivel (989) 350-7279
FAX: 1-810-433-1519
graytingelectric@yahoo.com

Dan's Plumbing & Service
Licensed Master Plumber
Licensed Mechanical Contractor
PLUMBING • HEATING • INSTALLATION
New Homes Boilers
Remodeling of Forced Air
Kitchen & Baths Repairs
Repair Free Estimates
Dan Wichert • 348-2539

American Storage
in Frederic & new location in Grayling
Now Leasing
Under New Management
Great Rates
800-225-0434
989-344-8034

GRAYLAKES SOFTWATER
Over 27 Years Experience
Reverse Osmosis Soft Delivery
FREE IN-HOME WATER ANALYSIS
SALES • SERVICE • RENTALS
DOES IT ALL
SOFTENS WATER
REMOVES RUST
REMOVES IRON
989-366-4843 • 888-744-7838
1828 N. W. HOUGHTON LAKE DR. HOUGHTON LAKE

Copy Center
989-348-7872
DON'T OUTSOURCE...
COME TO THE SOURCE!

AND SO MUCH MORE...

Local business relocates, adjusts to changing economy

by Matt Seager
Staff Writer

Sometimes, when times are tough, you just have to be tougher. This seems to be the motto of Dharma Records owners Diane Chamberlain and Allen Bondar, who recently made a big move in order to stay afloat in a struggling music industry.

Specifically, they moved their four-in-one music store, recording studio, teaching center and consignment shop from its former location on Michigan Avenue to the I-75 Business Loop across from the Marathon gas station.

Dharma Records had operated at the Michigan Avenue location for eight years. The old building is now for sale. The main reason for the move was to increase the business's visibility.

"People would come in out of the blue and say 'I didn't even know there was a music store in Grayling.' That was kind of discouraging," Chamberlain said.

The owners reported that over the last two years, their business hadn't even been breaking even.

"It was like, either we move, or we close," Bondar said.

In the two weeks since the business relocated, Bondar and Chamberlain have already reported an increase in traffic.

"Already I've had drive by customers that said 'we

were just passing through, we didn't know there was a music store here,'" Chamberlain said.

Chamberlain also believes the move will go a long way towards allowing the business to survive the upcoming major construction on the business loop.

"Certainly that will be an issue. But I think if people know we're here, they'll find a way to get here," she said. "I think if we were in the other location things would be worse."

For locals who are already familiar with Dharma Records, the new site features several major improvements.

"Everything is much more streamlined and more professional," Chamberlain said.

This is due largely to the fact that the new building is much larger. The consignment shop, called "Another Man's Treasure," is now clearly distinct from the music store.

"It's just so much easier and so much more organized," Chamberlain said.

The music store is also much larger and, in addition to instruments and supplies, now includes large displays of music from local artists.

"We will definitely try and beef up the inventory again," Chamberlain said.

There is a basic recording studio in the new location, called "Studio B," but the primary recording area is now at an outside location.

Perhaps the largest and



Diane Chamberlain (left) and Allen Bondar (right) recently relocated Dharma Records to the I-75 Business Loop across from the Marathon gas station. "We're trying to streamline things so it's less labor intensive and we can focus on more interesting things," Chamberlain said.

most noticeable improvement is the expanded student area, where aspiring musicians now have their own waiting room and more practice space.

"I love it. I've got windows," said music instructor Brian Ashton, who added that the new environment will make teaching much easier.

In the end, it's for the students and local professionals that Bondar and Chamberlain are trying to save Dharma Records.

"A lot of the local musicians depend on us being here," Chamberlain said.

There are currently 60 students taking lessons at the studio.

"The student traffic, for us, was the main reason we said we gotta stay open,"

Bondar said. "No one's offering this service anymore, and the ones that are, are quickly going under."

Chamberlain and Bondar are making efforts to turn their business into more of a community space, with a lounge area and a stage for public recitals or possibly small concert performances.

"They can come and hang out and check up on the most recent music scene," Chamberlain said.

Bondar and Chamberlain hope the improvements and change of scenery will be a win-win situation for both them and their customers.

"Basically, right now, the only way to get things going in the economy is to get more involvement," Bondar said.

Online tribute recounts warm memories

Continued from 1A
Gainesville, Fla., when the Bear Archery plant was closed in Grayling in 1978.

"What Mr. Bear expected from everyone in Michigan - he got - and that was perfection," Hatfield said.

Groner recalled helping to develop a latch system to assemble a bow that could

be folded up and carried in a backpack. Groner said Bear was always gracious to take input from employees on Bear Archery's new bows, including bows built for Bear's own usage.

"Even if we disagreed, I would tell him what I thought, but we never argued because he was the

one paying the wages," Groner said.

Al Reader, a North Haledon, N.J., resident, who has a huge collection of Bear Archery bows, is featured in the third video of the series. Reader has collected Bear Archery Kodiak bows from 1950 to 1976.

"The craftsmanship at

Bear Archery was constantly improving because they were always trying to do things better," Reader said.

The Fred Bear tribute video can be viewed at www.traditionalbowhunter-sjournal.com, located under the previous shows section of the web site.

Reverse Mortgage
SENIOR INDEPENDENCE, LLC
Reverse Mortgage Specialists
348-8253
JERRY G. GOSNELL
123 BLACK BEAR DRIVE
GRAYLING MICHIGAN
jerrygosnell@hotmail.com

ANTLER CREEK KENNELS
Pet Boarding & Grooming
Scott & Nancy Asman
1880 Ryno Rd (M-72)
Luzerne, MI 48636
989-826-6637

- NEW FACILITY
- IN FLOOR HEATING
- INDOOR/OUTDOOR RUNS 8'X15'
- COMPLETELY COVERED
- DOGS WALKED DAILY
- MULTIPLE DOG DISCOUNTS
- PICK-UP AVAILABLE
- CATS WELCOME TOO!

NORTHROP
TREE & CRANE SERVICE

<p>Tree Trimming, removal, Stump grinding, Lot clearing, and complete debris removal. Parking lot lights, antennas, signs, rooftops. Bucket truck rental with operator.</p>	<p>Commercial or residential use. Light to heavy duty, lift up to 5,000 lbs. Grapple large stumps, concrete, steel. Heavy debris & building demolition. Forklift, drywall or rooftop shingle delivery.</p>
<p>Crane rental with operator. 15 ton capacity with 100 foot boom. Truss, Beams. Rooftop heating & cooling units.</p>	<p>Roll-off container rental. 10, 15 and 20 yard containers. Use at construction sites. Big clean up projects.</p>

989-344-9197
Jerry Northrop Fully Insured
561 Killeen Trail, Grayling, MI 49738

Breast Pumps by medela
Now on Sale!

Take \$50 off selected models through April 30th!

See medela's affordable "Swing" pumping system!

VitalCare
Home Medical Equipment

829 W. Main Street,
in Glen's Alpine Plaza, Gaylord
1-800-342-7711

STORE HOURS
Mon-Fri, 8:30am-5pm
www.vitalcare.org

Business Directory

Access and the internet for only \$3.85 per week*

Gaylord Electric
Licensed & Insured

- Residential •
- Commercial •
- Industrial •
- Lighting Specialist •
- 24 Hour Service
- Lic. #0187894

5825 West Miller Rd
Lewiston, MI 49756
Office: 989-786-3885
Fax: 989-786-7885

Martin SCHILBE
TREE CARE
Certified Arborist • Fully Insured
Aerial Equipment • Tree Climbing
View Development • Tree Trimming
Tree Removal • Stump Grinding
FULLY INSURED • FREE ESTIMATES
989-821-8555 • 1-800-829-8555

Put your business before over 8,000 readers and the Internet for \$100 for 6 months (\$3.85 per week)
Home Page Address:
crawfordcountyavalanche.com

Todd Nye
Nye & Associates, PLLC
Attorney at Law
Grayling, MI
Toll Free: (866) 868-2142
Phone: (989) 414-2724
Fax: (989) 414-2785

HMI SPECIALTIES

- Concrete Hearths & Mantels • Epoxy Flooring • Kitchen & Bath Cabinets
- Cabinet Layout & Design • Cultured Stone • Real Stone Veneer • Field Stone
- Countertops: Concrete • Solid Surface • Granite • Engineered Stone • Laminate
- Snow Room • Free Estimates • Licensed & Insured

Quality Craftsmanship by Professional Designers, Craftsmen & Artisans
hmiect.com

Rick Grisham
Financial Advisor
307 Huron St. Suite 1
Grayling, MI 49738
989-342-8964
www.edwardjones.com
Member SIPC

Edward Jones

Michael A. DiPonte
Certified Public Accountant
Lela Margrothe
Grayling, Michigan 49738
(989) 348-1704
Accounting, tax and consulting services

Mark & Mary Kaye Severance - Owners
Northern Michigan Metal Roofing
STEEL SHINGLES Standing Seam
Free Estimates
Licensed & Insured
989-275-6900
522 N. 5th St., Roscommon, MI • www.metal-shingles.com

Northern Lawn & Homecare L.L.C.
Quality is #1 Satisfaction Guaranteed
Home Maintenance & Repair • Snowplowing
• Landscaping • Yard Cleanup • Lawn Care • Cabin & Home Watching • Power Washing • Irrigation & Complete Lawn Care
WE DO IT ALL
CALL CHARLIE BERTRAM FOR FREE ESTIMATE
989-348-5725, Cell: 989-390-0093
cjb12@verizon.net
Residential & Commercial Licensed & Insured • Senior Discounts

Put your business before over 8,000 readers and the Internet for This space \$200 for 6 months (\$7.69 per week) Home Page Address:
crawfordcountyavalanche.com

Grayling Hospital for Animals, P.C.
Dr. Paul W. Mesack
Dr. Troy Fairbanks
Dr. Nancy Martindale
Dr. Doug Ban Dkai
5806 West M-72
Grayling, Michigan 49738
AT ALL TIMES PH: 348-8622
HOURS: BY APPOINTMENT

Do you need a high quality, dependable care giver for you or your loved one?
Compassionate Care Home Health Services Inc.
Offers Nursing, Nursing Assistant, Companion & Live-In services from 2 to 24 hours per day
Offices in Gaylord, Alpena, Oscoda, West Branch and Midland
Please call toll free 1-877-308-1212 ...when only home will do, we can help

TREE AND CRANE SERVICE
Stump Grinding • Concrete or Wood
Seawall's • Landscaping
30 years experience Guaranteed Construction
Estimates Given & Insured
John Schilbe 989-275-5021 • 1-800-428-3019

Put your business before over 8,000 readers and the Internet for This space \$200 for 6 months (\$7.69 per week) Home Page Address:
crawfordcountyavalanche.com

Rick Wyskiel
Wants to be your Professional Service Technician. Bring in this Ad, ask for me, and receive 10% OFF parts & labor.
3433 W. M-55 • West Branch
East of I-75 • Exit 215
989-345-2571
1-800-341-HART(4278)

POLE BUILDINGS
Commercial, Farm, or Residential
20 years experience
Standing Seam Metal Roofing
Licensed & Insured
Free Estimates
J.W. Hageman Construction
(989) 348-1662 • Cell: (989) 619-6780
Grayling

Mike Lesko
Propane Sales & Service
Petroleum Marketers
Office: 989-348-7647
800-292-9295
113 Fig Street
Grayling, MI 49738

FOREST PRODUCTS
LARGEST INDUSTRIAL LUMBER PRODUCER IN THE LAKE STATES
We Buy Standing Timber With Supervised Cutting By Our Professional Foresters.
"A Forest Friendly Company"
Four Mile Rd. • P.O. BOX 629
Grayling, MI 49738
(989) 348-5412

SUPPORT GROUPS FOR Victims Of Domestic Violence
Emotional • Verbal
Sexual • Physical
Weekly groups available in Crawford and Ogemaw counties
for more information, Call River House Shelter
348-3169
COLLECT CALLS ACCEPTED

STUDENT SHOWCASE

Marie Lynch 2009

Family

My family consists of:
 Sharon-my mom
 Dave-my step dad to-be
 Heather-my eldest sister
 Rob-my brother in law
 Jon & Hayden-my nephews
 Nikki-my favorite sister
 Phil-my brother in law to-be
 Ethan-my real brother

Friends

I love hanging out with my friends. We love to go to the beach and just simply hang out together. Even though we might not get to see much of each other during the week-days, we always get together on the weekend.

Future

My future plans are to attend Grand Rapids Community College. I'll be renting a house with Miescha and Jenae.



Cayla Johnson
 GHS
 Reading for Pleasure
Marley and Me
 John Grogan

Marley and Me was a story of a family's adventures with an overpowering and loving dog named Marley. John and Jenny were newlyweds starting a life together. When Jenny decided that she was an inexperienced mother figure, she looked to the classifieds in search of an animal to adopt for the practice. Marley instantly became a part of the Grogan household, even though he was considered the "Worst Dog Ever." He was excessively energetic and craved love and affection. He tore up and left slobber over everything. Marley was there for John and Jenny when they first tried to start a family and there when it failed. He

was terrified of thunder storms and unbelievably strong. When John and Jenny tried enrolling him in to obedience school, he got expelled. Although Marley was a lot of work, the Grogan's wouldn't be the same without him. He had an obsessive adoration towards his owners and showed it by greeting them when they returned home every day by tackling and slobbering all over them. He loved his owners more than any other thing in the world, and John and Jenny loved him as if he were one of their own children.

I believe Marley and Me was an easy read. It was easy to get into and never had a dull moment. Marley's "Stunts" made this book have interesting twists. It did grab me in the first few pages because I love animals and this was all it was about. I did cry at towards

the end. It was not just a tear here or there; I full out cried. The storyline however wasn't unexpected. I knew what would happen, but you get attached just as John and Jenny had. My favorite character of the book would have to be John. He learned to overcome life's problems with the help and respect of his dog Marley. His life wouldn't have been as interesting without his pal and he wouldn't have learned to make the most out of every situation.

I did like how the book ended, but I would have changed it to have one of the children find a dog to learn the same lessons as John had. He learned quite a bit of knowledge by spending those thirteen years of his life with Marley. I think that eventually his children should learn the same lessons.

Hannah Smith
 GHS
 Book Review
Bel Canto

What exactly is the formula for an enthralling and captivating novel? Start with one South American country, stir in one high-profile birthday party, and combine with one world-renowned singer, one hostage crisis and two unusual but epic romances, and you've got *Bel Canto*, a thrilling and intense novel in which normal barriers—language, captor/hostage, and age—are all destroyed.

Bel canto is Italian for "beautiful song," and this book certainly lives up to the title. Not only does it include a singer with a captivating voice who sings beautiful songs, but the story itself is extremely enchanting.

Somewhere in South America, in a country destined to fall apart unless an outside country intercedes, a birthday celebration is taking place. This party, with over 100 guests in attendance, is thrown for Mr. Hosokawa, president of the company promising to help the small country out of its economic slump. His birthday present? The presence of world-renowned lyric soprano Roxanne Coss, whose voice could melt the heart of the cruelest criminal. As the night comes to an end, she will find she might have to do just that, for a large group of terrorists come flooding out of

the air conditioning vents.

Ann Patchett, the author, was inspired by the four month long Peruvian hostage crisis in 1996. Fourteen members of the Túpac Amaru Revolutionary Movement (MRTA) held hostage hundreds of high-level diplomats and politicians who were attending the 63rd birthday party of Japanese emperor Akihito. Six hundred people were initially taken hostage, but throughout the more than one hundred days of the crisis, all but seventy-two men were released. When Peruvian special forces stormed the mansion on the 126th day, one hostage, two commandos, and all 14 MRTA members were killed. One dissimilarity between the novel and the Peruvian hostage crisis is the character of Roxanne Coss, who was kept hostage in the novel, whereas no women were kept hostage in the real event. Patchett said she added Coss, the famous soprano, because she thought the crisis was operatic.

Patchett received both the Orange Prize for Fiction and the PEN/Faulkner Award in 2002 for *Bel Canto*. She is an American author who has written for *The Washington Post*, *The New York Times*, *ELLE*, *Vogue*, and many other publications. Patchett's other novels include *Run*, *The Patron Saint of Liars*, *Tuft* and *The Magician's Assistant*, which was considered a candidate for the

Orange Prize.

Bel Canto explores and pushes the boundaries of human sympathy, survival and romance. Before the hostage crisis, Katsumi Hosokawa, the president of a company in Japan, was a man with a family whose greatest passion was opera. Roxanne Coss was the diva of the stage, traveling from country to country, giving performances almost nightly, whose voice caused even the meanest criminal to feel sympathy and love. Though Hosokawa speaks only Japanese, and Coss only English, they fall in love through their shared love of beautiful music. While Carmen, a young woman who works for the terrorist organization holding the party hostage, should be feared by the hostages, a relationship develops between her and Gen Watanabe, the group's unofficial translator.

Bel Canto speaks to readers through its operatic view of a crisis situation, its hair-raising moments of violence and the view that love transcends language and lifestyle barriers. The novel displays passion in the face of death, the strangeness of a fate forced upon the hostages and the basic human impulse for civilization. Throughout the novel, the characters are constantly faced with their imminent rescue from a hostage situation from which they are not sure they wish to be saved.

Sponsored By:

The Medicine Shoppe

"Caring Beyond Prescriptions"

Michele Steffey, Pharmacist/Owner

- Corner drugstore atmosphere
- Personal attention, professional care
- Health care screenings

- Wellness programs
- Specializing in prescription and health related products

(989) 348-2000

500 N. James Street, Grayling, MI • M-F: 9:30 - 6 ~ Sat: 9:30-1

Visit our WebSite at www.medicineshoppe.com

AuSable Family Dental P.C.

Ralph Oppermann D.D.S.

Complete Dental Care For The Entire Family

- Dentures
- Extractions
- Bridges

- Root Canals
- Cleaning
- Fillings

- Crowns
- Whitening

234 Michigan Ave. (across from the post office)
 Grayling, MI 49738
 (989) 344-2525

About Me; Sara Trudgeon

Since December 20, 1992

Myself

It's quite obvious that it doesn't take much to entertain me. I was born in Clare, and lived in Gladwin until I was six. I have lived in Grayling ever since then. My birthday is December 20, and I'm 16 years-old. I like hanging out with my friends, driving, reading and listening to music. I cheerlead during football season and I absolutely love it, nothing can beat that feeling. I'm not sure what I'm going to do for a career when I finally decide to grow up, but I want it to be something that will make a difference in the world.

Family

I have a very large family. My dad Rene, my mom Kathy, little sisters, Josie and Dana. I also have two brothers, Calvin and Erik, who live in Colorado.

During Christmas break of 2008, my family along with two of my aunts, two uncles and six cousins went down to Ft. Myers, Fla., to spend Christmas and New Years with my grandparents. It was really fun to have all of our family together. We went to the beach, went to the mall and to a couple of flea markets.

Pets

I have two dogs. Gypsy is a Collie and Trixie is a chubby Jack Russell terrier mix. A couple of years ago for my mom's birthday, we bought her a cat from Petsmart during their annual adoption week. The cat's name is Lucky, he's three-years-old and he thinks he is a dog. My favorite cat is Harley, my Nana got her for me when I was about six. She's getting old and cranky, but I still love her.

Friends

My friends and I have more fun than I thought was humanly possible when we're together.

\$1.00 Off

Any Combo Meal or Garden Sensation Salad

Please present coupon before ordering. Limit one offer per coupon. One coupon per customer per visit. Not valid with any other offer.
 Bacon, cheese & tax extra when applicable.
 Grayling, Michigan Wendy's Only.
 Offer expires 04/17/09

"It's way better than fast food."

2141 S. I-75 Business Loop

Grayling

Chiefs outgun Vikings 71-46 in district semifinal game

Grayling's season ends with playoff loss at Cheboygan

by Caleb Casey
Senior Staff Writer

The Cheboygan Chiefs – playing in their home gym at Cheboygan High School – outgunned the Grayling Vikings 71-46 in a District 63-B tournament semifinal contest last Wednesday.

The Chiefs did most of their damage in the paint, scoring the majority of their points by working the ball inside or driving to the basket for lay-ups.

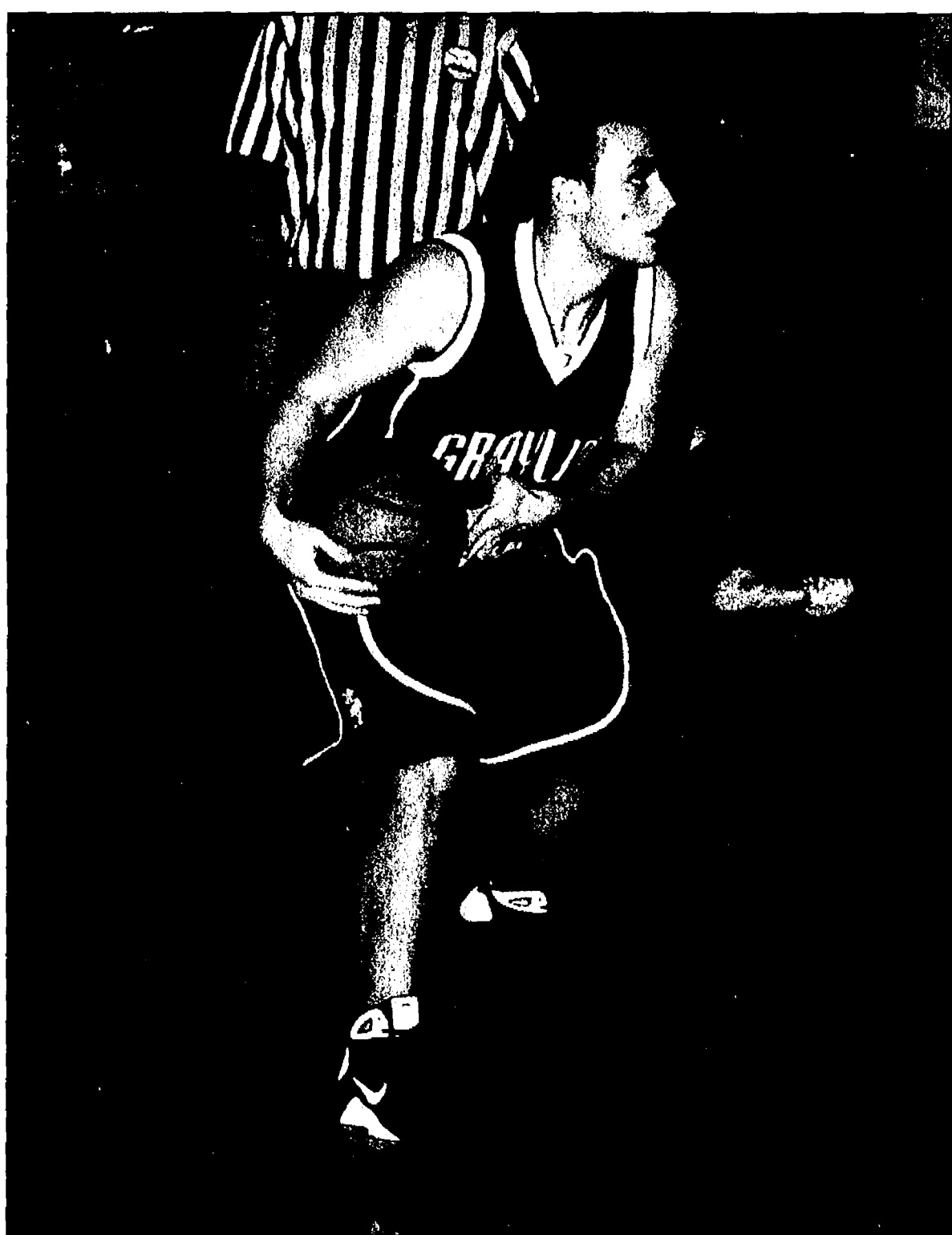
Cheboygan led 12-2 at the first quarter's 3:56 mark. Grayling scored the next four points with a lay-up by Colin Hamlin and two free throws by Eric Ferrigan. The Chiefs finished the period with an 8-1 run and led 20-9 going into the second quarter.

The Vikings opened the second period with nine unanswered points to get back

into the game. The series included (in order) an inside shot by Tyler Steffey, a jump shot by Trent Larm, a lay-up by Ferrigan, and a three-pointer by Hamlin. In the final three minutes of the quarter, Cheboygan outscored Grayling 10-2. The Chiefs had a 30-20 advantage at halftime.

Grayling started the third quarter with a lay-up by Ferrigan. Cheboygan scored the next two baskets to lead by 12. A three-pointer by Ferrigan cut Cheboygan's lead to nine. The Chiefs scored the next six points with three drives to the basket. In the final 2:40 of the third quarter, Cheboygan scored 13 unanswered points – including six with two three-pointers – to lead by 25, 53-28, going into the final eight minutes.

Both teams scored 18 points in the fourth quarter. See **CHIEFS OUTGUN** | 2B



Photos by Caleb Casey

Jacob Aubry, left, handles the ball for Grayling during a district semifinal game at Cheboygan on Wednesday night. Doug Gothro, right, draws a foul while attempting an inside shot vs. the Chiefs.

Grayling wrestlers finish outside medal range at state finals

Two wrestlers from Grayling High School – seniors Cody Collen (145) and Shane Grove (171) – competed at the Michigan High School Athletic Association's Division III individual state finals over the weekend. Both wrestlers finished outside of medal range (the

top eight).

Collen and Grove qualified for the state finals by placing in the top four at individual regionals. Collen placed third and Grove took fourth. Collen and Grove qualified for regionals by placing first and third, respectively, at

individual districts.

At the state finals, held on March 12-14 at the Palace of Auburn Hills, Collen lost a 3-2 decision vs. an opponent from Monroe Jefferson in his first bout of the tournament. Collen lost by pin vs. a Pontiac Notre Dame

Prep wrestler in his second match.

Grove lost by pin to an Allegan opponent – a wrestler that went on to place second in the 171-pound weight class – in his first match of the state finals. Grove lost an 11-4 decision vs. an Allendale opponent in his second bout.



State qualifiers Cody Collen, left, and Shane Grove, right, wrestle at individual regionals.

Eliminate High Heating Bills!



CLASSIC
Outdoor Wood Furnace
WINTER SALE
INSTANT REBATE
SAVE UP TO **\$2600**

Applied toward purchase with dealer's participation. For a limited time on select in-stock Central Boiler outdoor furnace models and ThermoPEX® insulated piping, at participating dealers only, see dealer for details.

Outdoor Wood Furnaces of Northern Michigan
Grayling, MI
(989) 348-7484

We also carry a full line of parts and supplies.

CentralBoiler.com

\$ Special of the Month!

5.97 Your Choice
Whole Supply Last!

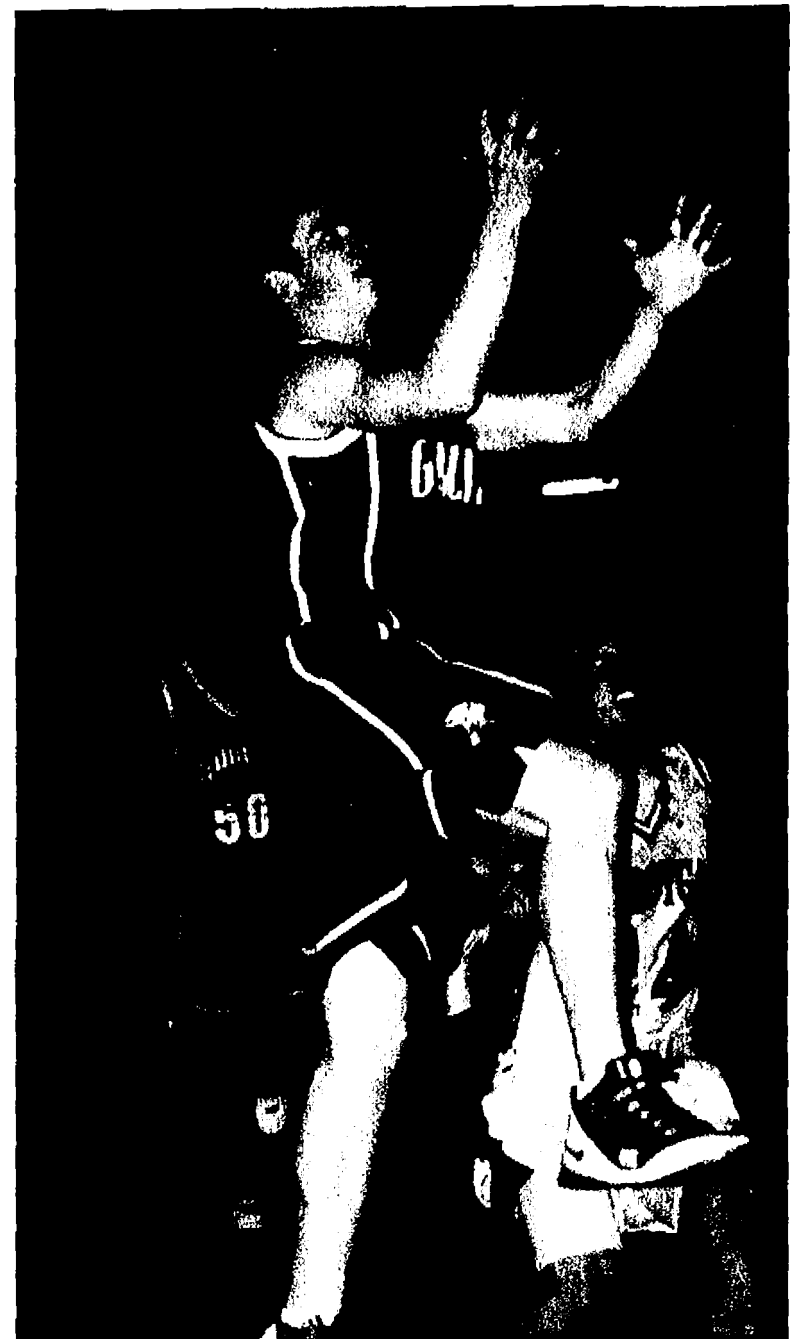
Long Handle Square or Round Shovel or Garden Hoe or Tine Weld Garden Rake
710537, 710608, 710671, 710662

DuBois Lumber and Rental Center
6593 West M-72 Hwy
Grayling, MI 49738
(989) 348-4831
(989) 348-9000

Store Hours: Monday - Friday 7 a.m. to 6 p.m.
Saturday - 8 a.m. to 4 p.m. • Sunday - 9 a.m. to 2 p.m.
Shop us Online @ www.duboislumber.doitbest.com

Whether you need letter-head, envelopes, business cards, wedding invitations, rubber and self-inking stamps, or raffle tickets - we've got you covered!

Contact the Avalanche at 989-348-6811.



Photos by Caleb Casey

Alex Gabriel, left, tips a loose ball on Wednesday night at Cheboygan. Eric Ferrigan, right, drives to the basket for a lay-up during Wednesday's playoff game vs. the Chiefs.

Chiefs outgun Vikings 71-46 in district semifinal game

Continued from 1B

quarter. Grayling scored its 18 points with (in order) a jump shot by Steffey, an inside shot by Hamlin, an inside shot by Spencer Dean, a drive by Hamlin, an inside shot by Steffey, two free throws by Alex Gabriel, two free throws by Jacob Aubry, and two lay-ups by Steven Enos. Cheboygan scored most of its fourth quarter points inside and added two more three-pointers down the stretch.

The Chiefs won by 25, 71-46.

Grayling's leading scorers were: Hamlin, 11 points, 3 assists, 3 rebounds; Ferrigan, 9 points, 2 steals; Enos, 7 points; Steffey, 6 points, 2 rebounds; Dean, 4 points, 7 rebounds; Gabriel, 4 points, 3 rebounds; Larm, 2 points, 4 rebounds, 3 assists; Aubry, 2 points, 2 assists.

Grayling (9-11) and Cheboygan (12-8) both drew first round byes in the

district tournament. In the other bracket, Elk Rapids (2-18) defeated Petoskey (13-7) 54-51 in overtime on Monday night to advance to the semifinals. Roscommon (18-2), which drew a first round bye, defeated Elk Rapids 65-48 on Wednesday.

In the District 63-B championship game on Friday night, Cheboygan edged Roscommon 61-58. The Chiefs advanced to the Region 16-B tournament. The Vikings finished

their 2008-2009 season with a 9-12 overall record (6-8 league, 0-1 playoff).

To check out more photos from this year's GHS boys basketball season, please visit the Crawford County Avalanche's Web site at www.crawfordcountyavalanche.com. Our Photo Archive contains color photographs, both published and unpublished, from more than 20 2008-2009 freshman, junior varsity, and varsity boys basketball games.



Check us out
crawfordcountyavalanche.com

Look for our web site partners online:

Don Nester
Roscommon/Roscommon Lake, MI
HONDA Jeep
CHRYSLER
www.nesterauto.com
www.nesterchevy.com

Sorenson-Lockwood Funeral Home Inc.
1108 North Down River Rd.
P.O. Box 602
Grayling, MI 49738
Phone: 989-348-2951
Fax: 989-348-4968
www.sorensonlockwood.com
Email: sorenson-lockwood@verizon.net

OTSEGO MEMORIAL HOSPITAL
989-731-1111

McLean's Hardware
1108 North Down River Rd.
Grayling, MI 49738
989-348-4011
• Gift Store
• Tuxedo Rental
• JCPenney Catalog Merchant

J. DAP CO.
118 MICHIGAN AVE.
GRAYLING, MI 49738
989-348-4011
• Gift Store
• Tuxedo Rental
• JCPenney Catalog Merchant

EA CORNELL AGENCY, INC. INSURANCE
P.O. Box 527,
201 Huron St.,
Grayling, MI 49738
Telephone:
(989) 348-6761

COLDWELL BANKER
COMMERCIAL REAL ESTATE
2323 I-75 Business Loop
(Milltown Plaza) • Grayling
989-348-6481
800-300-6653
www.callcoldwellbanker.com
www.coldwellbanker.com

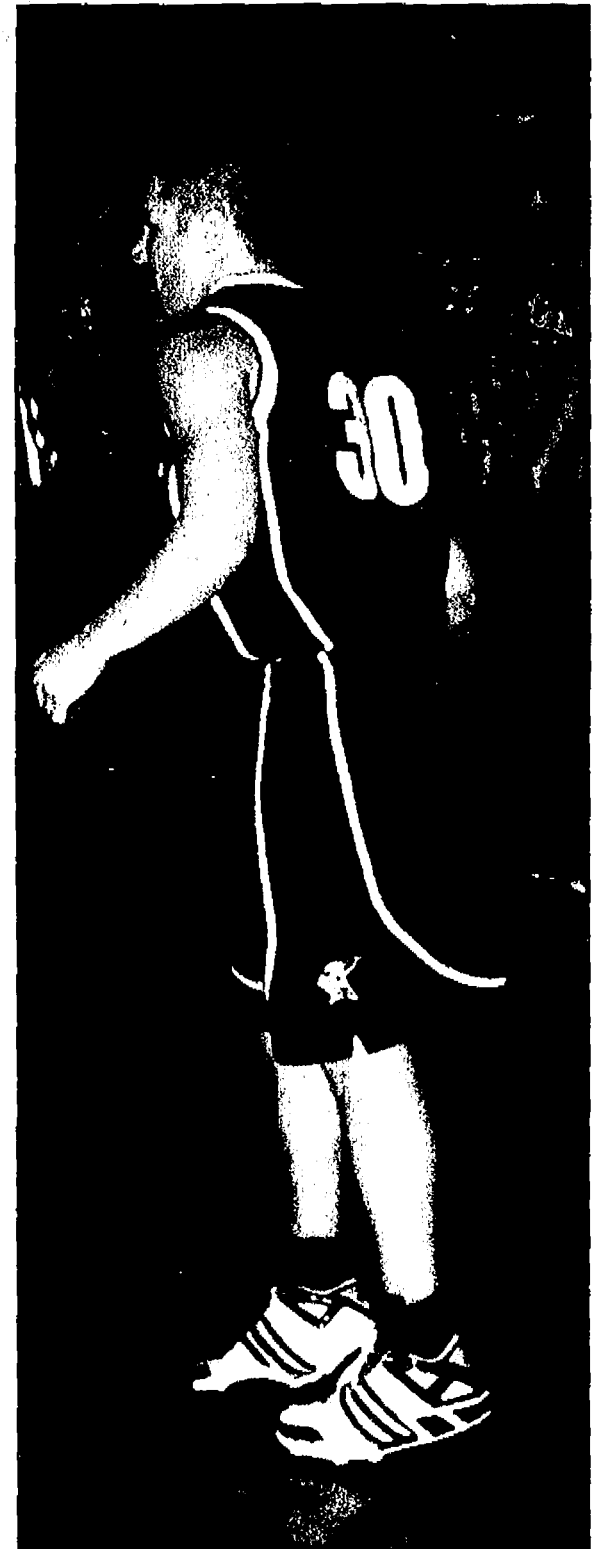
SCHEER MOTORS
US-27 North,
Grayling
989-348-5451
1-800-968-8848

The Medicine Shoppe & Pharmacy
"Caring Beyond Prescriptions."
Michelle Steffey, Pharmacist/Owner
500 N. James Street
Grayling, MI
M-F: 9:30-6 • Sat: 9:30-1
(989) 348-2000
www.medicineshoppe.com

Grayling Senior Center
It's Happening at the
Grayling Senior Center
Catch all the fun by calling
989-348-7123

To advertise your business online call the Crawford County Avalanche 989-348-6811

Grayling
Buying or Selling?
contact
Charlene Scheer
Broker/Owner
Listings/Practitioner
cell: 989-915-1556
charlene@grayling.net



Tyler Steffey, left, takes an inside shot for Grayling on Wednesday night at Cheboygan. Trent Larm, right, dribbles the ball for GHS.

'3 on 3' basketball tournament slated for April 25

Event open to boys and girls in grades 3-8

The Grayling Spirit Club "3 on 3" Tournament - an event open to boys and girls in grades 3-8 - will be held on Saturday, April 25, at Grayling Middle School and Grayling High School. Registration is now open.

The tournament will feature divisions for boys and girls - five in each for a total of 10 divisions. The oldest team member's grade determines division placement.

Each team is guaranteed two games. Referees will officiate each contest.

Cost to participate is \$45 per team (up to four players). Deadline for registration is

April 18.

Games begin at 9 a.m. on April 25. Medals will be awarded to the first and second place finishers in each division. A concession stand will be available during the tournament.

To get an entry form, contact Dianne Tobin at Grayling High School at 344-3506 or dtobin@casdk12.net.

Please make checks payable to "Grayling Spirit Club."

Official tournament rules are available on the Internet at www.casdk12.net/Basketball/Schedule.htm.

Kirtland Basketball

Women's - The 2008-09 season came to an abrupt end for the Kirtland Community College women's basketball team Friday, March 6.

The Firebirds, after posting the best regular season record in the program's nine-year history at 18-9, lost 92-67 in a first-round matchup at the National Junior College Athletic Association District "H" Women's Basketball Tournament to the tournament's host, the Owens Community College Express (18-12 overall).

Kirtland missed out at making the trip to the Michigan Community College Athletic Association's postseason tournament, despite tying St. Clair County Community College at 12-6 in Eastern Division play. The Firebirds finished fifth in the division standings after losing a tie-breaker to St. Clair, with only the top four teams advancing to

play in the league tournament.

Kirtland had hoped to make a postseason run in the NJCAA's Division II tournament. Poor shooting against Owens on Friday, however, stopped the run before it really even started.

Kirtland hit just 10 of 32 shots (31.3 percent) in the first half, falling behind the host Express 41-24 at the break. That included connecting on just 1 of 14 attempts (7.1 percent) from behind the three-point line.

"We had the shots," said Kirtland head coach Tom Ritter. "They just didn't go in."

The Firebirds shot somewhat better after the intermission, scoring 43 points on 13 of 38 (34.2 percent) shooting from the floor. Kirtland did well at the free-throw line, hitting 19 of 26 (72.7 percent) for the game.

But that wasn't enough, as Owens earned the win and advanced to a semifinal

matchup with Oakland Community College.

"Our shooting was off," Ritter added. "It didn't matter - inside or outside."

While the Firebirds struggled, the Express didn't. Owens connected on 53.1 percent (34 of 64) from the floor, including an impressive 42.1 percent (8 of 19) from behind the three-point arch.

But Friday's season-ending loss didn't tarnish an outstanding effort by sophomore guard Kaylon Leslie (Whittemore-Prescott). In her last game for the Firebirds, Leslie scored a team-high 29 points to go with five steals, three assists and one rebound.

Sophomore forward-center Whitney Bonham (Evart) was the only other Kirtland cager to tally double digits and had the team's only double-double, with 10 points and 10 rebounds.

Other contributors for

Kirtland (18-10 overall) included: Jo'ell Cruse (Inland Lakes/Indian River), 9 points, 2 steals, 1 board; Kassi McConnell (Clare), 7 points, 2 rebounds, 2 assists, 2 steals; Brooke Robinson (Standish-Sterling Central), 5 points, 2 rebounds, 2 assists, 2 steals; Katie Shea (Clare), 4 points, 3 boards; Joyana Englehart (Atlanta), 2 points and 2 rebounds; Indigo Szubelak (Fairview), 1 point, 1 rebound.

Sophomore guard Unique Lane (Xenia, Ohio) helped lead the Express with a game-high 31 points, 10 rebounds, three blocked shots and two assists.

For more information on Kirtland athletics, visit online at firebirds.kirtland.edu or call 989-275-5000, extension 385. Complete results for the NJCAA District "H" tournament may also be found online at <http://mccaa.org/disthwkbtballtoun.htm>.

Your Michigan home needs Michigan protection...

Thanks for making your home in our community. As Michigan's insurance company, we know Michigan homes and the hazards they face. We also know the kinds of discounts that help you save a lot of money on your home insurance. Call today.

Herb Olson

204 Ionia
Grayling
348-9456

www.HerbOlson.com

Cost-Effective Statewide Coverage



Michigan Press Association
827 N. Washington Ave.
Lansing, MI 48906-5199
Phone: 517.372.2424
Fax: 517.372.2429
MichiganPress.org
Mi-Dan@michiganpress.org

Place your 2x2 display ad and reach over 3.5 million readers for just \$999! Place a 25-word classified ad and reach over 4 million readers for just \$299! Contact this newspaper or Michigan Press Association.

DANGEROUS MED ALERT Acute Kidney Injury?

after a colonoscopy

Visicol and OsmoPrep now carry a black box warning issued by the FDA about the possible risk of ACUTE KIDNEY INJURY including Dialysis. If you or a loved one have taken Visicol or OsmoPrep before a colonoscopy and suffered serious kidney problems, call us to discuss your legal rights. We have professionals on staff to evaluate your potential claim.

The call and consultation are free. **1-800-253-5537**
Act now to preserve your legal rights. **Keller & Keller**

EAT FREE FOR A WEEK!

Lose Weight while enjoying delicious, freshly prepared meals delivered to your home anywhere in Michigan.

No Shopping • No Cooking • No Problem!
We do all the work. All you do is eat.

3 meals a day. 7 days a week.
Low calorie • Low fat • Great taste!
Healthy, Fresh and Delicious.

* Order 4 weeks and get a 5th week FREE!
Limited time offer. Call for details.



Call Now!
1-888-MEALS-21
www.seattlesutton.com

Bowling Leagues

Friday Mixed Doubles

Fred's of Rosco... 57 - 27
Last Call... 50 - 34
McDonald's... 45 - 39
Legion... 43.5 - 40.5
Double Trouble... 40 - 44
L & L Hauling... 39.5 - 44.5
Canadian Steak... 39 - 45
Miller Spillers... 22 - 62
High Series Women: S. Johnson, 522; C. Brannan, 506; D. Periard, 474. High Game Women: C. Brannan, 196; K. Moshier, 191; S. Johnson, 180. High Series Men: P. Benardo, 623; D. Wallace, 586; S. Pittman, 579. High Game Men: P. Benardo, 248; D. Wallace, 222; S. Pittman, 219.

Thursday Morning Coffee
Bill's Harlem... 23.5 - 12.5
Misfits... 22 - 14
Three Amigos... 21.5 - 14.5
Rosebuds... 20 - 16
Pin Slayers... 17.5 - 18.5
Snow Tops... 14.5 - 21.5
Ladybugs... 14 - 22
Casino Bums... 11 - 25
High Series Women: N. Glasslee, 507; I. Cosgray, 466; H. Stairs, 456. High Game Women: N. Glasslee, 196; H. Stairs, 187; I. Cosgray, 172. High Series Men: B. Hollis, 563; P. Faustman, 525; M. Brown, 504. High Game Men: B. Hollis, 247; M. Brown, 188; P. Faustman, 179.

Sunday Mixed Doubles
Team Shocker... 64 - 13
Spikes #2... 50 - 27
Salon Rue... 46 - 31
Hard Balls... 40 - 37
Spikes #1... 38 - 39
Growlers... 28 - 49
AJD... 22 - 55
GrayRock Cafe... 20 - 57
High Series Men: J. Thayer, 627; T. Sheldon, 576; D. Ray, 575. High Game Men: J. Thayer, 225; D. Ray, 214; D. Kichoff, 197. High Series Women: A. Ray, 507; C. Sheldon, 485; L. McKee, 448. High Game Women: A. Ray, 187; L. Mead, 171; C. Sheldon, 170.

Senior League
Dana Transport... 29 - 15
Gaylord Electric... 26 - 18
Spikes... 26 - 18
Flowers By Josie... 24 - 20
Bear's Den Pizza... 22 - 22
Kicking Grass... 18 - 26
Sylvester's Sports... 17 - 27
Lone Pine... 14 - 30
High Series Women: C. Clark, 522; I. Cosgray, 508; H. Stairs, 415. High Game Women: I. Cosgray, 202; C. Clark, 198; I. Cosgray, 171. High Series Men: P. Faustman, 582; B. Hollis,

544; K. Harris, 534. High Game Men: P. Faustman, 216; K. Harris, 213; P. Faustman, 201.

Recreation League

TNT Charter... 24 - 16
GMH-NCC... 22 - 18
Woody Girls... 22 - 18
Robin Smith CPA... 21 - 19
Legion... 20.5 - 19.5
Days Inn... 20 - 20
Glen's Market... 17 - 23
Nursing Center... 13.5 - 26.5
High Series: K. Wheeler, 533; S. Johnson, 498; L. Hanson, 489. High Game: K. Wheeler, 204; S. Rozenek, 197.

Pioneer League

Grayling Rest... 32 - 12
Eagles Nest... 28 - 16
Legion... 26.5 - 17.5
Ole Dam... 25.5 - 18.5
T.C. Lawncare... 19 - 25
5 B's... 18 - 26
Ball Busters... 16 - 28
Tim's Collision... 11 - 33
High Series: C. Wyatt, 584; S. Johnson, 551; A. Nygard, 531. High Game: S. Johnson, 233; C. Wyatt, 214; A. Nygard, 209.

National First

GADCO... 37 - 19
Pittman Bld... 33 - 23
Continental Rental... 30 - 26
Hagerman Const... 29 - 27

Primary Electric... 24 - 32
High Series: R. Dent, 605; C. Brill, 596; J. Thayer, 595. High Game: J. Thayer, 221; D. Lawe and R. Dent, 213.

American Men's League
Moore's Auto... 28 - 7
McLean's Ace... 26 - 9
Sky Ripper... 26 - 9
GADCO... 23 - 12
McNamara Ford... 12 - 23
Dragon Repair... 12 - 23
Fenton's Auto... 11 - 24
High Series: P. Benardo, 602; M. Forbes, 591; T. Sheldon, 589. High Game: M. Forbes, 227; R. Boonie, 226; M. Barr, 221.

If you've always wished that you could enjoy the same lower rates and higher dividends as our 33,000 members,

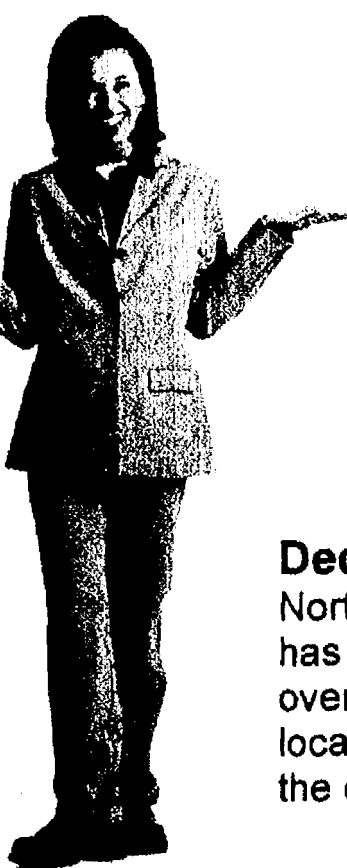
you can!

Almost anyone can join.

If you live work, worship or attend school in Alcona, Roscommon, Crawford, Iosco, Oscoda, Ogemaw, and Northern Arenac County, or have a relative who is a member of NAFCU you are eligible to join!

Better loan rates and higher dividends.

As a not-for-profit cooperative, we are able to offer you lower rates on mortgages, auto and personal loans.



It's easy to join!

Call, click or visit any of our 13 locations. Within a few minutes, you could be realizing the benefits of credit union membership. A member savings account is opened with only a minimum of \$5.00

Dedicated to Community.

Northland Area Federal Credit Union has been serving area residents for over 50 years. As a member-owned, local institution, we are committed to the communities that we live in.



800-336-2328

www.northlandcu.com

\$20

Open a Northland Checking Account along with a Debit Card, Home Banking or C.O.R.A. and one of the following: Certificate, any Loan, Money Market or Visa And receive \$20.00!

Bring this coupon into any Northland location today and we'll deposit \$20.00 into your new Northland Checking Account! With a Northland Checking Account you'll enjoy all the benefits of:

- NO MONTHLY SERVICE CHARGE!
- NO MINIMUM BALANCE!
- FREE OUTLINE BANKING!

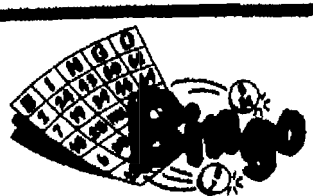


Northland
Area Federal Credit Union

Not valid on existing accounts. Account must remain open a minimum of 6 months. Early closure of the account will result in forfeiture of this \$20 deposit. Must qualify for membership and open a \$5.00 share account. Offer expires May 31, 2009. The \$20 incentive is considered interest earned and will produce a 1099 tax document.

AV

\$20



Grayling Eagles
Auxiliary #3465

Legal Action

STATE OF MICHIGAN 46TH JUDICIAL CIRCUIT COURT - FAMILY DIVISION CRAWFORD COUNTY NOTICE TO PUTATIVE FATHER

CASE NO. 07-3557-NA
PETITION NO. 01
In the matter of Amelia Wood,
DOB: 11/27/2006

TO: "Unknown Father"

Amelia Wood was born on 11/27/2006 at West Branch Regional Medical Center in West Branch, Michigan

The mother of the child is Brie Judge

A petition requesting the court to take jurisdiction of this child has been filed with this court.

The court has received information that you may be the natural father of the child.

You must appear at Crawford County Courthouse, Grayling, MI on 4/09/2009 at 9:00 a.m. to state your interest, if any, in the child.

Your failure to appear at this hearing: a) is a denial of your interest in the child, b) is a waiver of notice for all subsequent hearings, c) is a waiver of a right to appointment of an attorney, and d) could result in termination of whatever rights you may have to the child.

03/09/2009

-19

NOTICE OF HEARING AND NOTICE TO APPEAR

TO: TOSHIA BUTTS
IN THE MATTER OF: NOAH HELSEL, DOB: 08/09/2001;
MAKENZIE HELSEL, DOB: 10/24/2002; LEVI HELSEL, DOB: 05/30/2005

CASE NO. 09-3717-NA
DATE OF HEARING:
04/09/2009, TIME OF HEARING: 1:15 p.m.

LOCATION: 46th Circuit Trial Court - Crawford County 200 W. Michigan Ave., Grayling, MI 49738

Toshia Butts is hereby advised that there will be a trial to determine whether or not the court will take jurisdiction over minor children, Noah Helsel, Makenzie Helsel, and Levi Helsel. Further, Toshia Butts is advised that she has a right to an attorney, and a right to a trial, by a Judge or by Jury. Additionally, Toshia Butts is advised that this hearing could result in the termination of her parental rights over said minor children.

-19

SYNOPSIS SOUTH BRANCH TOWNSHIP March 10, 2009 Regular Board Meeting Unapproved

Meeting called to order at 7:00 p.m.
Attending: Luck, Kozlowski, George, Janisse and Musselman.
Absent: None.
Pledge of Allegiance.
Public Comment: None.

Motion by Janisse, and seconded by Luck, to accept agenda as presented. Ayes: All. Nays: None. Motion passed.

Motion by Musselman, and seconded by Janisse, to accept consent agenda, February Regular Meeting Minutes, bills and invoices paid, and projected bills for March, and the Treasurer's Report as presented. Ayes: All. Nays: None. Motion passed.

Motion by Musselman, and seconded by Janisse, to approve the following purchases by the Fire/EMS Dept., 800 MHZ Radio at \$1,192.18, Scab Bottle at \$385.00, and ITM Training for four members at \$680.00. Ayes: Four. Nays: One. Motion passed.

Motion by Kozlowski, and seconded by Luck, to approve the South Branch Township Fire & EMS Ambulance Signature Form for use by Fire/EMS. Ayes: All. Nays: None. Motion passed.

Motion by Janisse, and seconded by Musselman, for the Chief to apply for the DNR Wildfire Protection Plan Grant with the stipulation that there be no cost incurred by the township. Ayes: Four. Nays: One. Motion passed.

Motion by Kozlowski, and seconded by Janisse, to accept the application of Dennis McDonald to the Fire/EMS Dept., pending his pass-

ing the required physical. Ayes: Four. Nays: One. Motion passed.

Motion by Luck, and seconded by George, to forward South Branch Township Ordinance No.9 & 9A to the attorney for review. Ayes: Four. Nays: One. Motion passed.

Motion by Luck, and seconded by Kozlowski, to accept the proposal from M.C. Planning & Design for work to be done on the Zoning Ordinance and to pay invoice in the amount of \$620.00 from them. Ayes: All. Nays: None. Motion passed.

Motion by Luck, and seconded by Kozlowski, to approve the appointment of M. Gurtow to the Planning Commission for a three year term. Ayes: All. Nays: None. Motion passed.

Motion by Luck, and seconded by Musselman, to approve the re-appointment of Todd Jansen and Rich Schoenfeld to the Z.B.A. for another three year term. Ayes: All. Nays: None. Motion passed.

Motion by Kozlowski, and seconded by Luck, to approve appointment of an alternate member to serve on the Z.B.A. Ayes: All. Nays: None. Motion passed.

Motion by Janisse, and seconded by Luck, to approve the invoice from the attorney in the amount of \$724.00. Ayes: All. Nays: None. Motion passed.

Motion by Janisse, and seconded by Luck, to adopt by resolution the amendments to the 2008/2009 Budget as presented. Roll call vote: Janisse - Aye, Musselman - Aye, Luck - Aye, Kozlowski - Aye, George - Aye. Ayes: All. Nays: None. Motion passed.

Motion by Luck, and seconded by Kozlowski, to adopt by resolution the South Branch Township General Appropriations Act, the Annual Meeting Schedule for 2009 - 10, the designated depositories for Township funds, and the Wages and Salaries for 2000-10 as presented. Roll call vote: George - Aye, Kozlowski - Aye, Luck - Aye, Musselman - Aye, Janisse - Aye. Ayes: All. Nays: None. Motion passed.

Motion by Luck, and seconded by Janisse, to approve payment of invoices from Burnham & Flower for the South Branch Township Group Pension Plan in the amount of \$14,631.95 and \$207.29 for plan year 2009. Ayes: All. Nays: None. Motion passed.

Motion by Kozlowski, and seconded by Musselman, to authorize the Treasurer to collect the 2009 Summer Taxes for Gerrish Higgins Schools at a cost of \$2.40 per parcel.

Motion by Luck, and seconded by George, to approve for payment to invoice in the amount of \$16,256.00 from the Municipal Underwriters of Michigan for insurance coverage for 2009/2010.

Meeting adjourned at 9:12 p.m.

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Barbara R. Backer, an Unmarried Woman, By Brenda L. Mackinnon, Attorney In Fact, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated February 1, 2007, and recorded on March 7, 2007 in Liber 685 on Page 595, and modified by Affidavit or Order received by and recorded, in Crawford county records, Michigan, and assigned by said Mortgagee to Chase Home Finance LLC as assignee, on which mortgage there is claimed to be due at the date hereof the sum of Sixty-Three Thousand One Hundred Twenty-One And 22/100 Dollars (\$63,121.22), including interest at 6.875% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 8, 2009. Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: The Southwest 1/4 of the Northeast 1/4 of section 26, Town 28 North, Range 4 West, lying West of the old Deward Railroad Right-of-way line, except the South 400 feet and except the North 520 feet thereof. Also: Beginning at a point 200 feet North of the Southwest corner of the South 1/2 of the Northeast 1/4 of section 26, Town 28 North, Range 4 West, for a point of beginning; thence East 300 feet to the New York Central Railroad right-of-way; thence North 200 feet; thence West 300 feet; thence South 200 feet to the point of Beginning. The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC F 248.593.1313
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #249668F01

-5-12-19-26

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Joseph W. Benedetti and Eva B. Benedetti, Husband and Wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated November 2, 2002, and recorded on November 13, 2002 in Liber 607 on Page 186, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Eighty-Two Thousand Four Hundred Forty-Two And 42/100 Dollars (\$82,442.42), including interest at 6.5% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 8, 2009. Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: The Southwest 1/4 of the Northeast 1/4 of section 26, Town 28 North, Range 4 West, lying West of the old Deward Railroad Right-of-way line, except the South 400 feet and except the North 520 feet thereof. Also: Beginning at a point 200 feet North of the Southwest corner of the South 1/2 of the Northeast 1/4 of section 26, Town 28 North, Range 4 West, for a point of beginning; thence East 300 feet to the New York Central Railroad right-of-way; thence North 200 feet; thence West 300 feet; thence South 200 feet to the point of Beginning. The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC F 248.593.1313
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #249668F01

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by James L. Carmean and Donna A. Carmean husband and wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated April 26, 2006, and recorded on May 4, 2006 in Liber 681 on Page 339, in Crawford county records, Michigan, and assigned by said Mortgagee to Chase Home Finance LLC as assignee, on which mortgage there is claimed to be due at the date hereof the sum of Fifty-Eight Thousand Six Hundred Forty-Six And 71/100 Dollars (\$58,646.71), including interest at 6.57% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 8, 2009. Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: Lot 11, Block 2, Hadleys Third Addition to the Village (now city) of Grayling, Crawford County, Michigan, according to the recorded plat thereof as recorded in Liber 01, Page 13, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC S 248.593.1304
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #248888F01

-5-12-19-26

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Lynn Ellen Cash aka Lynn E. Cash, trustee of the Lynn Ellen Cash Revocable Living Trust, dated February 8th 2000, original mortgagor(s), to Fifth Third Bank, Mortgagee, dated March 30, 2007, and recorded on April 27, 2007 in Liber 686 on Page 686, in Crawford county records, Michigan, and assigned by said Mortgagee to Fifth Third Mortgage Company as assignee, on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Twenty-Five Thousand Six Hundred Forty-Four And 69/100 Dollars (\$125,644.69), including interest at 7.32% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 8, 2009. Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: Lots 5, 6, 7, 8 and 21, Block 1, Oak Hill Park, Township of Grayling, Crawford County, Michigan, according to the plat thereof as recorded in Liber 01 of Plats, Page 27 Crawford County Records

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC J 248.593.1311
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #248538F01

-5-12-19-26

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Gary Isenhauer, A Married Man and Galch Isenhauer, His Wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated August 21, 2007, and recorded on August 29, 2007 in Liber 688 on Page 316, in Crawford county records, Michigan, and assigned by said Mortgagee to MidFirst Bank as assignee, on which mortgage there is claimed to be due at the date hereof the sum of Seventy-Three Thousand Two Hundred Thirty-Nine And 67/100 Dollars (\$73,239.67), including interest at 7% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 15, 2009. Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: Lot 4, Block 22, of original plat of the village (now city) of Grayling, Crawford County, Michigan, according to the plat thereof, recorded in Liber 01 of Plats, Page 02, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC L 248.593.1312
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #251330F01

-5-12-19-26

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Gary Isenhauer, A Married Man and Galch Isenhauer, His Wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated August 21, 2007, and recorded on August 29, 2007 in Liber 688 on Page 316, in Crawford county records, Michigan, and assigned by said Mortgagee to MidFirst Bank as assignee, on which mortgage there is claimed to be due at the date hereof the sum of Seventy-Three Thousand Two Hundred Thirty-Nine And 67/100 Dollars (\$73,239.67), including interest at 7% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 15, 2009. Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: Lot 4, Block 22, of original plat of the village (now city) of Grayling, Crawford County, Michigan, according to the plat thereof, recorded in Liber 01 of Plats, Page 02, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 12, 2009
For more information, please call: FC L 248.593.1312
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #251330F01

-12-19-26-2

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Lynn Ellen Cash aka Lynn E. Cash, trustee of the Lynn Ellen Cash Revocable Living Trust, dated February 8th 2000, original mortgagor(s), to Fifth Third Bank, Mortgagee, dated March 30, 2007, and recorded on April 27, 2007 in Liber 686 on Page 686, in Crawford county records, Michigan, and assigned by said Mortgagee to Fifth Third Mortgage Company as assignee, on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Twenty-Five Thousand Six Hundred Forty-Four And 69/100 Dollars (\$125,644.69), including interest at 7.32% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 8, 2009. Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: Lots 5, 6, 7, 8 and 21, Block 1, Oak Hill Park, Township of Grayling, Crawford County, Michigan, according to the plat thereof as recorded in Liber 01 of Plats, Page 27 Crawford County Records

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 12, 2009
For more information, please call: FC L 248.593.1312
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #251330F01

-12-19-26-2

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Lynn Ellen Cash aka Lynn E. Cash, trustee of the Lynn Ellen Cash Revocable Living Trust, dated February 8th 2000, original mortgagor(s), to Fifth Third Bank, Mortgagee, dated March 30, 2007, and recorded on April 27, 2007 in Liber 686 on Page 686, in Crawford county records, Michigan, and assigned by said Mortgagee to Fifth Third Mortgage Company as assignee, on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Twenty-Five Thousand Six Hundred Forty-Four And 69/100 Dollars (\$125,644.69), including interest at 7.32% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 8, 2009. Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: Lots 5, 6, 7, 8 and 21, Block 1, Oak Hill Park, Township of Grayling, Crawford County, Michigan, according to the plat thereof as recorded in Liber 01 of Plats, Page 27 Crawford County Records

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC J 248.593.1311
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #248538F01

-5-12-19-26

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Gary Isenhauer, A Married Man and Galch Isenhauer, His Wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated August 21, 2007, and recorded on August 29, 2007 in Liber 688 on Page 316, in Crawford county records, Michigan, and assigned by said Mortgagee to MidFirst Bank as assignee, on which mortgage there is claimed to be due at the date hereof the sum of Seventy-Three Thousand Two Hundred Thirty-Nine And 67/100 Dollars (\$73,239.67), including interest at 7% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 15, 2009. Said premises are situated in City of Grayling, Crawford County, Michigan, and are described as: Lot 4, Block 22, of original plat of the village (now city) of Grayling, Crawford County, Michigan, according to the plat thereof, recorded in Liber 01 of Plats, Page 02, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
For more information, please call: FC L 248.593.1312
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway, Suite 200
Farmington Hills, Michigan 48334-2525
File #251330F01

LECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTENTION PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In the event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

Default having been made in the terms and conditions of a Mortgage made by SCOTT M. VANDECAS-TEELE and DEBORAH R. VANDECAS-TEELE as Mortgagors, to NORTHLAND AREA FEDERAL CREDIT UNION as Mortgagee, which mortgage is dated November 10, 2006, and recorded in the Office of the Register of Deeds for Crawford County, Michigan, on December 6, 2006, in Liber 684 at Page 445, and upon which Mortgage is claimed to be due on the date of this notice the sum of \$120,405.97, and no suit or proceedings at law or equity having been instituted to recover the debt secured by said Mortgage, or any part thereof;

NOW, THEREFORE, by virtue of a power of sale contained in said Mortgage, and pursuant to the Statute of the State of Michigan in such case made and provided, notice is hereby given that on Wednesday, May 6, 2009, at 10 a.m., at the main entrance to the Crawford County Courthouse, 200 West Michigan Avenue in the City of Grayling, Michigan, that being the place for holding Circuit Court for the County of Crawford, said mortgage will be foreclosed by a sale at public auction, to the highest bidder, for the purpose of satisfying the amount due and unpaid upon said mortgage, with the interest thereon at 6.99 percent per annum, together with legal costs, charges and expenses of sale, including applicable attorney fees, and also any taxes and insurance which may be paid by the mortgagee on or before the date of said sale which may be necessary to protect its interest in the premises. The land and premises in said mortgage, being situated in the Township of Grayling, County of Crawford, State of Michigan, and described as follows:

The West 460 feet of the North 1/2 of the North 1/2 of the South 1/2 of the Southeast 1/4 of the Northeast 1/4 of Section 8, Town 26 North, Range 2 West, Excepting 33 feet off the West side to be used for road right-of-way.

The redemption period shall be one year from the date of such sale, unless the premises are determined abandoned in accordance with MCLA 600.3241(a), in which case the redemption period shall be 30 days from the date of such sale.

DATED: March 5, 2009
Paul E. Wenzloff (P27662)
Attorney For Mortgagee
903 N. Jackson Street
Bay City, MI 48708
(989) 893-9511

-19-26-2-9

Notice of Public Hearing 2009 Economic Stimulus Project

The Crawford County Road Commission in conjunction with the Crawford County Transit Authority and the City of Grayling will be holding a Public Hearing March 19, 2009 @ 10:00 a.m.

Meeting location shall be at the Crawford County Road Commission office in the Grayling office located at 500 Huron Street, P.O. Box 648, Grayling, MI 49738-00648.

Purpose for the public hearing is to seek public comment on

Legal Action

NOTICE OF MORTGAGE FORECLOSURE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Jerry L. McQueen, single man and Marti E. Wesley, single woman, as joint tenants with full rights of survivorship, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated August 19, 2005, and recorded on September 16, 2005 in Liber 677 on Page 488, in Crawford County records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Seventy-Eight Thousand Nine Hundred Ninety-Four And 29/100 Dollars (\$178,994.29), including interest at 9.875% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public venue, at the place of holding the circuit court within Crawford County, at 10:00 AM, on April 1, 2009.

Said premises are situated in Township of Frederic, Crawford County, Michigan, and are described as: Parcel 14: Part of the Southeast 1/4 of Section 35 and part of the West 1/2 of Section 36, Town 27 North, Range 4 West, and beginning at a point on the West right-of-way line of New York Central Railroad distance South 88 degrees 24 minutes East along the South line of said Section 36, a distance of 1561.80 feet and North 6 degrees 59 minutes 20 seconds West 3100.16 feet from the Southwest corner of said Section 36; thence South 55 degrees 35 minutes 55 seconds West, 2130.04 feet; thence South 57 degrees 08 minutes 24 seconds West, 442.92 feet to point of traverse along the Easterly shore of the AuSable River, said point later referred to as first mentioned point in said traverse, thence continuing South 57 degrees 08 minutes 24 seconds West, 38 feet to said Easterly shore; thence Northwesterly along said shore line 210 feet, more or less, to a point; thence North 59 degrees 10 minutes East, 54 feet to a point of traverse, said point located North 8 degrees 05 minutes West 135.55 feet and North 50 degrees 20 minutes West, 89.03 feet from first mentioned point in said traverse; thence continuing North 59 degrees 10 minutes East, 439.17 feet; thence North 57 degrees 16 minutes 59 seconds East, 2166.15 feet; thence South 6 degrees 59 minutes 20 seconds East, 144.22 feet to the Point of Beginning.

Together with and subject to a 66 foot wide easement for ingress and egress to be used in common with others, Westerly line of said easement described as: Beginning at a point on the South line of said Section 36 distant South 88 degrees 24 minutes East, 718.04 feet from the Southwest corner of said Section 36; thence North 0 degrees 29 minutes 40 seconds East, 132.91 feet; thence North 18 degrees 30 minutes West, 237.72 feet; thence North 32 degrees 47 minutes 30 seconds West, 122.50 feet; thence North 61 degrees 33 minutes West, 487.93 feet; thence North 30 degrees 03 minutes 40 seconds West, 164.01 feet; thence North 11 degrees 25 minutes 20 seconds East, 277.29 feet; thence North 23 degrees 18 minutes West, 89.81 feet; thence North 59 degrees 11 minutes West, 203.44 feet; thence North 52 degrees 59 minutes 10 seconds West, 439.78 feet; thence North 24 degrees 33 minutes West, 484.28 feet; thence North 28 degrees 26 minutes 50 seconds West, 297.00 feet; thence North 5 degrees 43 minutes 20 seconds West, 400.89 feet; thence North 18 degrees 01 minutes 40 seconds West, 204.68 feet; thence North 34 degrees 11 minutes 40 seconds West, 354.66 feet; thence North 55 degrees 00 minutes West, 281.50 feet; thence North 55 degrees 48 minutes West, 252.73 feet; thence North 74 degrees 34 minutes 10 seconds West, 670.05 feet; thence North 49 degrees 53 minutes West, 173.16 feet; thence North 12 degrees 34 minutes West, 448.03 feet; thence North 29 degrees 58 minutes 30 seconds West, 424.03 feet; thence North 29 degrees 50 minutes 43 seconds West, 201.69 feet; thence North 24 degrees 29 minutes 17 seconds East, 302.86 feet; thence North 0 degrees 32 minutes 47 seconds West, 133.67 feet to the Point of Ending.

The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: February 26, 2009
For more information, please call: FC H 248.593.1300
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway,
Suite 200
Farmington Hills, Michigan 48334-2525

File #247548F01

-26-5-12-19

MORTGAGE SALE

SCHNEIDERMAN & SHERMAN, P.C., IS ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT (248)539-7400 IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by RAY E. BOWERS, SINGLE and CAROLYN K. BOHN, AS JOINT TENANTS FULL RIGHTS OF SURVIVORSHIP, to Mortgage Electronic Registration Systems, Inc. ("MERS"), solely as nominee for lender and lender's successors and assigns, Mortgagee, dated July 28, 2003, and recorded on March 4, 2004, in Liber 666, on Page 671, Crawford County Records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Sixty-Five Thousand Two Hundred Forty-Four Dollars and Sixty-Three Cents (\$65,244.63), including interest at 5.750% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public venue, at the front door of the County Building in Grayling, Michigan, at 10:00 AM o'clock, on April 15, 2009

Said premises are located in Crawford County, Michigan and are described as: PARCEL 9; COMMENCING AT THE SOUTHEAST CORNER OF SECTION 15, TOWN 26 NORTH, RANGE 2 WEST; THENCE NORTH 0 DEGREES 55 MINUTES EAST ALONG SECTION LINE 1323.3 FEET; THENCE SOUTH 89 DEGREES 53 MINUTES 30 SECONDS WEST ALONG 1 / 8 LINE 927.35 FEET TO POINT OF BEGINNING; THENCE SOUTH 89 DEGREES 53 MINUTES 30 SECONDS WEST 335.0 FEET; THENCE NORTH 1 DEGREES 04 MINUTES EAST 1339.3 FEET THENCE NORTH 74 DEGREES 51 MINUTES 1429.52 FEET TO THE POINT OF BEGINNING BEING PART OF THE EAST 1 / 2 OF SECTION 15, TOWN 26 NORTH RANGE 2 WEST, GRAYLING TOWNSHIP, CRAWFORD COUNTY, MICHIGAN TOGETHER WITH AND SUBJECT TO AN EASEMENT 66.0 FEET WIDE LYING 33.0 FEET EITHER SIDE, OF A CENTERLINE DESCRIBED AS COMMENCING AT THE SOUTHWEST CORNER OF SECTION 15, TOWN 26 NORTH, RANGE 2 WEST, THENCE NORTH 1 DEGREE 01 MINUTES 30 SECONDS EAST ALMOST SECTION LINE 1391.6 FEET; THENCE NORTH 89 DEGREES 43 MINUTES EAST ALONG 1 / 3 LINE 1920.2 FEET TO THE NORTHERLY RIGHT OF WAY LINE OF M-72, THENCE NORTH 65 DEGREES 41 MINUTES WEST ALONG SAID RIGHT OF WAY LINE 82.0 FEET TO THE POINT OF BEGINNING; THENCE NORTH 23 DEGREES 19 MINUTES EAST 195.65 FEET; THENCE NORTH 1 DEGREE 04 MINUTES EAST 705.1 FEET; THENCE NORTH 5 DEGREE 00 MINUTES EAST 360.5 FEET; THENCE SOUTH 86 DEGREES 28 MINUTES EAST 280.6 FEET; THENCE NORTH 86 DEGREES 33 MINUTES EAST 709.05 FEET; THENCE SOUTH 86 DEGREES 55 MINUTES EAST 626.85 FEET; THENCE NORTH 80 DEGREES 42 MINUTES 30 SECONDS EAST 287.15 FEET; THENCE NORTH 74 DEGREES 51 MINUTES EAST 505.3 FEET TO THE POINT OF ENDING SAID EASEMENT TO BE USED IN COMMON BY THE PARTIES HERETO, THEIR HEIRS AND ASSIGNS, FOR INGRESS AND EGRESS, AND THE INSTALLATION AND MAINTENANCE OF PUBLIC UTILITIES GRAYLING TOWNSHIP, CRAWFORD COUNTY, MICHIGAN.

MORE CORRECTLY DESCRIBED AS:

PARCEL 9; COMMENCING AT THE SOUTHEAST CORNER OF SECTION 15, TOWN 26 NORTH, RANGE 2 WEST; THENCE NORTH 0 DEGREES 55 MINUTES EAST ALONG SECTION LINE 1323.3 FEET; THENCE SOUTH 89 DEGREES 53 MINUTES 30 SECONDS WEST ALONG 1 / 8 LINE 927.35 FEET TO POINT OF BEGINNING; THENCE SOUTH 89 DEGREES 53 MINUTES 30 SECONDS WEST 335.0 FEET; THENCE NORTH 1 DEGREE 04 MINUTES EAST 1339.3 FEET THENCE NORTH 74 DEGREES 51 MINUTES EAST 348.75 FEET; THENCE SOUTH 1 DEGREE 04 MINUTES WEST 1429.85 FEET TO THE POINT OF BEGINNING BEING PART OF THE EAST 1 / 2 OF SECTION 15, TOWN 26 NORTH RANGE 2 WEST,

GRAYLING TOWNSHIP, CRAWFORD COUNTY, MICHIGAN, TOGETHER WITH AND SUBJECT TO AN EASEMENT 66.0 FEET WIDE LYING 33.0 FEET EITHER SIDE, OF A CENTERLINE DESCRIBED AS COMMENCING AT THE SOUTHWEST CORNER OF SECTION 15, TOWN 26 NORTH, RANGE 2 WEST, THENCE NORTH 1 DEGREE 01 MINUTES 30 SECONDS EAST ALONG SECTION LINE 1319.6 FEET; THENCE NORTH 89 DEGREES 43 MINUTES EAST ALONG 1 / 8 LINE 1920.2 FEET TO THE NORTHERLY RIGHT OF WAY LINE OF M-72, THENCE NORTH 66 DEGREES 41 MINUTES WEST ALONG SAID RIGHT OF WAY LINE 82.0 FEET TO THE POINT OF BEGINNING; THENCE NORTH 23 DEGREES 19 MINUTES EAST 195.65 FEET; THENCE NORTH 1 DEGREE 04 MINUTES EAST 705.1 FEET; THENCE NORTH 5 DEGREES 00 MINUTES EAST 360.5 FEET; THENCE SOUTH 86 DEGREES 28 MINUTES EAST 280.6 FEET; THENCE NORTH 86 DEGREES 33 MINUTES EAST 709.05 FEET; THENCE SOUTH 86 DEGREES 55 MINUTES EAST 626.85 FEET; THENCE NORTH 80 DEGREES 42 MINUTES 30 SECONDS EAST 287.15 FEET; THENCE NORTH 74 DEGREES 51 MINUTES EAST 505.3 FEET TO THE POINT OF ENDING SAID EASEMENT TO BE USED IN COMMON BY THE PARTIES HERETO, THEIR HEIRS AND ASSIGNS, FOR INGRESS AND EGRESS, AND THE INSTALLATION AND MAINTENANCE OF PUBLIC UTILITIES GRAYLING TOWNSHIP, CRAWFORD COUNTY, MICHIGAN. TAX ID NO. 20-040-40-015-01-009-00

The redemption period shall be 12 months from the date of such sale unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: March 5, 2009
Mortgage Electronic Registration Systems, Inc. ("MERS"), solely as nominee for lender and lender's successors and assigns

Mortgagee/Assignee

Schneiderman & Sherman, P.C.
23100 Providence Drive,
Suite 450
Southfield, MI 48075

-12-19-26-2

MORTGAGE SALE

AS A DEBT COLLECTOR, WE ARE ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NOTIFY US AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default having been made in the terms and conditions of a certain mortgage made by Bernice J. Ritchings, a single woman and Ronald C. Poston, a single man, joint tenancy with full rights of survivorship, Mortgagors, to North Central Area Credit Union, Mortgagee, dated the 24th day of July, 2003 and recorded in the office of the Register of Deeds, for The County of Crawford and State of Michigan, on the 28th day of September, 2003 in Liber 654 of Crawford County Records, page 1, on which mortgage there is claimed to be due, at the date of this notice, the sum of Eight Six Thousand Three Hundred Thirty Nine and 81/100 (\$86,339.81), and no suit or proceeding at law or in equity having been instituted to recover the debt secured by said mortgage or any part thereof. Now, therefore, by virtue of the power of sale contained in said mortgage, and pursuant to statute of the State of Michigan in such case made and provided, notice is hereby given that on the 1st day of April, 2009 at 10:00 o'clock AM Local Time, said mortgage will be foreclosed by a sale at public auction, to the highest bidder, at the front door to the County Bldg. in Grayling MI (that being the building where the Circuit Court for the County of Crawford is held), of the premises described in said mortgage, or so much thereof as may be necessary to pay the amount due, as aforesaid on said mortgage, with interest thereon at 5.875% per annum and all legal costs, charges, and expenses, including the attorney fees allowed by law, and also any sum or sums which may be paid by the undersigned, necessary to protect its interest in the premises. Which said premises are described as follows: All that certain piece or parcel of land, including any and all structures, and homes, manufactured or otherwise, located thereon, situated in the Township of Branch, County of Crawford, State of Michigan, and described as follows, to wit:

The East 1 / 2 of the East 1 / 2 of the Southeast 1 / 4 of the Southwest 1 / 4 of Section 33, Town 25 North, Range 2 West.

Said property also includes a 1995 mobile home, Serial No. FS200440

During the twelve (12) months immediately following the sale, the property may be redeemed, except that in the event that the property is determined to be abandoned pursuant to MCLA 600.3241a, the property may be redeemed during 30 days immediately following the sale.

Dated: 2/26/2009
North Central Area Credit Union
Mortgagee

FABRIZIO & BROOK, P.C.
Attorney for North Central Area Credit Union
888 W. Big Beaver, Suite 800
Troy, MI 48064
248-362-2600

-26-5-12-19

MORTGAGE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Notice is hereby given that Default has occurred in a Mortgage given by Edwin O. Koch and Nadine D. Reynolds as joint tenants with rights of survivorship, mortgagors, to First National Bank of Gaylord, n/k/a Independent Bank, mortgagee. The Mortgage is dated February 12, 2003, and was recorded on February 21, 2003, in Liber 620 on pages 620 through 630 of the Crawford County records. The balance owing on the Mortgage as of the date of this Notice is \$48,005.80, including interest at 5.875% per year. The Mortgage contains a power of sale clause and no proceedings have been instituted to recover any part of the debt owing.

The Mortgage will be foreclosed by selling the property described below at a public auction to the highest bidder. The sale will be held on Wednesday, April 8, 2009, at 10:00 a.m. local time at the main entrance to the Crawford County Court Facility, 200 W. Michigan, Grayling, Michigan, that being the place of holding Circuit Court for Crawford County, Michigan. The property will be sold to pay the amount then due on the Mortgage, including interest, legal costs, attorney fees and any taxes or insurance which may be paid by the mortgagee before the sale.

The property to be sold is located in the Township of Grayling, County of Crawford, Michigan and is described as:

Lot 27, Grayling Mobile Estates according to the plat thereof as recorded in Liber 3 of plats, Page 8, Crawford County Records.

including all improvements, now or hereafter erected on the property, including a 1994 Radco model BU200A manufactured home, serial no. GS-04107AB, assigned no. HUD RAD746414/RAD746415.

Commonly known as 4343 Pinecrest, Grayling, MI.

The redemption period will expire six (6) months after the date of the foreclosure sale, unless the property is determined abandoned under MCL 600.3241a, in which case the redemption period will expire 30 days after the date of the foreclosure sale, or when the time to provide notice under MCL 600.3241a(c) expires, whichever is later.

SMITH, MARTIN, POWERS & KNIER, P.C.

Dated: February 24, 2009
By: Henry L. Knier, Jr. (P46393)
Attorney for Independent Bank, f/k/a
First National Bank of Gaylord,
Mortgagee
900 Washington Ave.,
P.O. Box 219
Bay City, MI 48707
(989) 892-4574

-5-12-19-26

FORECLOSURE NOTICE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

FORECLOSURE NOTICE

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Richard Wirtjes and Catherine Wirtjes, husband and wife, to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated November 3, 2006, and recorded on November 29, 2006, in Liber 684, on page 348, Crawford County Records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of eighty-seven thousand eight hundred sixteen and 97/100 dollars (\$87,816.97) including interest at 8.620% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public venue, at the place of holding the circuit court within Crawford County, Michigan, at 10:00 o'clock a.m., on Wednesday, April 1, 2009.

Said premises are situated in the Township of Frederic, Crawford County, Michigan, and are described as:

Lot Numbered 17, Fawn Subdivision, according to the recorded plat thereof, as recorded in Liber 3 of Plats, Page 43, Crawford County Records, and all improvements thereon, including a 1987 Sterling manufactured home bearing serial number S5507.

Parcel No: 032-400-000-017-00

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241 or MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale, or upon the expiration of the notice required by MCLA 600.3241a(c), whichever is later.

Dated: February 18, 2009

Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee

Richard A. Green, Attorneys,
30150 N. Telegraph Rd., Ste 444

Bingham Farms, MI 48025
(248) 540-7665

-26-5-12-19-26

MORTGAGE SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY. MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Hargis Fulton aka Hargis L. Fulton, a married man and Patricia K. Fulton, his wife, as to dower interest, to Chase Home Finance LLC, successor by merger Chase Manhattan Mortgage Corporation, a New Jersey Corporation, Mortgagee, dated December 23, 2002 and recorded December 31, 2002 in Liber 614, Page 347, Crawford County Records, Michigan. There is claimed to be due at the date hereof the sum of Eighty Thousand Nine Hundred Fifty-Five and 52/100 Dollars (\$80,955.52) including interest at 6% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public venue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on APRIL 15, 2009. Said premises are located in the Township of Grayling, Crawford County, Michigan, and are described as: Parcel 5: A parcel of land located in the West 1/2 of the Southeast 1/4 of Section 22, Town 26 North, Range 2 West, Grayling Township, Crawford County, Michigan, being further described as follows: Commencing at the South 1/4 corner of said Section 22, Town 26 North, Range 2 West; thence North 01 degrees 03 minutes 02 seconds East along the North-South 1/4 line (recorded as North 01 degree 05 minutes East) 664.78 feet; thence South 88 degrees 57 minutes 32 seconds East 649.05 feet; thence North 01 degree 22 minutes 13 seconds East 181.67 feet to the center of said circular curve for a point of ending. Said easement maybe terminated by owner of Parcels 5 and 6, if road and utility easement is extended South to adjoining parcel and is no longer needed. The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PURCHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest. Dated: March 12, 2009 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 248-502-1400 File No. 310.4062 ASAPH# 3020805 03/12/2009, 03/19/2009, 03/26/2009, 04/02/2009

-12-19-26-2

NOTICE SOUTH BRANCH TOWNSHIP

As adopted at the Annual Meeting March 10th, 2009, and under the provisions of the Freedom of Information and Open Meetings Acts, the Township of South Branch does hereby establish that there will be one (1) regular monthly meeting held by the Township Board as follows:

- All meetings will be held at the Township Hall, 5245 N. M-18, Roscommon.
- Meetings will be held on the second (2nd) Tuesday of each month and will commence promptly at 7:00 p.m.
- Dates of the regular meetings are as follows:

April 14, 2009	May 12, 2009
June 9, 2009	July 14, 2009
August 11, 2009	September 8, 2009
October 13, 2009	November 10, 2009
December 8, 2009	January 12, 2010
February 9, 2010	March 9, 2010

Annual Meeting: March 9, 2010, after the Regular Board Meeting.

A summary of the Adopted Budget for 2009-2010 and Financial Statement for year ending March 31, 2008, are available for public inspection at the South Branch Township Hall located at 5245 N. M-18, Roscommon.

Features

www.crawfordcountyavalanche.com

A Look At Our Past FROM THE PAGES OF THE AVALANCHE

23 Years Ago
March 20, 1986

The city of Grayling is expected to spend about \$275,000 this year for its annual street improvement program. This is the 14th year of the city's street program and the main project this year is an 11 block area on the north side of town. Four blocks of Smith Street, from Maple Street to North Down River Road, is slated for underground storm drains and paving. The other streets scheduled are two blocks of Park Street, from Vine to the I-75 Business Loop, two blocks of Elm Street, from Vine to North Down River Road and one block of Erie Street, from Vine to North Down River Road. If the bids for the main project come in low enough, the city has three alternate projects slated.

Crawford County Commissioners are considering a proposal that would upgrade the capability of the Crawford County ambulance corps, following a presentation made by officials at Mercy Hospital, Grayling, during last Tuesday's commissioners meeting. The Mercy Hospital proposal encouraged county commissioners to participate on a Medical Control Authority Board for Crawford and Roscommon counties and upgrade the county ambulance corps to

provide limited advanced life support services.

Twelve Grayling Middle School wrestlers won medals at the eight school tournament at Charlevoix. Andy Moore, Frank Wildfong, Eric Breitfield, Danny Springer and Brian Sprague all took first place. Eric Bonamic and Mick McKinney took second place while Mike Tremblay, Frank Hartwick, Matt Branch, Todd Thorsen and Brian Shepard took third.

Two Grayling Vikings, Tom Bacon and Todd Hull, were named to the Michigan Huron Shores All-Conference team in basketball.

Fred's handled U.S. Plywood easily, scoring 63-34 to win their third game in a row and finish 5-5 for the year in the Gaylord Basketball League. Fred's was never threatened as Dan Beckwith led them with 15 points, Dave Narlock with 14, Phil Trudgeon with 13, Doug Kuhn with 8, Lou Middleton with 5, and Jeff Kolka and Dean Smith with 4. The Spike's team came back from five points down with a minute to go to tie the game at the end of regulation. In overtime, Spike's had another chance to tie the game and go into double overtime, but three shots went in and out before the buzzer. John Thompson led Spike's with 30, Jim Tobin with 15, Dale Papendick with 9, Louie Madill with 8, Mike Kucharek with 8, Jim Stewart with 7, Tom Coors

with 6, Dave White with 5 and Scott Hamlin with 4. Spike's finished 5-5 for the year.

46 Years Ago
March 21, 1963

Tim Neal, Grayling's high scoring forward of the past season, was honored with an honorable mention on the All State High School basketball team named by the Detroit Free Press.

A group from the Grayling Sportsman's Club drove to Bay City last week in a truck donated by Jack Millikin to pick up six tons of government surplus corn to be used for deer feeding. The corn was brought to Thane Hendershot's warehouse and put into bags and then taken to the Grayling Gulf station for distribution. This corn will help the deer get through the last and usually critical weeks of winter and early spring.

The Jolly Gals Home Extension group February meeting was held at the home of Mrs. Thelma Bebow. The lesson was on making plaques of plastic tiles and aluminum pie plates. The March meeting was held at the home of Mrs. Leroy Christian. Various projects on handiwork were discussed and samples were shown. A short lesson on formal, buffet and informal dinners was given.

69 Years Ago
March 21, 1940

Grayling's new electric light and power plant went into operation Monday on a

partial scale. Street lights were the first to be connected and this was followed rapidly by connections with private residences, businesses and industrial places.

A.J. Clark and family have moved from the Amos Hunter house on Cedar Street to the Mrs. B.A. Cooley apartments.

Amos Hunter has purchased property on US-27, next to the Harwood grocery and owned by Miss Florence Taylor. He will raze the building that is now on the property and in its stead will build an up-to-date building to house his creamery business.

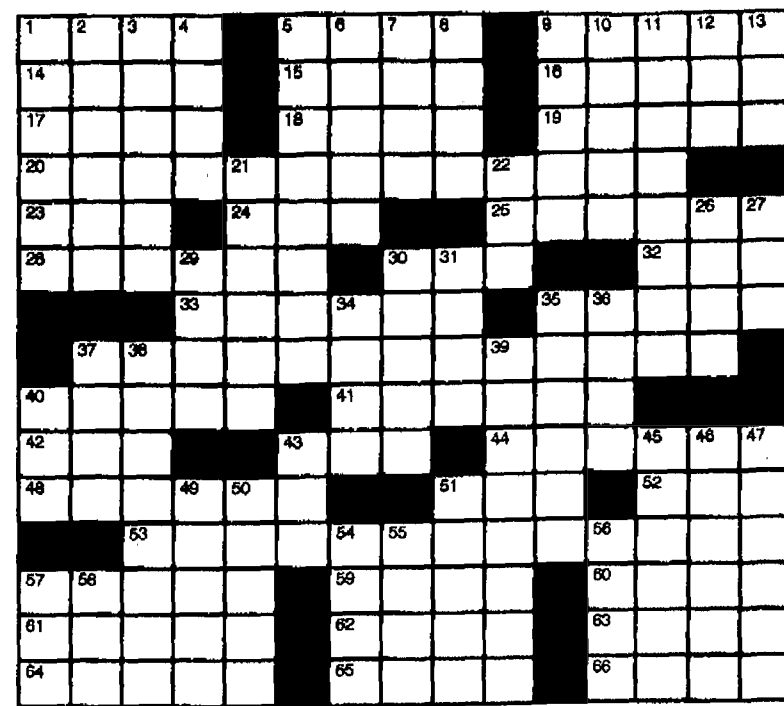
Menno Corwin and Care Smith have purchased an Aeronca airplane, buying it from a party in Glennie. They are busy getting it assembled and ready for flying. Both fellows are members of the Grayling Flying Club and are full-fledged flyers.

92 Years Ago
March 22, 1917

The Grayling basketball team defeated the Ann Arbor team 20 to 16 in the first game of the championship series.

Mr. and Mrs. T.W. Hanson and family moved into their new home the first of the week. It is one of the most complete and modern homes in northern Michigan and is a splendid addition to Peninsular Avenue.

CROSSWORD



Across

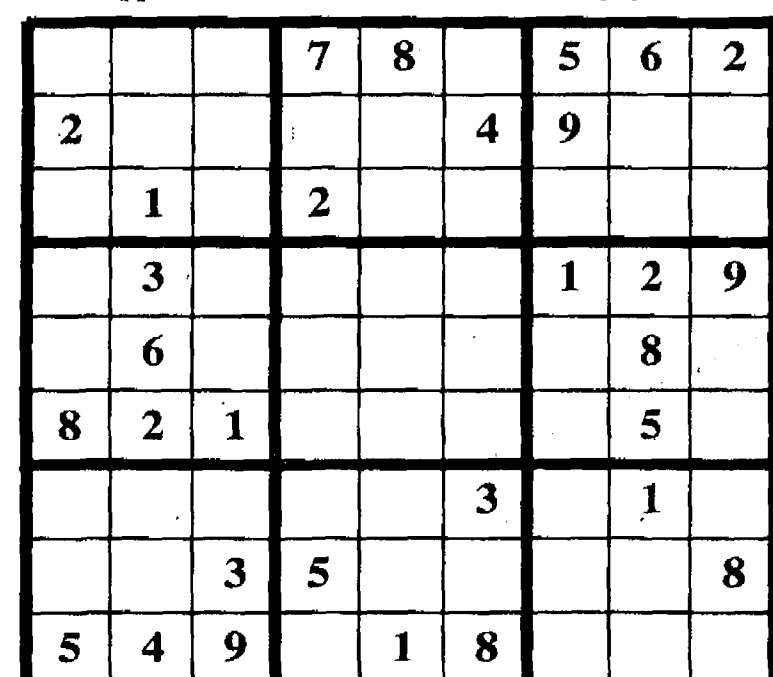
1. Level
5. Little lies
9. Atlas enlargement
14. Color quality
15. Comrade in arms
16. Spa feature
17. Advocate
18. Synonym for the city of Jerusalem
19. Cavalry weapon
20. Credit extended by a business to a customer
23. Comedian Bill, informally
24. "ER" network
25. Plan
28. Daniel of Nicaragua
30. "Awesome!"
32. Oolong, for one
33. Small book usually having a paper cover
35. Add up
37. Injured
40. Seventh heaven
41. Lose
42. Propel, in a way
43. "My boy"
44. Highly valued lean flesh of marine or freshwater mullet
48. Remove an organ
51. "Get ___!"
52. "Act your ___!"
53. Inquiry into questionable activities
57. Hindu princesses
59. 5th power of 10
60. Mine entrance
61. Corpulent
62. "Not on ___!" ("No way!")
63. Charge
64. Military wear
65. Hide well
66. Chooses, with "for"

Down

1. Building material
2. Intense aversion
3. Swallow
4. Fitting reward
5. Pitch thrown with maximum velocity
6. Artery
7. Alliance
8. Harmony
9. Any Time
10. Leavened bread baked in a clay oven in India
11. Secondary or explanatory title
12. Charlotte-to-Raleigh dir.
13. Toni Morrison's "___ Baby"
21. Metal cast in the shape of blocks for convenient handling
22. "That's ___"
26. Neuter
27. "Uh-uh"
29. New news
30. Gum
31. Parentheses, e.g.
34. Audition tape
35. Kind of cent
36. Derived from an aromatic hydrocarbon by removal of a hydrogen atom
37. Give away
38. Frequent flier
39. Sovereign
40. Constrictor
43. "Didn't I tell you?"
45. Ill and confined
46. Altruist's opposite
47. ___ place
49. Biscotti flavoring
50. Image maker
51. Foot traveler
54. Concrete section
55. Forbidden: Var.
56. Hawaiian tuber
57. Burgle
58. "How to Succeed in Business Without Really Trying" librettist
66. Burrows

SUDOKU

RULES: Fill all empty squares so that the numbers 1 to 9 appear once in each row, column and 3x3 box.



Generated by <http://www.opensky.ca/~jdhlid/blottnare/sudoku/gen/> on Tue Mar 25 19:22:07 2008 GMT. Enjoy!

(PUZZLE #38 Easy, Difficulty Rating 0.35)
 ANSWERS IN THE CLASSIFIEDS



HOROSCOPES

For the week of March 19, 2009

CAPRICORN
December 22-January 19

Fitness goals begin to slide as other things take priority. Capricorn. Try not to get worked up about it, but do make a real effort to get back on track. You're gonna need the energy.

ARIES
March 21-April 19

Compliments all around increase your confidence, and you take on more and complete it to perfection. Bravo, Aries! A change in travel plans leads to an opportunity.

CANCER
June 22-July 22

Your to-do list shrinks with the help of an unlikely source. A career opportunity looks promising, but you must look at it more closely. Cancer. It may be too good to be true.

LIBRA
September 23-October 22

The long days at work drain you mentally, and you need to take some time out. Libra. Go someplace warm and relax on the beach. It will do you good.

AQUARIUS
January 20-February 18

Blessings bring bliss to your life. Share your joy with others, Aquarius, and pay it forward. A freak incident at work ends in laughter. Spring flowers make you giddy.

TAURUS
April 20-May 20

Your love life gets hot, and career wishes are granted. Invite some friends over and celebrate your good fortune. Taurus. A phone call is icing on the cake.

LEO
July 23-August 22

Your positive energy is called upon to smooth ruffled feathers at a social event. Consider using your talents to end a long-term feud among friends, Leo.

SCORPIO
October 23-November 21

Fear is preventing you from progressing at work. Confront what is bothering you, Scorpio, and you will blossom professionally. An e-mail uncovers a financial glitch.

PISCES
February 19-March 20

The gossip mill is working overtime, and you might want to pay attention this time, Pisces. More is true than you realize. An old classmate drops by for a visit.

GEMINI
May 21-June 21

Your financial future is shaping up as you put a small windfall to good use. A last-ditch effort to meet a deadline at work fails, but not to worry, Gemini. The right person will be watching.

VIRGO
August 23-September 22

Memories come flooding back at the sight of a special item, and you are compelled to get back to the basics. Good for you, Virgo. Start off small and work your way up.

SAGITTARIUS
November 22-December 21

Health concerns ease with the help of a new friend. Sagittarius. Mixed messages from family make a decision difficult. Do your best, and all will be fine.

FOR ENTERTAINMENT PURPOSES ONLY

ADOPT A PET

WE'RE OVERLOADED! The animal shelter is currently very full of animals in need of loving homes, just like yours. Help these very adoptable pets find homes, adopt today! Visit our web site for more information.

Pixie

Pixie is a sweet little Pit Bull mix. She is about two years old and really affectionate. Pixie gets along with other dogs as long as they don't get too playful with her. She is quiet, easy to get along with and appears to be housebroken. This little girl weighs under 35 pounds, is spayed, vaccinated and microchipped. She just needs a good home.

Visit us at: www.ausablevalleyanimalshelter.org

Ausable Valley Animal Shelter
 5786 Fairground Lane, Grayling
 Use the entrance to the Crawford County Fairgrounds
 Hours: Open 10 to 3 pm Monday through Saturday,
 10 to 12 pm on Sundays and Holidays
 After hour appointments available. Call (989) 348-4117
 For more pets or more information, visit our web site www.ascc.petfinder.com

WEATHER

Courtesy of the City of Grayling

Last Week

Date	H	L	Snow Inches
3/10	42	21	0
3/11	41	31	0
3/12	32	9	.25
3/13	19	-9	0
3/14	32	-10	0
3/15	44	16	0
3/16	52	16	0

Extended Forecast
(Courtesy of the Weather.com)

Thursday	Friday	Saturday	Sunday	Monday	Tuesday
High 34	High 43	High 50	High 49	High 57	High 46
Low 14	Low 25	Low 28	Low 33	Low 25	Low 25
Partly Cloudy	Partly Cloudy	Cloudy	Few Showers	Mostly Cloudy	Cloudy

RECIPE OF THE WEEK

SUPREME SALAD

Ingredients:

4 pints mixed salad greens

2 cups ham, julienne sliced

16 asparagus spears, trimmed, cooked and chilled

2 cups red or yellow cherry or teardrop tomatoes

4 hard-cooked eggs, peeled and quartered

1/4 cup fresh tarragon, chopped

1/4 cup extra virgin olive oil

2 Tbsp. balsamic or raspberry vinegar

1 clove garlic, minced

1/2 tsp. salt

1/4 tsp. freshly ground black pepper

Directions: Arrange greens over four large plates or bowls. Arrange ham, asparagus, cherry tomatoes and eggs over greens. Sprinkle tarragon over salads. Combine oil, vinegar, garlic, salt and pepper; mix well. Drizzle the dressing over salad.

Makes: 4 servings

FIND THE TWINS

WHICH TWO ARE EXACTLY ALIKE?

HIDDEN PICTURE

Color in each space that contains a letter.

Classified

www.crawfordcountyavalanche.com

Classifieds must be paid for in advance
Display Advertising Rate - \$8 per column inch
Deadline for Display Classifieds - Noon, Monday
Classifieds by the word rates - \$6 for 15 words or less, 10¢ per each additional word; includes internet listings: www.crawfordcountyavalanche.com
Classified by the word deadline - Noon, Tuesday

1. Real Estate

2-3 BEDROOM 2 bath, year round ranch in peaceful setting, on maintained road, near lakes and snowmobiling. 2482 Sandy Trail, south off M-72, 7.3 miles east of Grayling, price reduced. (586) 446-0004, (586) 713-7500. (6/22/06tf/1)

4 BEDROOM 2 bath home. Great fixer-upper, double lot fenced in, one car garage. Selling for \$66,000 firm. 390-9130. (-19/1)

2. For Rent

SMALL 2 BEDROOM HOUSE Located 10 minutes from Grayling off M-72 West. \$460 a month plus utilities and deposit. Call 231-275-6887. (-19/2)

WHISPERING PINES APARTMENTS
Whispering Pines Apartments is currently accepting applications for beautiful 1 & 2 bedroom apartments. Rent is based on 30% of your income; low to moderate incomes are welcome. Barrier free apartment waiting list is currently open. These apartments offer a patio, walk-in closets, air conditioning, garbage disposal, window treatments, neutral decor, and spacious living areas. Free heat and free hot water. For a personal showing please call Jerry @ (989) 344-0020.

Equal Housing Opportunity. TDD 1-800-649-3777.

Grayling Pines Apartments is currently accepting applications for beautiful 1 & 2 bedroom apartments. Rent is based on 30% of your income; low to moderate incomes are welcome. Barrier free apartment waiting list is currently open. These apartments offer a patio, walk-in closets, air conditioning, garbage disposal, window treatments, neutral decor, and spacious living areas, also a very nice playground area. Free heat and free hot water. For Personal showing please call Jerry @ (989) 344-0020. Equal Housing Opportunity. TDD 1-800-649-3777

1. Real Estate

2. For Rent

MOBILE HOMES 4 RENT 2 and 3 bedroom, \$425 and up. Also, trailers for sale. 348-5278. (9/28/06tf/2)

SENIOR APARTMENTS AVAILABLE at The Brook Retirement Communities. Offering Independent and Assisted Living. Lots of amenities, activities, beautiful surroundings and affordable living. Communities located in: Houghton Lake (989) 422-7200 Roscommon (989) 275-4000, West Branch (989) 343-1400, Gladwin (989) 426-8700. Call or stop by today for a personalized tour. (5/10/2007tf/2)

FULLY FURNISHED 800 sq. ft. home near Camp Grayling at Lake Margrethe, daily, weekly, monthly, spotless clean, temporary workers, vacation. Call 989-348-8627. (-12-19-26-2/2)

3. Employment

INSTRUCTOR, SURGICAL TECHNOLOGY: Kirtland Community College in Roscommon, Michigan is seeking qualified applicants to fill a full-time faculty position for surgical technology. For complete details regarding the position and minimum qualifications, visit our website at www.kirtland.edu/hr/jobs/surgtech.htm. Application deadline Thursday, April 9, 2009. Equal Opportunity employer.

PRESCHOOL TEACHER

Grayling Cooperative Preschool is recruiting for a part-time preschool teacher for next school year starting September 2009. Duties include planning, implementation and evaluation of classroom instruction for 3 and 4 year olds. Requirements include a bachelor's degree in early childhood education or child development. Interested persons should call 344-0958 for application packet.

1. Real Estate

2. For Rent

RIVERVIEW SENIOR APTS. 306 Knight St. in Grayling has one bedroom units available. Rent based on income. Community room and laundry area for residents use. Send this ad and your second month is free. Applications at office on site or by calling 1-800-225-7982. Managed by Stratford Group Ltd., 442 W. Baldwin, Alpena, MI 49707. Equal Housing Opportunity. TDD# 1-800-855-1155. (-12-19-26-2/2)

EFFICIENCY CABINS close to town. One \$375 per month, \$375 security, \$50 cleaning fee. Utilities not included and no pets. One \$370 per month, \$370 security, \$50 cleaning fee. Utilities included and no pets. 989-348-5124. (-19/2)

COMMERCIAL BUILDING FOR RENT Lots of parking, stand alone structure and good location. 989-348-8471. (1/15/09tf/2)

FURNISHED EFFICIENCY CABIN in a quiet country setting on the AuSable River. Included in rent, all utilities, trash removal, snow removal and dish network. This cabin is ideal for 1-2 adults, no pets. Call 348-8350. (3/12/09tf/2)

3. Employment

2. For Rent

MOBILE HOME AND CABINS at Lost Acres. 1 room cabin #1, \$275, free utilities. 2 bedroom mobile homes, \$375, plus utilities. 11004-11010 N. Old US 27, no pets. 1-877-227-6976 or Mike at 231-590-3699. (3/19/09tf/2)

RIVER FOREST APARTMENTS Hannah and Ballenger Street in Roscommon has 1, 2 and 3 bedroom units available for immediate occupancy by eligible applicants. Rent is based on income. Laundry and play areas on site. Send this ad and your second month is free. Applications on site or call 1-800-225-7982. Managed by Stratford Group Ltd., 442 W. Baldwin, Alpena, MI 49707. Equal Housing Opportunity. TDD# 1-800-855-1155. (-12-19-26-2/2)

3 BEDROOM 2 bath, \$650 per month plus security deposit and utilities. No pets. 989-348-8621. (-12-19/2)

HOME FOR RENT 4 to 6 bedroom, 2 bath executive retreat with outbuildings in Lovells. \$1,200 per month plus utilities. Call 989-732-2600. (7/10/08tf/2)

3. Employment

Grayling Recreation Authority is accepting applications for 3 umpires for the upcoming softball season. Season starts May 11th and tournaments end around Labor Day. Games are played at Hanson Hills in the evenings Monday thru Thursday. With a possibility of some weekends. Qualified persons will have knowledge of slow pitch softball and the rules set forth by GRA. They will also possess leadership skills and be able to handle conflicts as they arise.

2. For Rent

BEAUTIFUL FULLY FURNISHED Luxury apartment in downtown Grayling on the AuSable River. 2 bedrooms, 2 bathrooms. Open living room design. \$900 a month plus utilities. Includes all lawn maintenance and snowplowing. 989-370-1290. (10/2/08tf/2)

2 BEDROOM MOBILE with washer, dryer and appliances. No pets. \$450 plus deposit. 348-2418. (-12-19-26-2/2)

5 BEDROOM 2 BATH with central air, all appliances and no pets. \$700 monthly, first and last plus \$500 security deposit. 6464 N. Old 27, Frederic. 248-310-0761. (-26-5-12-19-26-2/2).

LAKE MARGRETHE ACCESS 3 bedroom, 2 bath, two car garage. Partly furnished, available in June. \$700 per month, one year lease and no pets. 248-701-2026 or 239-495-7545. (-26-5-12-19/2)

FOR RENT 1, 2, 3 and 4 bedroom apartments/houses for rent. Call 989-710-1194. (-19-26/2)

3. Employment

3. Employment

STARTING NOW 15 OPENINGS Customer service, local company with full time permanent work needs women and men, no experience necessary, will train. Earn paid vacations, performance bonuses and high starting pay. Call 8 a.m. to 5 p.m., Monday and Tuesday only. 989-732-8439. (-19/3)

ACTIVITIES & VOLUNTEER COORDINATOR Recruits volunteers and organizes activities for seniors at Grayling Senior Center. Benefits provided. Preferred candidate will have bachelor's degree in a social services related field and two years experience. Excellent computer skills necessary. Application packets must be picked up at 308 Lawndale, Grayling and returned by 5 p.m. on 4-1-09. (-19-26/3)

ACCEPTING APPLICATIONS for a management position in our Gaylord office. This person must be someone very knowledgeable in the home health field. We are offering very competitive pay depending on your experience. We offer health benefits and vacation pay for full time staff. We also offer an excellent friendly work environment. Please fax your resume to attention: Help Wanted Gaylord, 989-345-7050. Compassionate Care Home Health Services Inc. performs background checks on all possible employees. (-5-12-19/3)

DAYS INN GRAYLING is looking for an enthusiastic part time front desk/night audit clerk to join our team. Interested parties must have a basic knowledge of office equipment and computers. Must be friendly and outgoing. Apply in person at 2556 S. I-75 Business Loop, Grayling or send resume to digrayling@charternet.com. (-19/3)

ACTIVITIES MANAGER

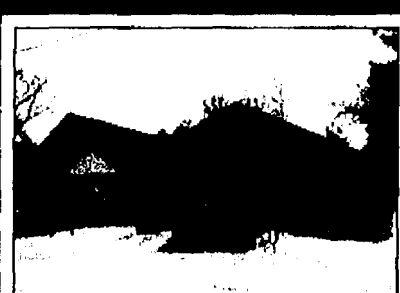
for AuSable Valley Community in Fairview.
• Responsible for planning and coordinating recreational activities and social events for nursing home residents.
• Full-time with benefits.
• Activity Director
Certification preferred, or related certification and experience.
Submit Resume to:
JEAN HILL
HR OFFICE
AHC, PO Box 9
FAIRVIEW, 48621
EOE

ATTENTION ADULTS AND STUDENTS:

Wimpy's is now hiring for the season. We are looking for reliable, friendly, and trustworthy employees who will be able to work anytime between 11a.m. and 10p.m. We will be hiring adults 18 and older as well as students. Applications can be picked up and dropped off at Wimpy's the week of March 23rd thru the 27th between 3-6p.m. Wimpy's plans to open on the 17th of April, we cannot wait to see all your smiling faces.

WIMPY'S
Ice Cream & Cones
6415 M-72 West
• Grayling, MI
989-344-1918

Century 21 RIVER COUNTRY REAL ESTATE, INC.
5688 M-72 West • Grayling MI 49738
989-348-5474
View all our listings with many photos of each listing on our website:
www.century21grayling.com



Nice 3 bedroom family home on a double lot across the street from the elementary school. Fabulous fenced/landscaped back yard and a garage that will make any hobbyist happy. Entertain in the wonderful yard. Walk to downtown, elementary school, middle school, hospital, everything. Have a look. Appliances (except Dishwasher) are excluded from sale. #6087 \$109,000

RE/MAX of Grayling
5728 M-72 West
(989) 348-7440
www.remax-grayling-mi.com

CHARLENE SCHEER
Broker/Owner
RE/MAX, Inc. • Grayling, MI

CRAIG HINKLE
Broker/Owner
RE/MAX, Inc. • Grayling, MI

NATURE LOVERS WILL LOVE THIS!
Quality home built in 2004 in excellent condition, offering 3 bedrooms, 2 baths, 1200 s.f., large 2.5 car detached garage. AuSable Woods Association offers private river access, club house use with pool, picnic area, garbage pickup, and snow removal. State land right down the road for snowmobiling, hunting, etc. CC-2780 \$111,000

10 ACRES WITH BEAUTIFUL HARDWOODS - Close to State Land and snowmobiling. Hardwoods with Maple and Beech. Coyote Trail off Sherman Road. CS-2742 \$26,500

350' ON THE FAMOUS NORTH BRANCH AUSABLE RIVER No commercial canoe traffic, building site close to road. CC-2807 \$86,900

REDUCED
1,170 S.F., THREE BEDROOMS WITH FULL basement and two full baths. Fireplace in partially finished basement. Spacious kitchen with stove, refrigerator, dishwasher, and microwave. 24x28 detached garage. Priced well below S.E.V. Eligible for Express Path Financing. CH-2861 \$44,900

NEW LISTING
NICELY WOODED LOT WITHIN WALKING DISTANCE TO HIGGINS LAKE 960 s.f. home with three bedrooms and one bath. Home features vinyl replacement windows, 12x15 deck, and 13x24 garage. CH-2805 \$27,500

NEW LISTING
NEAT AND CLEAN! Exceptional price and condition. 1,368 s.f., two bedroom home with nice fenced in yard. Doorwall off family room onto rear deck. Home features bow window, French doors, hardwood and laminate flooring. 24x32 garage, 8x12 storage shed, and 10x20 deck. CH-2808 \$79,900

Office Hours: Mon - Fri 8 a.m. to 5 p.m. Sat 9 a.m. to 5 p.m. Sun By Appt. Only

Forest Dunes Golf Club
JOB FAIR
Saturday March 28, 2009
10 a.m. - 3 p.m.
Location Forest Dunes Clubhouse
6376 Forest Dunes Drive, Roscommon, MI
Accepting Application for the Following Positions:

Culinary Team
Seasonal Full Time Dishwasher (Nights) \$7.40 hour
Seasonal Part Time Dishwasher (Days) \$7.40 hour
Seasonal Full Time Line Cook \$8-\$10 hour
Seasonal Part Time Line Cook \$8-\$10 hour

Front of the House
Seasonal Full Time Breakfast/Lunch Server Monday - Friday
Seasonal Full and Part Time Servers and Beverage Cart Staff

Golf Operations
Seasonal Full Time Player Service Attendants \$7.40 hour

Housekeeping
Seasonal Full Time Housekeepers \$8-\$8.50 hour

Competitive wages, benefit packages, and employee privileges!
Drug Free Workplace
No Phone Calls, please
EOE


Health Care



A special

2009

DENHOLM FAMILY
CHIROPRACTIC



- Chronic Neck and Back pain
- Headaches
- Low back pain
- Pediatric Chiropractic
- Sports Related Injuries
- Auto & Work Injuries
- Wellness Care
- Massage Therapy on site

SEE WHAT CHIROPRACTIC CAN DO FOR YOU!
Stop by or call for your no obligation consultation.
M93 South of M72 W in Grayling
348-6600

The Medicine Shoppe
"Caring Beyond Prescriptions"

Michele Steffey, Pharmacist/Owner

- Corner drugstore atmosphere
- Personal attention, professional care
- Health care screenings
- Wellness programs
- Specializing in prescription and health related products

500 N. James Street
Grayling, MI
M-F: 10-6 • Sat: 10-1
(989) 348-2000

Visit our WebSite at www.medicineshoppe.com

Smart tips for healthy eating

(ARA) – Food can make you healthier – if you make good choices. It can seem hard to make healthy food choices, particularly if you are on a budget and short on time. But there are some simple steps you can take to help you and your family eat healthier.

Build a Healthier Plate

Use a grocery list when shopping for food to help you choose more fresh vegetables, fruits, and whole grains. Buy leaner meats (such as chicken, turkey, and lean cuts of pork or beef such as sirloin or chuck roast) and lower fat dairy products like low-fat or non-fat (skim) milk and yogurt. Buy whole grain breads and cereals. Save money by buying less soda, sweets and chips or other snack foods. Remember that special "dietetic" or "diabetic" foods often cost extra money and may not be much healthier than simply following the suggestions given here.

Also, watch the size of your portions. You may find that you are used to eating portions that count as two or more servings. It helps to be able to "eyeball" portion sizes. Here are some guides:

- Meat, fish, and poultry: 3 ounces, or about the size of the palm of your hand or a deck of cards.
- Cheese: 1 ounce, or about the size of your thumb.
- Fresh vegetables, milk and yogurt: 1 cup, or about the size of a tennis ball.
- Bread: one slice.

Easy Ways to Make Smart Food Choices



Set aside some time to plan your weekly meals. It may seem like a hassle at first, but having a plan (and writing your grocery list with it in mind) can save you time, stress, and a lot of extra trips to the store.

There are lots of ways you can make smart choices about your own and your family's eating habits. According to Ann Albright, PhD, RD, president, Health Care and Education of the American Diabetes Association, "One of the most important things you can do to start eating more healthfully is to pick one or two not-so great items you eat frequently and find a more nutritious substitution for those. If you start with foods you eat more frequently, then the change will pack a bigger punch."

Shop Smart

- Set aside some time to plan your weekly meals. It may seem like a hassle at first, but having a plan (and writing your grocery list with it in mind) can save you time, stress, and a lot of extra trips to the store.

- Stock your pantry with plenty of healthy basics, including brown rice, whole grain pasta, crackers and cereals. Remember that fresh fruits and vegetables are usually healthier than canned or frozen, but it is better to have canned or frozen fruits or vegetables than none at all! When you run out, put the items on your grocery list so you'll always have them on hand.

- Shop only from your grocery list. Avoid aisles that contain foods high in calories but low in vitamins and minerals such as candy, cookies, chips and sodas. Also avoid buying items promoted at the front of the store, on the "end-cap" displays at the end of each aisle, or at the cash register. These foods are usually low in nutrition. Never shop when you are hun-

gry and might be tempted by less healthy food.

Eat Smart

- Keep fruits and vegetables washed and cut up for easy snacking and steaming.

- Canned and frozen vegetables and fruits are healthful, quick and convenient. To cut down on the sodium in vegetables, drain and rinse canned vegetables with water before heating them. You can do the same to cut down on the added sugar in canned fruits. Better yet, buy them packed in juice.

- Learn how to "Create Your Plate." When serving a meal, draw an imaginary line down the middle of your plate and another one across. Fill half of your plate with leafy greens and other vegetables. Fill one quarter with grains, like whole grain bread or pasta or brown rice. Then fill the last quarter with lean protein such as chicken or fish.

- Start meals with a salad or a broth or a tomato-based soup with lots of vegetables. This helps you eat more good-for-you veggies while filling you up before you get to the higher fat and calorie courses.

Make healthy snack foods easy to find in your kitchen. For example, when you get home from work or school, put some fresh carrots, grapes, or pretzels out on the counter instead of having bags of chips out.

- In restaurants, ask if meats can be grilled rather than fried, and request sauces and dressings on the side. Remember to choose fruits, salads, or other vegetables as side items, rather than French fries. Order a salad or soup to start and then share an entrée. Save money, and lots of calories, by skipping dessert.

Learn more about healthy eating and how it can help lower your risk for type 2 diabetes, heart disease, and stroke. Visit CheckUpAmerica.org or contact the American Diabetes Association at 1-800-DIABETES (1-800-342-2383) or AskADA@diabetes.org.

(Courtesy of ARAcontent)

Ankle & Foot Association of Northern Michigan

Specializing in YOUR Ankle & Foot pain!
Extensive Residency Training in Podiatric Primary & Surgical Care

- *Ankle Sprains/Sports injuries
- *Ankle & Foot Fractures
- *Heel Pain
- *Bunions
- *Hammertoes
- *Diabetic Foot Care
- *Wound Care
- *Arthritis
- *Flatfeet
- *Calluses/Corns
- *Fungus Toenails
- *Nerve Injuries
- *Ingrown Toenails
- *Warts

ACCEPTING NEW PATIENTS!
Most Insurances Accepted

***Dr. Brian M. Brausa**
(1995 RHS Alumni)
***Dr. Tracy M. Bacik**

408 Lake St., Roscommon, MI 48653
(Adjacent to Court House)

Call for an appointment: 989-275-FOOT (3668)

VitalCare Your closest resource for diabetes management supplies!

ONETOUCH Ultra Test Strips work with the ONETOUCH Ultra Meter, the ONETOUCH Ultra2 Meter

Exchange your old glucometer for a new ONETOUCH ULTRA! Some restrictions apply.
Call 1-800-342-7711 to arrange home delivery of your diabetes testing strips!

– and the new ONETOUCH ULTRA Mini-Meters!

1 Inch wide x 4 inches long
Perfect for purse or for pocket!

Cool colors!

STORE HOURS
M-F, 8:30am-5pm
www.vitalcare.org
800-342-7711

VitalCare HOME MEDICAL EQUIPMENT STORES
In Gaylord, at 829 W. Main Street, on the east side of Glen's Alpine Plaza

Simple ways to reap the rewards of getting back to nature

(ARA) – Spring is just around the corner. How will you spend those extra hours of daylight? Longer spring days signal the perfect time to get outdoors, yet according to The Nature Conservancy, nature-related activities, such as fishing, hiking, and visits to public parks, have declined between 18 percent and 25 percent since 1981.

So what should you do with your time outdoors this spring? Back to Nature, creators of delicious food products made from simple, natural ingredients, and The Nature Conservancy have collaborated to bring you "The Backyard Guide to Nature" to help you enjoy, experience and explore nature.

Offering a range of fun, easy-to-do outdoor activities which can be done in your own neighborhood, whether urban, suburban or rural, "The Backyard Guide to Nature" helps to remind people that nature is within their reach, and that reconnecting with the world around you can be both easy and inspiring.

Here's a sample of the tips and activities you'll find in the Guide:

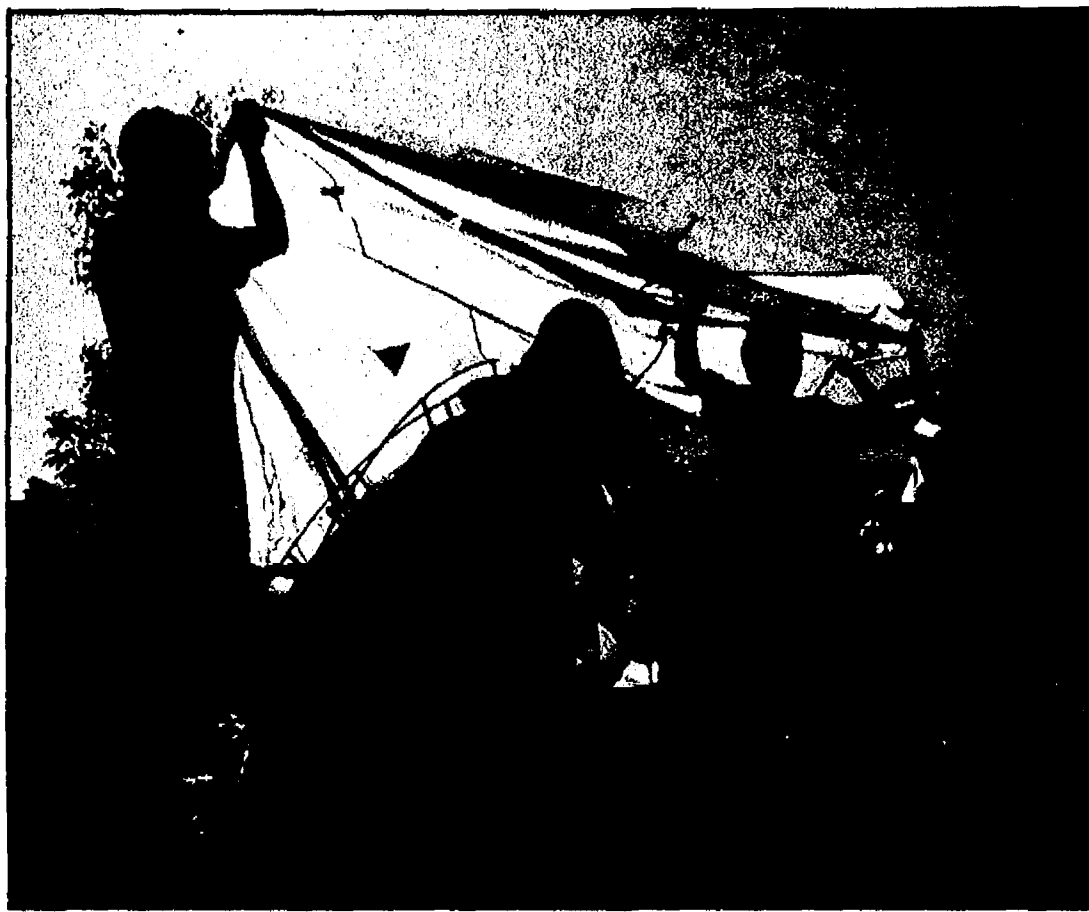
Enjoy Nature

- Start by doing just one thing in your backyard or neighborhood each week. Enjoy breakfast on your back deck or patio, read the morning newspaper or your book in the park, or try to spot different kinds of birds, trees or animals. Even try moving your exercise routine outside.

- Appreciate nature wherever you find it – look up at the sky more often, listen to the chirping birds, breathe in the fresh air or feel the rain on your face, or watch a sunset or sunrise.

Experience Nature

- Relive childhood camping experiences, and bond with your own family in a fun, educational way, by having a backyard



Relive childhood camping experiences, and bond with your own family in a fun, educational way, by having a backyard camping trip.

camping trip. Gather all the camping essentials, including a tent, sleeping bags, pillows, blankets, flashlights or lanterns, games, insect repellent and a camera to preserve the memories. Be sure to pack camping-friendly snacks and munchies.

- Gardening draws you closer to nature and all you need is a sunny spot on your deck, patio, yard or windowsill, a few containers, some potting soil and some seeds or seedlings. Try planting tomatoes, peppers, green onions, lettuce, radishes and herbs like rosemary, basil and thyme, which do well in potted containers.

- Watching and listening to birds is an easy, fun way to reconnect with nature. Attract a variety of birds to your yard with a bird feeder you make yourself. Simply spread peanut butter on pine cones, roll them in bird seed until they're covered, tie on a piece of string or ribbon and hang them outside to attract feathered friends to your backyard.

- Preserve some of the season's bright blooms for use in arts and crafts throughout the

year. Place flowers, arranged in a single layer, between sheets of tissue paper. Cover the top sheet with newspaper, then press the bundle beneath several heavy books for two to three weeks to remove all moisture. Use the dried flowers to decorate picture frames, cards, bookmarks and other crafts.

Explore Nature

- For a hands-on experience of nature, try a day trip to a working farm, look for a walking group or bird-watching group in your area, or gather a group of friends and head to a nearby hiking trail for a day of up-close-and personal nature.

- Pack up the family and take a scenic weekend drive through one of the country's glorious national parks or visit a Nature Conservancy preserve in or near your state. Visit www.nature.org to find an interactive map of preserves near you.

For more ideas on how to get back to nature, visit www.backtonaturefoods.com to download your free copy of "The Backyard Guide to Nature."

(Courtesy of ARAcontent)

**Ready.
Responsive.
Respected.**

834 South Washington Ave.
Saginaw, Michigan 48601
Local: 989.758.2900
Toll Free: 800.232.5216
www.mobilemedical.org



Tips to protect your mental health

Connect with someone • Get out of the house
• Do nice things for yourself • Eat healthy • Exercise
• Relax, meditate or pray • Go for a walk • Get creative - knit, paint, journal, bake, play music • Break tasks down into little goals • Allow others to help you and look for ways you can help others • Remember natural mood lifters such as sunlight and foods high in antioxidants such as dark chocolate, vegetables and fruits • Turn negatives into positives
• Try one of the free programs below • Seek support

Expect Recovery

Mental health issues are real, common and treatable
These initiatives are available for anyone in the community who would like to participate. We invite you to join us!

Recovery Learning Community

2nd Wednesday of the Month

1-3:00 PM

For information Michele or Shelly 348.8522

A chance for the community to come together to learn about mental health.



Art Groups

2nd and 4th Thursdays of the Month

April 9 & 23 • 10:00 AM - 12:00 PM

No reservations necessary

Learn a dynamic process to lead a less stressful life. No experience needed.



Northern Lakes
COMMUNITY MENTAL HEALTH

204 Meadows Drive • Grayling

989.348.8522 • www.northernlakescmh.org

Funds provided by Michigan Dept of Community Health anti-stigma and recovery block grants.




Gardening draws you closer to nature and all you need is a sunny spot on your deck, patio, yard or windowsill, a few containers, some potting soil and some seeds or seedlings.

CHOOSE THE
BEST FOR YOUR EYES

Peter Fedor, M.D.

MODERN CATARACT SURGERY
OPHTHALMOLOGY

GREAT LAKES EYE
CONSULTANTS



MyBlueSM
My Life. My Health Plan.

**It's your life.
Choose your health plan.**

Welcome to MyBlue, Blue Cross Blue Shield of Michigan's new suite of individual health plans.

MyBlue offers the quality benefits, flexibility and valuable services you've come to expect from Michigan's most trusted name in health care.

Choose from our MyBlue plans, designed to meet your needs and fit your budget, at any stage of your life.

Individual Care BlueSM
Comprehensive plan for you and your family

Value BlueSM
Basic health coverage with low monthly premiums

Young Adult BlueSM
Basic health coverage for young adults, age 19 to 30

Flexible BlueSM
Combine a comprehensive health plan with a tax advantaged health savings account.

Call Cornell Agency at 348-6761

Managing your cholesterol to prevent diabetes and heart disease

(ARA) – Want to lower your risk for type 2 diabetes and heart disease? Managing your cholesterol can help.

But cholesterol, a type of fat in your blood, can be confusing.

For example, one kind of cholesterol clogs your arteries. Another kind helps remove the bad cholesterol from your body. What do you really need to know to protect your health?

- Lower your bad cholesterol. Low-density lipoprotein (LDL) is the bad cholesterol that blocks your blood vessels. Try to keep your LDL cholesterol below 100 mg/dl.

- Raise your good cholesterol. High-density lipoprotein (HDL) is the good cholesterol that helps remove deposits from your blood vessels. Aim to raise your HDL above 60 mg/dl.

- Triglycerides raise your chances for a heart attack or stroke if your levels are too high. Aim for triglycerides lower than 150 mg/dl. Your doctor may also give you a "total" cholesterol number. A good total cholesterol goal is less than 200 mg/dl.

Why is managing cholesterol important?

"Dyslipidemia, or abnormal cholesterol levels, is a key risk factor for both type 2 diabetes and heart disease," says Dr. Michael Davidson, Director, Preventive Cardiology at the University of Chicago's Pritzker School of Medicine. "Keeping your cholesterol levels in check can lower your risk for both of these deadly diseases and help you live a longer, healthier life."

Your doctor can do a simple blood test to measure all your cholesterol numbers. If your levels are off, you're not alone: about one in four American adults face the same challenge. But many others have learned to achieve a healthy cholesterol balance—and you can, too. Their secret?

"The key is simple," Davidson says. "Healthy lifestyle changes lower LDL and raise HDL at the same time. Combining lifestyle changes with medicines, if necessary, is your best bet to manage cholesterol so you can live a longer, healthier life."

Here are five tips to help you manage your cholesterol:

1. Eat Smart. One simple way to lower your bad cholesterol is to eat fewer trans fats and high-cholesterol foods like egg yolks, fatty meats, butter and whole milk. You can also help your body absorb less bad cholesterol by eating foods that contain soluble fiber, such as oatmeal, kidney beans, yams and apples.

Other cholesterol-smart foods

are salmon, walnuts and olive oil. Eating as many vegetables, whole grains and fruits as you can will help you feel fuller longer and cut your cravings for less healthy snacks. Always check the "Nutrition Facts" labels on foods before you buy to see how they might help or hurt your cholesterol-lowering efforts.

2. Stay Active. You can raise your good cholesterol and lower the bad at the same time with exercise. To get this powerful benefit, exercise for 30 minutes a day, five days a week. And don't worry about going to the gym—walking briskly is just as effective. And you can head to the mall and walk there when the weather is bad. Or do house work or work in the yard. The key is to get your heart pumping.

This week, why not start with just 10 minutes? Take a 10-minute walk around the block every day during your lunch break or after dinner. Or choose another time that works for you. Then continue to add one lap each week until you're walking briskly for 30 minutes.


3. Drop a Few Pounds. Being overweight raises your bad cholesterol. At the same time, it lowers your good cholesterol. But eating smart and staying active will help you lose weight—and dropping just a few pounds can raise your HDL. Maintaining a healthy weight will help you keep your cholesterol in balance.

4. Quit Smoking. It's no surprise that smoking lowers your good cholesterol. If you smoke, quitting can help your HDL jump as much as 10 percent. Nicotine replacement therapy (NRT) can help. Options include the nicotine patch, gum, lozenge, inhaler or nasal spray. Prescription medicines are another option. Talk with your health care provider about which options are best for you. And visit SmokeFree.gov to learn more about how to quit.

5. Consider Cholesterol Medicines. Ask your doctor if medicines such as statins, fibrates and niacin can help you lower LDL while raising HDL levels.

To learn more about how managing cholesterol can lower your risk for type 2 diabetes and heart disease, call the American Diabetes Association at (800)-DIABETES (800-342-2383), or e-mail AskADA@diabetes.org.

(Courtesy of ARAcontent)



Veterans & Surviving Spouses,

learn how to receive financial help through the Veterans Administration. You and your family are invited to join us for an informational seminar.

The Brook, Roscommon


195 State Street
Tuesday, March 31, 6:00 pm

Mike Hojara, Representative for the American Association of Wartime Veterans, LLC, will present information on the Veterans Aid and Attendance benefit which may help cover financial costs associated with Assisted Living services.

Life just gets better at The Brook...

- Four beautiful locations, convenient to medical facilities, shopping, and other activities
- Activities and scheduled transportation
- Independent living offers spacious one and two bedroom apartments with full kitchen and cable TV
- Assisted living has spacious, private apartments with housekeeping, laundry, delicious meals, 24 hour staff, RN on site, plus a complete emergency call system
- We offer short term care for family members, whether it's 24 hours, a week or longer, with delicious food, daily activities and personal care from our 24 hour staff

Dementia care available.



The Brook

Retirement Community

Please call us at **989-275-4000** to reserve your seat at the seminar.

For more information on The Brook and programs for veterans go to **www.BrookRetirement.com** and click on **Vet's Life**.

Houghton Lake West Branch Gladwin Roscommon



Exercising regularly and maintaining a healthy weight can significantly reduce your risks for chronic illness and your medical bills.

Exercise is good for your health and your wallet, evidence shows

(ARA) – Budget-minded families are looking to cut expenses that seem like a luxury, or even just frivolous – including gym memberships. Yet mounting evidence suggests that cutting out the gym may be exactly the wrong move for even the most cash-strapped family.

In its just-released report of annual health spending figures, published in the journal *Health Affairs*, the federal government confirmed that chronic illness accounts for 75 percent of all health spending. Yet exercising regularly and maintaining a healthy weight can significantly reduce your risks for chronic illness and your medical bills.

"To put that in financial terms, for every dollar you spend on wellness, you can save as much as five dollars or more on illness," says Dr. Richard Kreider, director of the exercise and sport nutrition laboratory at Texas A&M University. He has studied the effectiveness of the Curves women's fitness program for the past five years.

"The women in our studies have been able to lose weight, gain muscle strength, raise metabolism, and make significant medical improvements in blood pressure, resting heart rate and aerobic fitness," Kreider says. "Many of them no longer suffer from the chronic conditions that cost them so much money for medications and doctor visits."

This can add up to a bundle of savings. The Health Affairs report shows that the average annual out-of-pocket expense for someone with cancer is \$8,411, but the good news is that regular exercise can help you avoid the disease and the costs associated with it. A major report by the American Institute for Cancer Research published in 2007 found that obesity plays a key role in increasing the risk for many cancers – including

breast cancer – by as much as 60 percent. And a study just published in the journal *Cancer* found that obesity increased women's risk for ovarian cancer by a whopping 80 percent.

The benefits go beyond reducing the risk of cancer. A recent landmark study by Blue Cross Blue Shield of Minnesota found that people who went to the gym at least eight times a month had significantly lower health care costs than those who did not. These frequent gym attendees had:

- 39 percent fewer emergency room visits.
- 41 percent fewer hospital admissions.
- 18 percent lower overall claims costs.

The research, then, is clear. "Exercising regularly and maintaining a healthy weight can save not only your life, but your

money as well," says Kreider. "Your health is your most precious asset, and not taking care of it is going to cost you more in the long run."

So how can you get to the gym without breaking the bank? Many clubs are offering great deals on memberships because of the economy. Also, check with your health insurance provider to see if they have a wellness program that offers rebates on dues and membership fees. Some fitness centers, like Curves, have partnered with major health insurance and third-party providers, including Healthways SilverSneakers, AARP and Blue Cross Blue Shield, to make the cost of membership even more affordable. To learn more, visit www.curves.com.

(Courtesy of ARAcontent)



Dan Soenen, D.D.S., P.C.
Frank Selega, D.D.S.

508 N. Birch St., Kalkaska

231-258-5395 • 1-888-BirchSt
BIRCHSTREETDENTAL.COM

All Phases of Treatment including
Extractions, Root Canals & Implants
Emergency Care Same Day

I.V. Sedation Available
(Sleep Dentistry)

Free Cancer Screening For Women



Qualification guidelines:

- You are 40-64 years old
- You don't have any insurance OR your insurance doesn't cover screening services
- Examples of family income eligibility:
1 person ~ \$27,075 or less
2 people ~ \$36,425 or less
4 people ~ \$55,125 or less

Services Include

- * Free Breast Exam
- * Free Mammogram
- * Free Pelvic Exam
- * Free Pap Test
- * Free Follow-up on abnormal results

Early Detection
is your best
protection!

Call your local District Health Department #10 office today to make an appointment for women's cancer screening!

Crawford ~ 989-348-7800
Missaukee ~ 231-839-7167

Kalkaska ~ 231-258-8669
Wexford ~ 231-775-9942

Your Choice...

You could feel better and stay that way by detecting spine issues early... causing minimal, comfortable, less costly treatment creating an active and healthy life.

OR

You could continue to ignore spinal alignment... And suffer repeat episodes of pain, dysfunction, degenerative joint and disc disease.

Treatment Center for the Spine & Alternative Medicine

SAVE YOUR BACK BEFORE IT'S TOO LATE!



GRAYLING CHIROPRACTIC CTR.

ORLAND W. DAMI, D.C.

81 S. I-75 BUS. Loop
Grayling, MI 49738

(989)348-3128

Since
1985



BELL
HEARING CENTER
208 North Cedar, Ste. 6
Downtown Kalkaska

**BEST
IN SERVICE
BEST IN
PRICE**

Sheila Bell, BC, HIS
Licensed • Experienced
• Caring

Hearing Help Is Here!

- ✿ Digital & Programmable Hearing Aids
- ✿ Provider of Most Insurances
- ✿ Free Hearing Screenings
- ✿ Free Cleaning and Adjustments of any kind
- ✿ Drive A Little Save A Lot!

Open Tues, Wed, & Thurs
9 am to 5 pm

Call for an appointment today!
Toll Free (888) 556-0025

MAJOR MEDICAL INSURANCE

**Paying too much?
Get my quote.
Very competitive
rates.**

JANSEN
AGENCY & ASSOC., INC.

PO Box 472, 2370 S. I-75
Bus. Loop, Grayling, MI
348-6711

Underwritten by: Golden Rule
Insurance. "A" Rated (Excellent)

Make the most important investment this year – invest in your health

(ARA) – Obesity is a mounting health problem locally and worldwide. More than one billion adults globally are overweight, and at least 300 million are obese, according to the World Health Organization.

Obesity not only takes a toll on personal health, it can inflict a huge monetary cost on individuals as well as the economy in general:

- When compared with their healthy-weight counterparts, health care spending among the obese is 37 percent higher, reports *The Policy Journal of the Health Spheres*.

- The rise in obesity contributed to the increase in spending related to diseases

such as heart disease and diabetes, according to the U.S. Department of Health and Human Services.

Fortunately, a sustained 10 percent weight loss may reduce an overweight person's lifetime medical costs by \$2,200 to \$5,300 by lowering costs related to hypertension and high cholesterol, among many other related illnesses. Additionally, sustaining a 5 to 10 percent weight loss over six months or longer has been shown to improve health by helping to:

- Lower the risk of heart disease.
- Reduce the risk of type 2 diabetes.

- Reduce the risk of some kinds of cancer.

- Reduce the strain on joints.

So if weight loss is your resolution this year, or you want to make an important investment in your health, consider an approach that is not just designed to take weight off, but to help you change your behavior.

Your weight loss plans can absolutely stay on track in 2009, but it's important to choose a weight-loss plan that truly teaches you how to make healthy, sustainable changes.

Here are "Weight Watchers 10 Tips for a Healthy 2009":

- Look for low-calorie substitutions that don't sacrifice taste. For example, switching from mayo to mustard can add to big calorie savings over time.

- Losing weight with a friend or group of friends really helps with weight-loss success.

- Ounce for ounce, the nutrition in fruits and vegetables

can't be beat. To get the best blend of nutrients, include as many colors as possible.

- Put a napkin over your plate as soon as you're satisfied – it's like turning off a light switch.

- Purge unhealthy food from your pantry, freezer and fridge.

- Make physical activity as convenient as possible. Keep your sneakers and jacket ready and nearby for short, frequent walks.

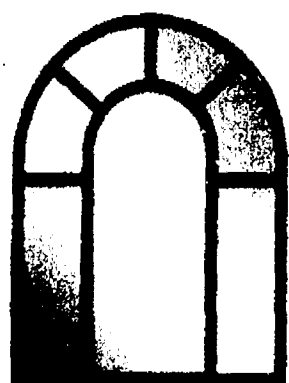
- Try creating a new favorite dish. Visit www.weightwatchers.com for delicious recipe ideas.

- Wear something you feel fabulous in – a compliment goes a long way in sustaining motivation.

- Set new goals to keep yourself motivated. Goals do not have to be weight related.

- Know what you're doing. Write down what you're eating each and every day to keep you on target.

(Courtesy of ARAcontent)



Grayling Nursing & Rehab

Premier Provider
of skilled Nursing & Rehabilitation Care

The beauty of caring

331 Meadows Dr., Grayling, MI 49738
(989) 348-2801

www.atriuslivingcenters.com

Our Many Skilled Services Include:

- Personalized Private Rooms
- No Shared Living Spaces
- Tremendous Value Rates
- Therapy Condos- designed to help you with rehabilitation, as if in your own home.
- Golf Putting Green- for relaxation or therapy
- Secure Environment with alarm system at every exit
- Spacious Facility
- Clean Facility
- Fresh Scented Facility
- 5 Minutes from Hospital
- Area Physicians Visit Regularly
- Podiatrist, Mental Health, Vision and X-Rays on hand, and in house.
- Well Trained 24 hour staff with longevity
- Veterans Respite Stays
- Lots of Activities, and Friend Making in the comfort of a "home-like" setting
- Short /Long Term Stays or Respite
- We Accept :Medicare, Medicaid, Private Insurance, VA Contracts & Private Pay

CARING IS WHAT WE DO BEST

Come check us out or call

Marlene Smith at 989-348-2801



Ounce for ounce, the nutrition in fruits and vegetables can't be beat. To get the best blend of nutrients, include as many colors as possible.

Live longer and love every minute

(ARA) – Today, Americans are living longer than ever before, enjoying more time for travel, family and hobbies. For today's seniors and baby boomers looking to stay healthy and independent for years to come, practicing easy, proven healthy-living strategies can make a difference in their health and wallets. During these difficult economic times, just a little preventive health care can pay off and save money in the long run.

"You can take steps to prevent premature aging and to stay healthy as you get older," says American Medical Association (AMA) President-elect Dr. J. James Rohack. "Healthy living and regular check-ups can help older patients focus on enjoying their lives instead of worrying about their health."

The cost of making unhealthy lifestyle choices is staggering – both in terms of financial and human consequences. About 20 percent of those 65 and older who use Medicare for health coverage and have five or more chronic conditions, like diabetes and heart disease, see about 14 different physicians each year. Many of the associated costs can be reduced through preventive health care, early detection and treatment to avoid future complications and disability. Maintaining a healthy weight, getting regular exercise, and avoiding tobacco use and risky drinking makes a huge difference in overall health and greatly reduces the risk for chronic conditions.

"It is never too late to start working toward a healthy lifestyle," says Dr. Rohack. "Research shows that a healthy lifestyle can substantially reduce the risk of heart attacks and stroke, as well as delay or stop the onset of type 2 diabetes. Quitting smoking at any age can improve circulation and lung function and greatly reduce cancer risks."

Eating Right

Choosing the right foods is a major component of a healthy lifestyle. Healthy eating can help prevent and control many diseases, such as high blood pressure, heart disease and diabetes, and improve your energy level. Many people think that this means going on a diet, but by making small changes over time, you can incorporate healthy habits into your normal routine. Aim to eat at least two cup-size portions each of fruit and vegetables daily, mostly whole grains, fish and other lean protein to get needed vitamins, minerals and essential fatty acids. Aim to eat smaller portions of foods high in sodium, sugar and saturated fat. Importantly, adults over 65 should incorporate added calcium and vitamin D to reduce the risk of osteoporosis.

Exercising Body and Brain

Regular exercise can help prevent or delay type 2 diabetes, heart disease, some cancers and help relieve arthritis pain, anxiety, and depression. It isn't necessary to have a gym membership to get enough physical



Choosing the right foods is a major component of a healthy lifestyle.



Regular exercise can help prevent or delay type 2 diabetes, heart disease, some cancers and help relieve arthritis pain, anxiety and depression.

activity. For exercise, take a walk or ride a bike around the neighborhood. Swimming is also great exercise and easier on older patients' joints. Gardening and playing with kids are also fun ways to be active. Muscle strengthening activities can also greatly benefit older adults to build muscle and strengthen bones. If you are over 50, check with your doctor before starting an exercise program.

Mental activity is just as important as physical activity. Activities like reading, playing cards, and doing crossword puzzles can keep your brain alert and responsive for the things you do every day like grocery shopping, cooking and handling finances. Staying mentally active may also lower the chances of developing Alzheimer's disease and help offset normal age-related decline in thinking skills.

Health Check-ups

Healthy habits are important, but don't forget regular visits to the doctor for screenings and preventive care to help avoid chronic disorders in vision, hearing, bone density, cancer and obesity. Half of all American adults in 2005 did not receive recommended preventive care, including vaccinations, cancer screenings and blood-pressure checks. By getting a regular physical exam, a physician can catch health problems early on,

treating them with efficiency and accuracy to maintain overall health. Healthier people spend less money on health care.

At age 50 it's important to start annual exams for colorectal cancer, and men should have a prostate exam. Screenings for osteoporosis should start at age 60 for women who are underweight. It is also a good idea to keep a list of medications, including over-the-counter, herbal or nutritional supplements to bring to each doctor's appointment to avoid any harmful interactions.

"Seventy-five percent of the total health care spending in the U.S. is linked to chronically ill patients," says Dr. Rohack. "Many chronic health problems are preventable, and if we can help Americans live healthier, we can reduce disease and decrease health care spending. As the nation works to improve its overall health care system and get more value from our health care dollar, each person can help make a difference by taking steps to stay healthy as they age."

More tips on healthy aging can be found in the "American Medical Association Complete Guide to Prevention and Wellness." The book can be found at retail and online bookstores and at AMABookstore.com.

(Courtesy of ARAcontent)




AuSable Primary Care
1200 N. Down River Road
Grayling, MI 49738

Laurey Hanselman, D.O.
Most Insurances Accepted
Office Hours: Monday 8-5,
Tuesday 9-6,
Wednesday 8-5,
Thursday 8-5, Closed Friday.


PROVIDING EXCEPTIONAL HEALTH CARE
TO YOU AND YOUR FAMILY

To schedule an appointment call:
989-348-1465



A sensational smile, white teeth and a healthy mouth can be yours!

Cheryl Mitchell, D.D.S.



WOODLAND FAMILY DENTAL
Cheryl Mitchell, D.D.S.
New patients welcome
EMERGENCY CARE AVAILABLE DAILY.
315 W. Higgins Lake Dr. (1/2 Mile West of South State Park)
Call 989-821-GRIN to schedule an appointment today!

WE ARE CURRENTLY ACCEPTING NEW PATIENTS OF ALL AGES.

GRAYLING FAMILY PRACTICE CLINIC, P.C.
1010 N. Down River Rd. W • Grayling, MI 49738

Services Provided Include:

- Adult & Child Health Maintenance Exams
- Same Day Sick Appointments
- Blood Pressure Monitoring
- Diabetes Education
- Osteopathic Manipulative Therapy
- Minor Surgeries
- Hospital Newborn
- Child & Adult Care
- Nursing Home Care in Grayling and more

*Providing the highest quality healthcare, promoting wellness to the families of our community with compassion, dignity and respect.
Serving the community for over 40 years*

WE PARTICIPATE WITH MEDICARE, BCBS OF MICHIGAN AND MOST OTHER INSURANCE COMPANIES

• M. Burkley, D.O. • L. Harrington, D.O.
• C. Gosling, M.D. • M. Rosi, FNP
• G. Hanert, D.O. • E. Weeks, D.O.

Call now for an appointment
989-348-7671

G. R. A. C. E. CENTER



Working In Our Community To Restore The Joy of Families

**Fully Licensed & Accredited
Prevention and Counseling Services**

6459 West M-72

P.O. Box 561

Grayling, MI 49738

Phone: (989) 348-2544 Fax: (989) 348-7617

Mon.-Fri. 9 am to 5 pm; Evenings by Appointment

Take care of your ticker

(ARA) – Cardiovascular disease remains the No. 1 cause of death for both men and women in the United States. While heart-related illnesses are widespread, the good news is your lifestyle choices can have a significantly positive effect on your overall heart health.

"You can easily improve overall heart health with a few, simple lifestyle choices," says dietitian Keri Glassman. "One in four Americans does not get enough exercise to maintain a healthy lifestyle. With obesity on the rise, especially among children, routine daily exercise is a great place to start. When combined with a healthier diet, particularly one with reduced sodium, you'll lower the risks of heart disease, stroke, diabetes and hypertension."

True, there are factors that you don't have control over when it comes to heart health, including age, race, gender and family history. However, by monitoring controllable risk factors such as weight, diet and exercise, you can proactively take the necessary steps to limit the threats and improve your overall well-being.

Here are five easy tips to get your ticker in tip-top shape:

Heart smart staples

Stock up on whole grains, lean proteins rich in omega-3s, and a

colorful array of fruits and vegetables. Fruits and veggies are not only low in fat and calories, they are also a great source of vitamins, minerals and fiber.

Also, omega-3 fatty acids found in salmon, tuna, walnuts, soybeans, brussel sprouts and flax seeds, can help lower blood fats called triglycerides, which are harmful to your heart. A diet high in soluble fiber and low in saturated fats along with increased fruits and vegetables may help decrease cholesterol and blood pressure.

Shake the salt habit

Sodium is one of the biggest contributors to heart disease and hypertension; and, as a general rule, you should not exceed 2,400 milligrams of sodium per day. Buyer beware: high amounts of sodium lurk in many of the everyday foods you love, including soups, breads and even beverages. Help stay within your daily sodium recommendation and opt for the low salt or reduced sodium options of your favorite foods, when available.

Your heart will gleam with lycopene

Tomatoes contain lycopene, a leading ingredient in reducing your risk of cardiovascular disease. Studies indicate that canned tomato products may be even better than their fresh coun-

terparts, so go ahead and use that can of spaghetti sauce. In fact, research finds that lycopene in tomatoes can be absorbed more efficiently by the body once processed into juice, sauce, paste and ketchup.

Get moving

Statistics show that 1.3 million people will have a new or recurrent heart attack in 2009 according to the American Heart Association, and one major contributor is a lack of daily exercise. Tired of your old routine or going to the gym? Sign up for a fun salsa, ballroom or meringue dance class at a local community center. You'll get your blood moving, heart pumping and have fun with friends and others while you're doing it.

Snuff out the smoke

Quitting smoking is an important and necessary life change to dramatically lowering your risk of a heart attack. Smokers have more than twice the risk of suffering a heart attack as non-smokers and are more likely to die from a heart-related illness.

For more heart-healthy tips visit the American Heart Association at www.heartcheckmark.org.

(Courtesy of ARAcontent)

Crawford County Commission On Aging Grayling Senior Center

Serving Crawford County Seniors 60+ Since 1973

Senior Center Hours:

Mon, Tues & Thurs 8:30am-6pm

Wed 8:30am - 6:30pm

Fridays 8:30am-5:00pm

For information on activities and events, please contact Debra at (989)348-7123.

308 Lawndale St.

Grayling, MI 49738

Phone (989) 348-7123

Fax (989) 348-8342

Visit Us On The Web!

Website: www.crawfordcoa.org

Email: director@crawfordcoa.org

Available Services

- Medicaid/Medicare Assistance (MMAP)
- AARP Driver's Safety Courses
- AARP Tax Assistance
- Resource Center (Free Internet Access)
- Monthly Info/Resource Publication (Senior Gazette)
- Information and Referral Services
- Resources for Caregivers
- Resources for Grandparents Raising Grandchildren
- Volunteer Opportunities
- Congregate Meals
- Home Delivered Meals (Meals on Wheels)
- Food Commodities
- In-Home Services including Homemaking, Personal Care and Respite for Caregivers
- Health Services including Blood Sugar and Blood Pressure Testing, Foot and Hearing Clinics, Liquid Nutrition Programs, Medical Equipment Loan Closet and Transportation Assistance

Daily Activities

Mondays

Grandparents Raising
Grandchildren - 9:30am
Bridge - 1pm
Hearing Clinic - 3pm - 1st Mon

Wednesdays

Line Dancing - 10am - Weekly
Pool League - 1pm - Weekly
Caregiver Group - 2pm - 3rd Wed
Cardo - 5:30pm - 1st Wed
Rummage Sale - 11:30am-6pm
Birthday Dinner - 5pm
2nd Wednesday
Price Is Right Game Show
3rd Wednesday @ 5:30pm
Medicine Shoppe Bingo
4th Wednesday @ 5:30pm

Tuesdays

Tone & Tubes - 10am
Bible Study - 10am
Euchre - 12:30pm
Blood Pressure &
Sugar Checks - 4pm

Thursdays

Crafts - 10am
UNO-Attack - 2pm

Fridays

Tone & Tubes - 10am
Bingo - 1pm



Senior Center Dining

Served Monday thru Thursday

12pm and 5pm

Friday 12pm only

\$2.50 Donation for Seniors 60+

Soup Mon. & Wed.

Salad Bar Tues. & Thurs.

\$1.25 Suggested Donation

